

USER MANUAL – EN
IN BE006 Self-Standing Wall Bars Benchmark Olympic



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INTRODUCTION

Using this device, you can strengthen your whole body even in home conditions. To use it safely read the manual carefully before first exercising and keep it for future references. Inform other users of the warning and precautions. Pay attention while getting workout. Proper exercising should have beneficial effect on your muscles and movement coordination.

NOTICE: Permanent effort to improve this device may cause changes in its design. These changes don't decrease product quality.

SAFETY PRECAUTIONS

1. Read this manual carefully before first using and keep it for future references.
2. Assemble, use and maintain it only according to the manual. Inform all other people, who will use it, of the safe using.
3. Consult your physician about your health state before starting any exercising. It is especially important, if you suffer from any disease or if you take any medical care. If you feel faintly, stop immediately.
4. Observe your body signals and pay attention. Improper exertion or overexertion may cause injury (even lethal). Stop exercising immediately if you feel pain or if you have other health complications.
5. Keep this device away from children and pets. Children up to 14 years of age may use it only under supervision of an adult.
6. Adult assembly required.
7. Place this device only on a flat and clear surface. For better safety keep a clearance of min. 0.6 m around it. Assemble it according to the manual only.
8. Check that all screws and bolts are well tightened before each exercising.
9. Regularly check your device for damage or wearing. Damaged or worn parts must be replaced immediately.
10. Use this device only according to this manual. Don't do any improper modification or adjustment. Don't use it, if you find damaged or worn parts. Stop exercising, if you hear any unusual noises coming from this device. Also, don't use it, if you find some sharp edges on it.
11. Wear adequate sports clothes. Avoid too loose clothes which could be easily caught. Always wear shoes.
12. Don't put your hands near moving parts to avoid an injury.
13. No adjustable part should protrude to obstruct user's movements.
14. Only one person may use this device at the time.
15. Use it only indoors.
16. It is not intended as a therapeutic device.
17. Clean it only with a dry cloth.
18. Store it only in a dry place with low air humidity.
19. **Max. weight limit:** 150 kg
20. **Category:** H (according to EN957 norm) suitable for home use.
21. **WARNING!** Overexertion during training can lead to a serious injury or even death. If you start to feel faint, stop the exercise immediately.

PARTS

This device includes following parts:

Bench - for training of abdominal and chest muscles. Suitable for workout with a barbell (optional).

Dip bar – biceps and triceps training.

Barbell holder – necessary for workout with barbells.

Pull up bar – whole body stretching.

WARNING: Assembly must be done in accordance with this manual. Make sure that this equipment is stable and firm before each workout.

TECHNICAL PARAMETERS

Description	Value
Maximum load	150 kg
Width	0.66 m
Width of the pull up bar	0.56 m (large grip 1.15 m)
Wall bars height	2.295 m
Base dimensions	1.04 x 1.01 m
Max. pull up bar height	2.395 m
Distance between pull up bar and wall bars	0.45 m
Distance between dip bars and wall bars	0.63 m
Distance between bench and wall bars	1.39 m
Installation area	1.1 m ²
Ceiling height	2.4 m and higher
Max. barbell weight	90 kg
Weight	max. 45 kg

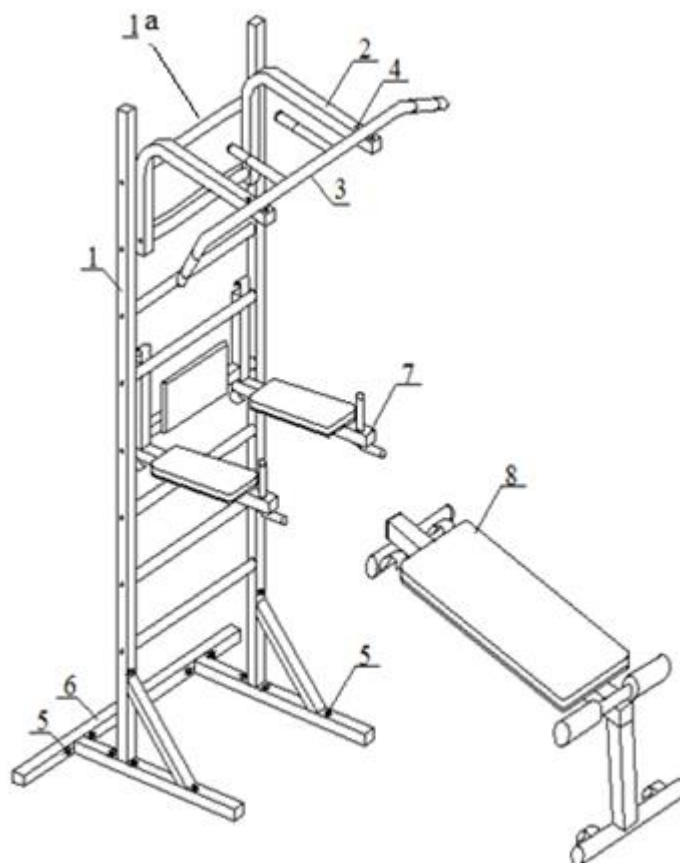
PARTS LIST

Number	Description	Quantity
1	Metal uprights (square profile)	2
1a	Metal crossbars with plastic coating	8
2	Pull up bar holders	2
3	Pull up bar (complete)	1
4	Screws M8 (to fix the pull up bar)	4
5	Screws M10 with nuts	12
6	Base (complete)	1
7	Dip bar (also serves as a barbell holder - optional)	1
8	Bench	1

ASSEMBLY STEPS

Assembly should be done in horizontal position and in accordance with this manual only. Assembly must be done by an adult.

- 1) Put the frame horizontally and attach the base to the frame. Thereafter put it vertically.
- 2) Attach the pull up bar. Fix the cross bar to the holders and tighten with screws.
- 3) Assure the pull up bar in proper position using screws.
- 4) Attach the dip bar (barbell holder) and bench.



TERMS AND CONDITIONS OF WARRANTY, WARRANTY CLAIMS

General Conditions of Warranty and Definition of Terms

All Warranty Conditions stated hereunder determine Warranty Coverage and Warranty Claim Procedure. Conditions of Warranty and Warranty Claims are governed by Act No. 40/1964 Coll. Civil Code, Act No. 513/1991 Coll., Commercial Code, and Act No. 634/1992 Coll., Consumer Protection Act, as amended, also in cases that are not specified by these Warranty rules.

The seller is SEVEN SPORT s.r.o. with its registered office in Borivojova Street 35/878, Prague 13000, Company Registration Number: 26847264, registered in the Trade Register at Regional Court in Prague, Section C, Insert No. 116888.

According to valid legal regulations it depends whether the Buyer is the End Customer or not.

“The Buyer who is the End Customer” or simply the “End Customer” is the legal entity that does not conclude and execute the Contract in order to run or promote his own trade or business activities.

“The Buyer who is not the End Customer” is a Businessman that buys Goods or uses services for the purpose of using the Goods or services for his own business activities. The Buyer conforms to the

General Purchase Agreement and business conditions to the extent specified in the Commercial Code.

These Conditions of Warranty and Warranty Claims are an integral part of every Purchase Agreement made between the Seller and the Buyer. All Warranty Conditions are valid and binding, unless otherwise specified in the Purchase Agreement, in the Amendment to this Contract or in another written agreement.

Warranty Conditions

Warranty Period

The Seller provides the Buyer a 24 months Warranty for Goods Quality, unless otherwise specified in the Certificate of Warranty, Invoice, Bill of Delivery or other documents related to the Goods. The legal warranty period provided to the Consumer is not affected.

By the Warranty for Goods Quality, the Seller guarantees that the delivered Goods shall be, for a certain period of time, suitable for regular or contracted use, and that the Goods shall maintain its regular or contracted features.

The Warranty does not cover defects resulting from (if applicable):

- User's fault, i.e. product damage caused by unqualified repair work, improper assembly, insufficient insertion of seat post into frame, insufficient tightening of pedals and cranks
- Improper maintenance
- Mechanical damages
- Regular use (e.g. wearing out of rubber and plastic parts, moving mechanisms, joints etc.)
- Unavoidable event, natural disaster
- Adjustments made by unqualified person
- Improper maintenance, improper placement, damages caused by low or high temperature, water, inappropriate pressure, shocks, intentional changes in design or construction etc.

Warranty Claim Procedure

The Buyer is obliged to check the Goods delivered by the Seller immediately after taking the responsibility for the Goods and its damages, i.e. immediately after its delivery. The Buyer must check the Goods so that he discovers all the defects that can be discovered by such check.

When making a Warranty Claim the Buyer is obliged, on request of the Seller, to prove the purchase and validity of the claim by the Invoice or Bill of Delivery that includes the product's serial number, or eventually by the documents without the serial number. If the Buyer does not prove the validity of the Warranty Claim by these documents, the Seller has the right to reject the Warranty Claim.

If the Buyer gives notice of a defect that is not covered by the Warranty (e.g. in the case that the Warranty Conditions were not fulfilled or in the case of reporting the defect by mistake etc.), the Seller is eligible to require a compensation for all the costs arising from the repair. The cost shall be calculated according to the valid price list of services and transport costs.

If the Seller finds out (by testing) that the product is not damaged, the Warranty Claim is not accepted. The Seller reserves the right to claim a compensation for costs arising from the false Warranty Claim.

In case the Buyer makes a claim about the Goods that is legally covered by the Warranty provided by the Seller, the Seller shall fix the reported defects by means of repair or by the exchange of the damaged part or product for a new one. Based on the agreement of the Buyer, the Seller has the right to exchange the defected Goods for a fully compatible Goods of the same or better technical characteristics. The Seller is entitled to choose the form of the Warranty Claim Procedures described in this paragraph.

The Seller shall settle the Warranty Claim within 30 days after the delivery of the defective Goods, unless a longer period has been agreed upon. The day when the repaired or exchanged Goods is handed over to the Buyer is considered to be the day of the Warranty Claim settlement. When the Seller is not able to settle the Warranty Claim within the agreed period due to the specific nature of the Goods defect, he and the Buyer shall make an agreement about an alternative solution. In case such

agreement is not made, the Seller is obliged to provide the Buyer with a financial compensation in the form of a refund.



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Date of Sale:

Stamp and Signature of Seller: