



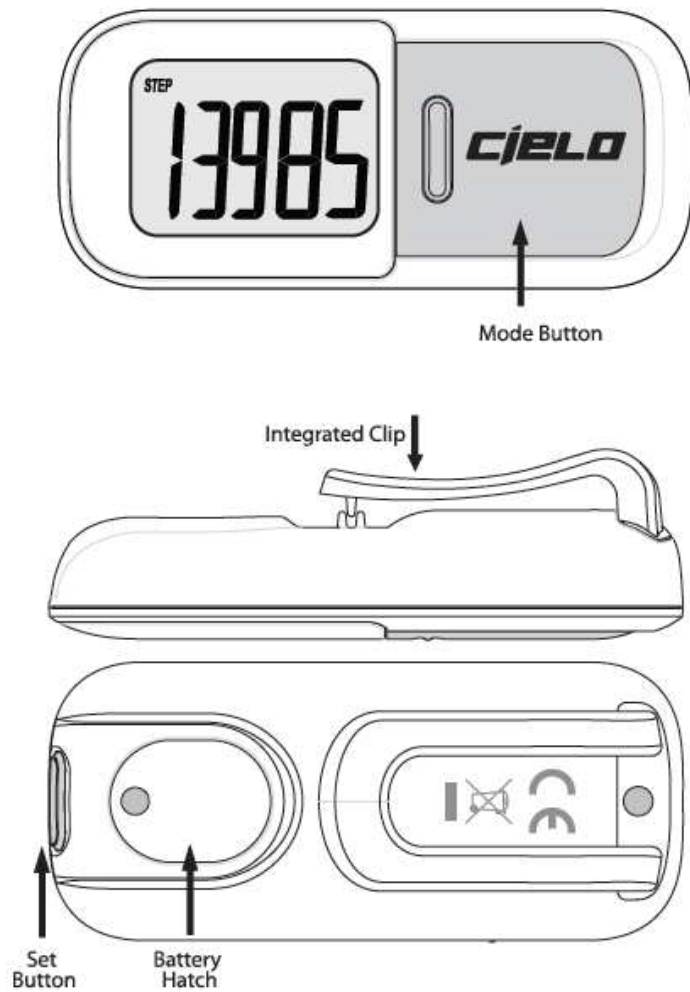
USER MANUAL – EN

IN 11145 Pedometer inSPORTline Punty

CONTENTS

- PEDOMETER PARTS 3
- FEATURES..... 3
- WARNINGS AND CAUTIONS..... 4
- TROUBLESHOOTING 4
- BATTERY INFORMATION..... 4
- BATTERY REPLACEMENT 4
- ACTIVATION 5
- OPERATING MODES 5
- DETERMINING STRIDE LENGTH 6
- SETTING USER INFORMATION..... 6
- RESETTING / CLEARING DATA..... 6
- TERMS AND CONDITIONS OF WARRANTY, WARRANTY CLAIMS..... 7

PEDOMETER PARTS



FEATURES

Thank you for selecting this pedometer.

Below is a full list of the features found in PR059:

- Step Counter (1-99,999 steps)
- Automatic Exercise Timer (up to 9:59:59)
- Distance Traveled (up to 99,9 miles)
- Calories burned (up to 99,999 kcal)
- Fat Burned (up to 999 grams)
- Step Goal Meter (1,000-99,000 steps)
- Automatic Cumulative Memory
- Integrated Belt Clip
- Easy-to-Use
- Lightweight Design
- User Replaceable Battery

WARNINGS AND CAUTIONS

WARNING: Before starting any exercise program, we strongly suggest that you visit your doctor for a complete physical and to discuss your exercise plans.

PLEASE READ all information in this instruction manual before using this unit.

CAUTION: The pedometer is not water resistant. **DO NOT** submerge the pedometer in water or operate it in unprotected wet conditions.

KEEP the unit out of the reach of children and pets. The unit contains small parts that may be swallowed.

AVOID exposing the pedometer to extreme conditions or weather.

AVOID rough use or severe impact to the pedometer.

CLEAN the pedometer occasionally with a soft, dry cloth.

STORE the pedometer in a dry place when it is not in use for long periods of time.

NEVER expose the pedometer to strong chemicals such as gasoline, cleaning solvents, acetone, alcohol, insect repellent, sunscreen, hair spray and other toiletries, as they may damage the unit. **FOR BEST ACCURACY**, the pedometer should be worn on the waistband (via the belt clip). If the pedometer is loosely contained, the unit's accuracy will be compromised.

NEVER disassemble or modify the unit. Modifications to this unit will **VOID THE WARRANTY**.

TROUBLESHOOTING

If the unit is not counting steps properly, the following conditions may be the cause:

- **The unit may be incorrectly positioned:** For best results, the pedometer should be positioned perpendicular to the ground.
- **The unit is being moved in an irregular pattern:** If the pedometer is placed in a bag and the bag moves irregularly or if the pedometer is in a position to swing around in an irregular motion. Similarly, walking up / down stairs, playing sports and ascending steep slopes may also affect the reading.
- **The user has inconsistent or slow pace / step motion:** If the user does not have a fairly consistent pace / step motion, the pedometer may not detect the movement accurately (i.e. shuffle feet, walking in a crowd.)
- **The battery may be weak**

BATTERY INFORMATION

Signs of a failing / dying battery:

- A fading or blank display
- Inaccurate readings

BATTERY REPLACEMENT

The pedometer uses one LR1130 1.5V Alkaline battery.

- Using a small screwdriver, remove the screw from the battery hatch. Gently remove the battery hatch from the pedometer.
- Remove the old LR1130 battery and replace it with a new LR1130 battery. Be sure the battery is in the correct polarity position- positive (+) side of the battery is visible.
- Replace the battery hatch carefully; do not over tighten the screw.

NOTE:

- Keep watch batteries away from children and pets.

- This product contains a button-cell battery. If swallowed, contact a physician immediately, severe damage or death may occur.
- Watch batteries contain chemical substances. Dispose of the pedometer, battery and all components according to local regulations. Unlawful disposal can contribute to environmental pollution.
- Do not place batteries in fire, the battery may explode.
- Special handling may apply. See www.dtsc.ca.gov/hazardouswaste/perchlorate.

BE AWARE: Alkaline batteries of the type used in this unit are very susceptible to improper storage. Many times, batteries purchased as new are dead or weak before they are purchased. If you try a new battery and problems persist, please try a second battery from another source, just to be certain.

ACTIVATION

In order to activate the pedometer for the first time, you must remove the battery insulator tab from the battery compartment.

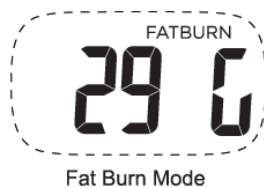
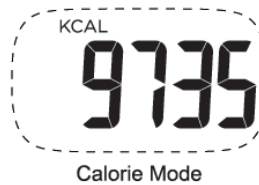
Pull the clear tab gently until the entire tab is removed from the coin hatch area.

Remove the label that appears on the pedometer display.

The LCD display should now be active and ready for use.

OPERATING MODES

- PRESS the MODE button to toggle through the modes:



Step Mode:

In STEP mode, the total number of steps taken.

NOTE: At the onset of activity, the pedometer will only start counting steps after 10 “like” steps have been taken. This feature exists to ensure that the pedometer is counting your steps, not a random movement.

Exercise Timer Mode:

In EXERCISE TIMER mode, the pedometer will automatically display your total exercise time.

Distance Mode:

In DISTANCE mode, the total distance walked will be displayed.

Calorie Mode:

In CALORIE mode, the pedometer will display the estimated total amount of calories burned (in kcal).

Fat Burn Mode:

In FAT BURN mode, the pedometer will display the estimated total amount of calories burned (in kcal).

Target Step Goal Mode:

NOTE: To set up your Target Step Goal, see Setting User Information.

In TARGET STEP GOAL mode, the pedometer will display the number of steps that you still need to walk to meet your TARGET STEP GOAL.

Example: Your Target Step Goal is 16,000 steps. If you have walked 15,398 steps, you still need to walk 602 steps. The value displayed in TARGET STEP GOAL mode will be 602.

DETERMINING STRIDE LENGTH

The stride length that you enter will affect the step counter portion of this pedometer. If you find that the step counter is generally too high or too low, you may need to adjust the stride length.

- You will need a tape measure to accurately measure your stride.
- Create a starting mark on the ground. With your toe on the mark, take 10 natural strides in a straight line.
- At the end of the tenth step, create a second mark directly in front of your forward foot.
- Measure the distance between the marks and divide by 10.

NOTE: For optimal results, the pedometer should be used for walking only. Jogging and/or running with the pedometer may cause irregular motions and varied stride lengths, which may result in inaccurate step counts.

SETTING USER INFORMATION

NOTE: Please enter all information correctly. Incorrect information can affect the accuracy of data provided.

- In STEP mode, PRESS AND HOLD the SET button, until the word ADJ starts to blink in the display. This display will automatically be followed by a blinking value (WEIGHT).
- To adjust the WEIGHT value (44-352 lbs), PRESS SET button (PRESS AND HOLD for fast scrolling). Once the desired value is selected, PRESS the MODE button to advance to the STRIDE LENGTH setting.
- To adjust the STRIDE LENGTH value (7-47 inches), PRESS SET button (PRESS AND HOLD for fast scrolling), Once the desired value is selected, PRESS the MODE button to advance to the TARGET STEP GOAL setting.
- To Adjust the TARGET STEP GOAL value (1,000-99,000 steps), PRESS SET button (PRESS AND HOLD for fast scrolling). Once the desired value is selected, PRESS the MODE button to return to STEP mode.

NOTE: After 30 seconds of no button activity, the pedometer will default back to STEP mode.

RESETTING / CLEARING DATA

NOTE: Resetting the pedometer will clear all of the data (in all modes).

In STEP mode, PRESS AND HOLD the MODE button until the word CLEAR appears on screen.

TERMS AND CONDITIONS OF WARRANTY, WARRANTY CLAIMS

General Conditions of Warranty and Definition of Terms

All Warranty Conditions stated hereunder determine Warranty Coverage and Warranty Claim Procedure. Conditions of Warranty and Warranty Claims are governed by Act No. 40/1964 Coll. Civil Code, Act No. 513/1991 Coll., Commercial Code, and Act No. 634/1992 Coll., Consumer Protection Act, as amended, also in cases that are not specified by these Warranty rules.

The seller is SEVEN SPORT s.r.o. with its registered office in Borivojova Street 35/878, Prague 13000, Company Registration Number: 26847264, registered in the Trade Register at Regional Court in Prague, Section C, Insert No. 116888.

According to valid legal regulations it depends whether the Buyer is the End Customer or not.

“The Buyer who is the End Customer” or simply the “End Customer” is the legal entity that does not conclude and execute the Contract in order to run or promote his own trade or business activities.

“The Buyer who is not the End Customer” is a Businessman that buys Goods or uses services for the purpose of using the Goods or services for his own business activities. The Buyer conforms to the General Purchase Agreement and business conditions to the extent specified in the Commercial Code.

These Conditions of Warranty and Warranty Claims are an integral part of every Purchase Agreement made between the Seller and the Buyer. All Warranty Conditions are valid and binding, unless otherwise specified in the Purchase Agreement, in the Amendment to this Contract or in another written agreement.

Warranty Conditions

Warranty Period

The Seller provides the Buyer a 24 months Warranty for Goods Quality, unless otherwise specified in the Certificate of Warranty, Invoice, Bill of Delivery or other documents related to the Goods. The legal warranty period provided to the Consumer is not affected.

By the Warranty for Goods Quality, the Seller guarantees that the delivered Goods shall be, for a certain period of time, suitable for regular or contracted use, and that the Goods shall maintain its regular or contracted features.

The Warranty does not cover defects resulting from:

User's fault, i.e. product damage caused by unqualified repair work, improper assembly, insufficient insertion of seat post into frame, insufficient tightening of pedals and cranks

Improper maintenance

Mechanical damages

Regular use (e.g. wearing out of rubber and plastic parts, joints etc.)

Unavoidable event, natural disaster

Adjustments made by unqualified person

Improper maintenance, improper placement, damages caused by low or high temperature, water, inappropriate pressure, shocks, intentional changes in design or construction etc.

Warranty Claim Procedure

The Buyer is obliged to check the Goods delivered by the Seller immediately after taking the responsibility for the Goods and its damages, i.e. immediately after its delivery. The Buyer must check the Goods so that he discovers all the defects that can be discovered by such check.

When making a Warranty Claim the Buyer is obliged, on request of the Seller, to prove the purchase and validity of the claim by the Invoice or Bill of Delivery that includes the product's serial number, or eventually by the documents without the serial number. If the Buyer does not prove the validity of the Warranty Claim by these documents, the Seller has the right to reject the Warranty Claim.

If the Buyer gives notice of a defect that is not covered by the Warranty (e.g. in the case that the Warranty Conditions were not fulfilled or in the case of reporting the defect by mistake etc.), the Seller is eligible to require a compensation for all the costs arising from the repair. The cost shall be calculated according to the valid price list of services and transport costs.

If the Seller finds out (by testing) that the product is not damaged, the Warranty Claim is not accepted. The Seller reserves the right to claim a compensation for costs arising from the false Warranty Claim.

In case the Buyer makes a claim about the Goods that is legally covered by the Warranty provided by the Seller, the Seller shall fix the reported defects by means of repair or by the exchange of the damaged part or product for a new one. Based on the agreement of the Buyer, the Seller has the right to exchange the defected Goods for a fully compatible Goods of the same or better technical characteristics. The Seller is entitled to choose the form of the Warranty Claim Procedures described in this paragraph.

The Seller shall settle the Warranty Claim within 30 days after the delivery of the defective Goods, unless a longer period has been agreed upon. The day when the repaired or exchanged Goods is handed over to the Buyer is considered to be the day of the Warranty Claim settlement. When the Seller is not able to settle the Warranty Claim within the agreed period due to the specific nature of the Goods defect, he and the Buyer shall make an agreement about an alternative solution. In case such agreement is not made, the Seller is obliged to provide the Buyer with a financial compensation in the form of a refund.



SEVEN SPORT s.r.o.

Registered Office:	Borivojova 35/878, 130 00 Praha 3, Czech Republic
Headquarters:	Delnicka 957, 749 01 Vitkov, Czech Republic
Warranty & Service Centre:	Cermenska 486, 749 01 Vitkov, Czech Republic
CRN:	26847264
VAT ID:	CZ26847264
Phone:	+420 556 300 970
E-mail:	eshop@insportline.cz reklamace@insportline.cz servis@insportline.cz
Web:	www.insportline.cz

SK

INSPORTLIN s.r.o.

Headquarters, Warranty & Service centre:	Elektricna 6471, 911 01 Trencin, Slovakia
CRN: 36311723	
VAT ID: SK2020177082	
Phone:	+421(0)326 526 701
E-mail:	objednavky@insportline.sk reklamacie@insportline.sk servis@insportline.sk
Web:	www.insportline.sk

Date of Sale:

Stamp and Signature of Seller: