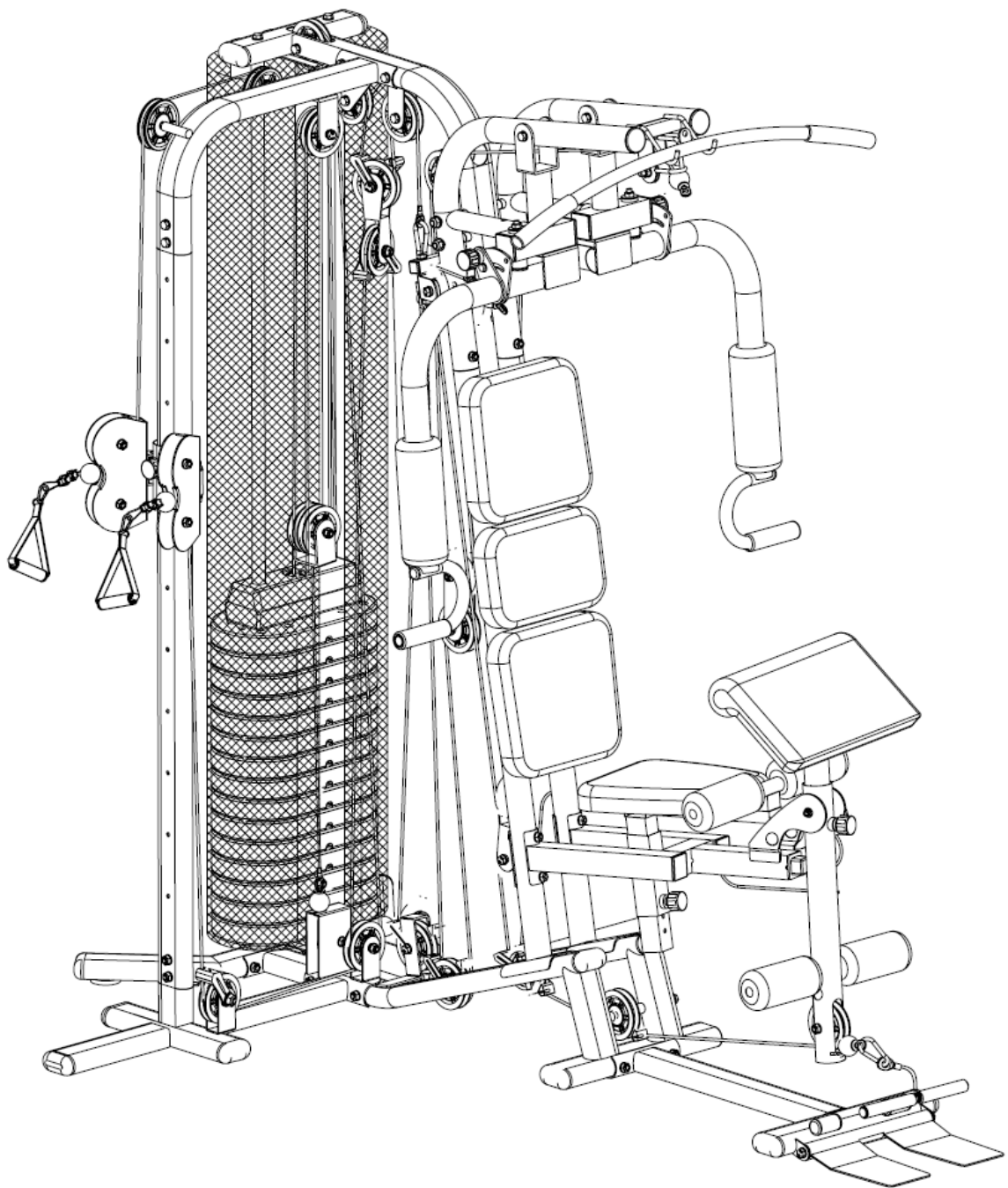




IN 7187 User Manual of ProfiGym C100



Safety Instructions

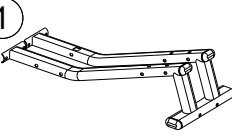
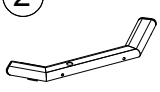
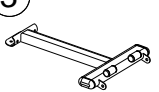


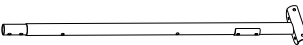
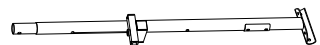

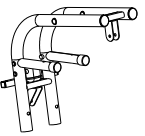
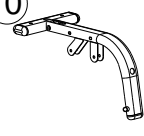
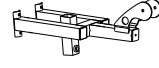








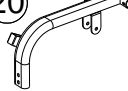

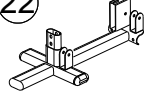















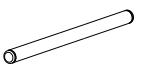

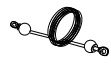



















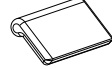




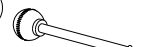















- To ensure the best safety of the exerciser, regularly check it on damages and worn parts.
- If you pass on this exerciser to another person or if you allow another person to use it, make sure that that person is familiar with the content and instructions in these instructions.
- Only one person should use the exerciser at a time.
- Before the first use and regularly make sure that all screws, bolts and other joints are properly tightened and firmly seated.
- Before you start your work-out, remove all sharp-edged objects around the exerciser.
- Only use the exercise for your work-out if it works flawlessly.
- Any broken, worn or defective part must immediately be replaced and/or the exerciser must no longer be used until it has been properly maintained and repaired.
- Parents and other supervisory persons should be aware of their responsibility, due to situations which may arise for which the exerciser has not been designed and which may occur due to children's natural play instinct and interest in experimenting.
- If you do allow children to use this exerciser, be sure to take into consideration and assess their mental and physical condition and development, and above all their temperament. Children should use the exerciser only under adult supervision and be instructed on the correct and proper use of the exerciser. The exerciser is not a toy.
- Make sure there is sufficient free space around the exerciser when you set it up.
- To avoid possible accidents, do not allow children to approach the exerciser without supervision, since they may use it in a way for which it is not intended due to their natural play instinct and interest in experimenting.
- Please note that an improper and excessive work-out may be harmful to your health.
- Please note that levers and other adjustment mechanisms are not projecting into the area of movement during the work-out.
- When setting up the exerciser, please make sure that the exerciser is standing in a stable way and that any possible unevenness of the floor is evened out.
- Always wear appropriate clothing and shoes which are suitable for your work-out on the exerciser. The clothes must be designed in a way so that they will not get caught in any part of the exerciser during the work-out due to their form (for example, length). Be sure to wear appropriate shoes which are suitable for the work-out, firmly support the feet and which are provided with a non-slip sole.
- Be sure to consult a physician before you start any exercise program. He may give you proper hints and advice with respect to the individual intensity of stress for you as well as to your work-out and sensible eating habits.

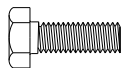
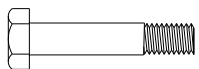
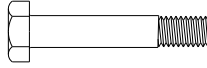


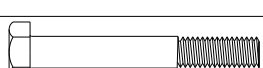
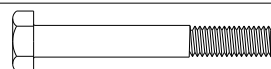
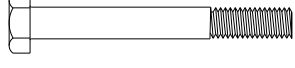
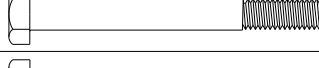
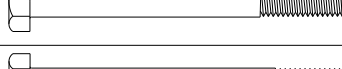
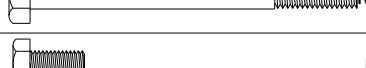


Important Notes















- Assemble the exerciser as per assembly instructions and be sure to only use the structural parts provided with the exerciser and designed for it. Prior to the assembly, make sure the contents of the delivery is complete by referring to the parts list of the assembly and operating instructions.
- Be sure to set up the exerciser in a dry and even place and always protect it from humidity. If you wish to protect the place particularly against pressure points, contamination, etc., it is recommended to put a suitable, non-slip mat under the exerciser.
- The general rule is that exercisers and training devices are no toys. Therefore, they must only be used by properly informed or instructed persons.
- Stop your work-out immediately in case of dizziness, nausea, chest pain or any other physical symptoms. In case of doubt, consult your physician immediately.
- Children, disabled and handicapped persons should use the exercise only under supervision and in presence of another person who may give support and useful instructions.
- Be sure that your body parts and those of other persons are never close to any moving parts of the exerciser during its use.
- When adjusting the adjustable parts, make sure they are adjusted properly and note the marked, maximum adjusting position, for example of the saddle support, respectively.
- Do not work out immediately after meals!

CHECKLIST (CONTENTS OF PACKAGE)

①  x1	②  x1	③  x1	④  x1	⑤  x1
⑥  x1	⑦  x1	⑧  x1		
⑨  x1	⑩  x1	⑪  x1	⑫  x1	⑬  x1
⑭  x1	⑮  x1	⑯  x1	⑰  x1	⑱  x1
⑲  x2	⑳  x1	㉑  x1	⑳  x1	
		㉔  x1	㉕  x2	㉓  x1
㉗  x2	㉘  x2	㉙  x2	㉒  x1	
		㉛  x1	㉜  x2	㉔  x2
㉞  x2	㉟  x2	㊱  x1	㊲  x2	㊳  x2
㊴  x2	㊵  x1	㊶  x1	㊷  x1	㊸  x1
㊹  x1	㊺  x1			㊻  x1
㊼  x36	㊽  x36	㊾  x30	㊿  x2	㋀  x6
㋁  x1	㋂  x1	㋃  x1	㋄  x6	㋅  x4
㋆  x2	㋇  x2	㋈  x1	㋉  x1	㋊  x1
 x1	 x2	㋋  x4	㋌  x1	㋍  x1
㋎  x15	㋏  x1	㋐  x1	㋑  x1	㋒  x2
㋓  x1	㋔  x2	㋕  x6	㋖  x14	㋗  x131
		㋘  x4	㋙  x2	 x1

SCREW SET

115		M10*25L	x8
104		M10*50L	x7
105		M10*55L	x6
106		M10*60L	x16
107		M10*65L	x6
108		M10*70L	x6
111		M10*75L	x1
109		M10*80L	x6
116		M10*90L	x1
101		M10*95L	x4
110		M10*100L	x8
125		M6*15L	x14
99		D25*D8.5*2T	x2

112		M12*251L	x2
135		D14*D6.5*0.8T	x26
134		D18*D8.5*1.2T	x20
131		D20*D11*2T	x129
132		D24*2.5T	x4
140		M6*6T	x12
141		M10*10T	x64
142		M12*12T	x4
122		M5*10L	x4
124		M8*15L	x20
121		M8	x4
93		D29*D10.2*9T	x2
94		D20*D14*20T	x2
95		D20*D14*27.5T	x2

INSTRUCTION ASSEMBLY: STEP 1







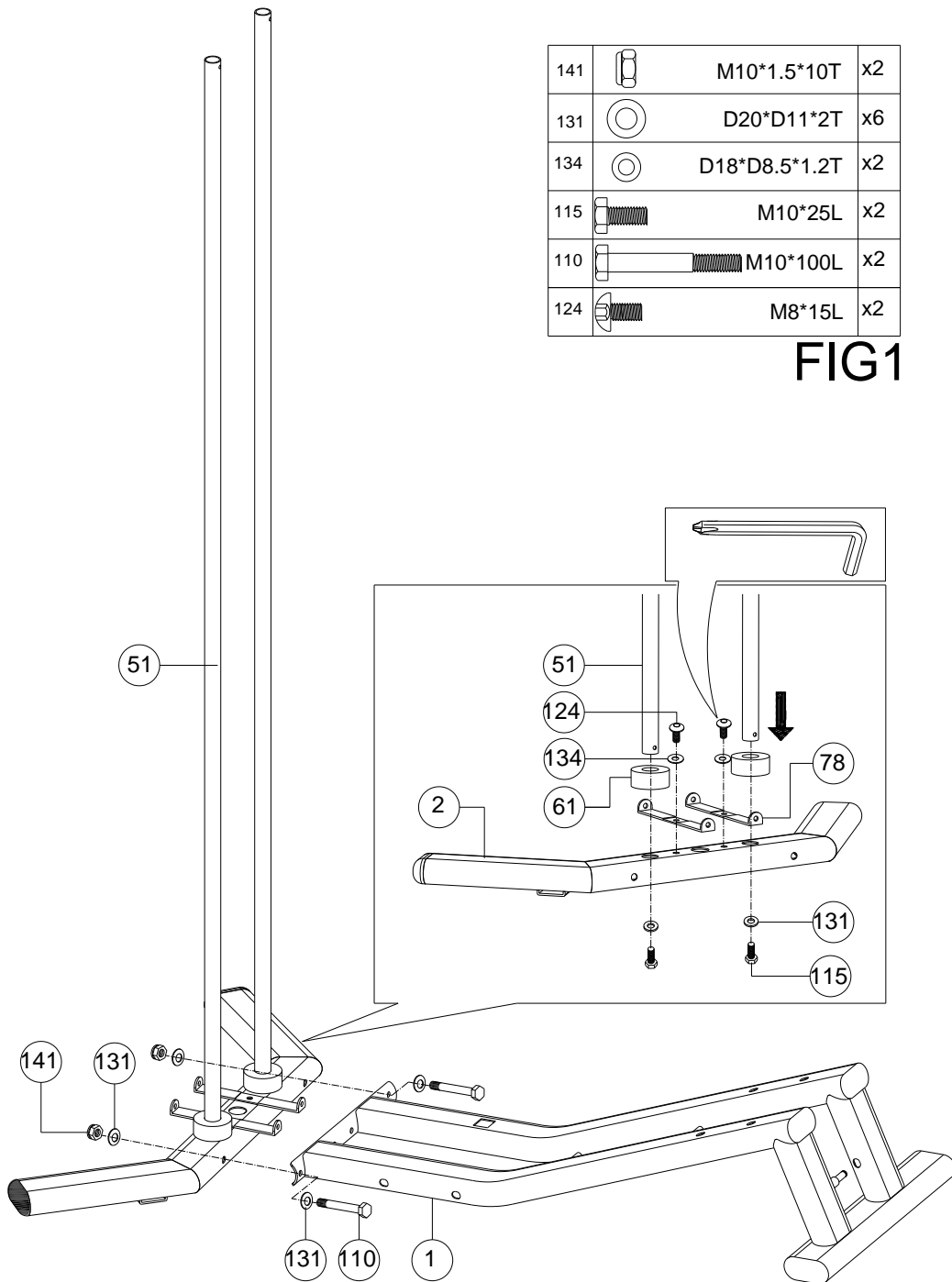
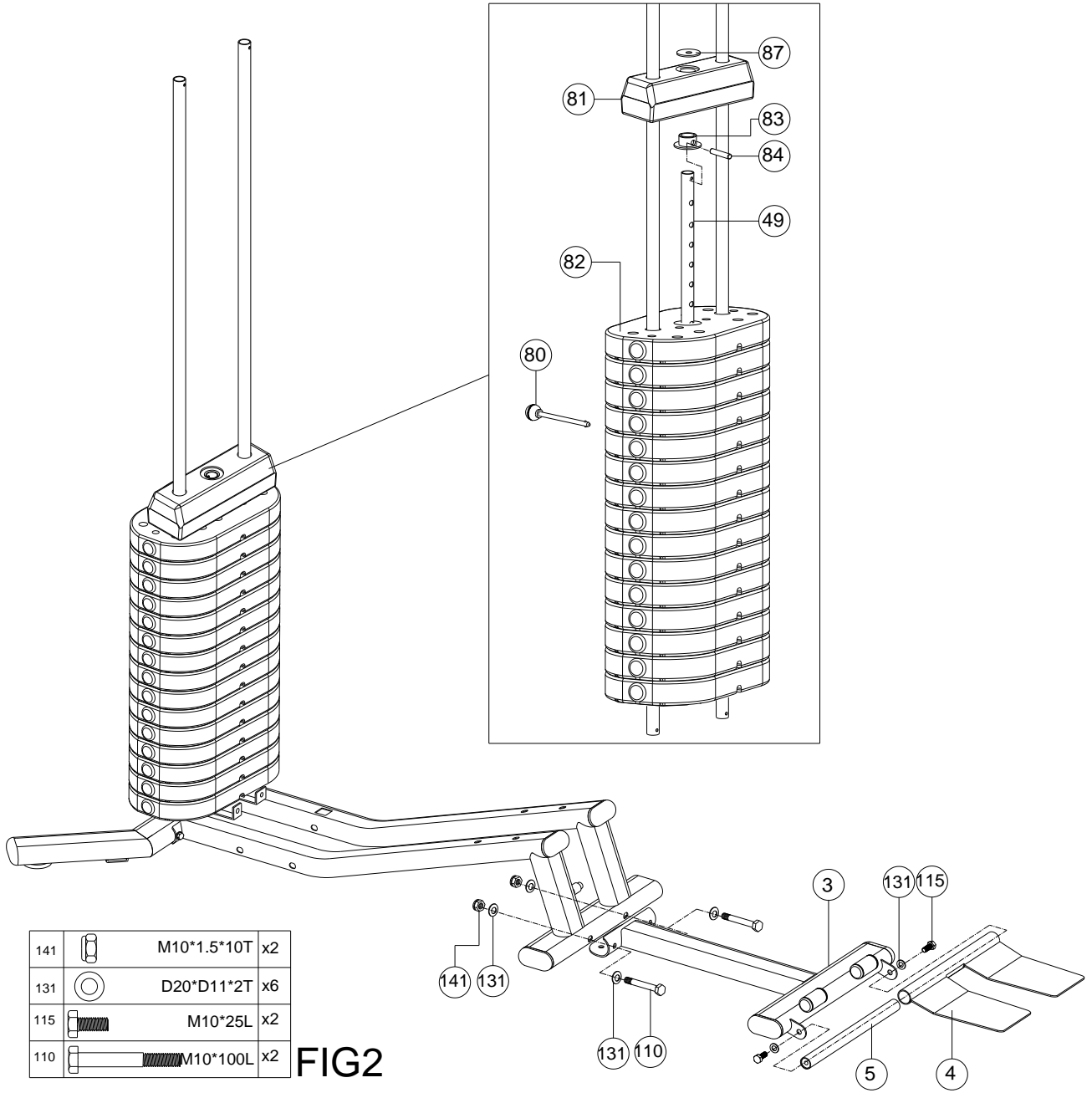
141		M10*1.5*10T	x2
131		D20*D11*2T	x6
134		D18*D8.5*1.2T	x2
115		M10*25L	x2
110		M10*100L	x2
124		M8*15L	x2

FIG1



STEP 2



STEP 3

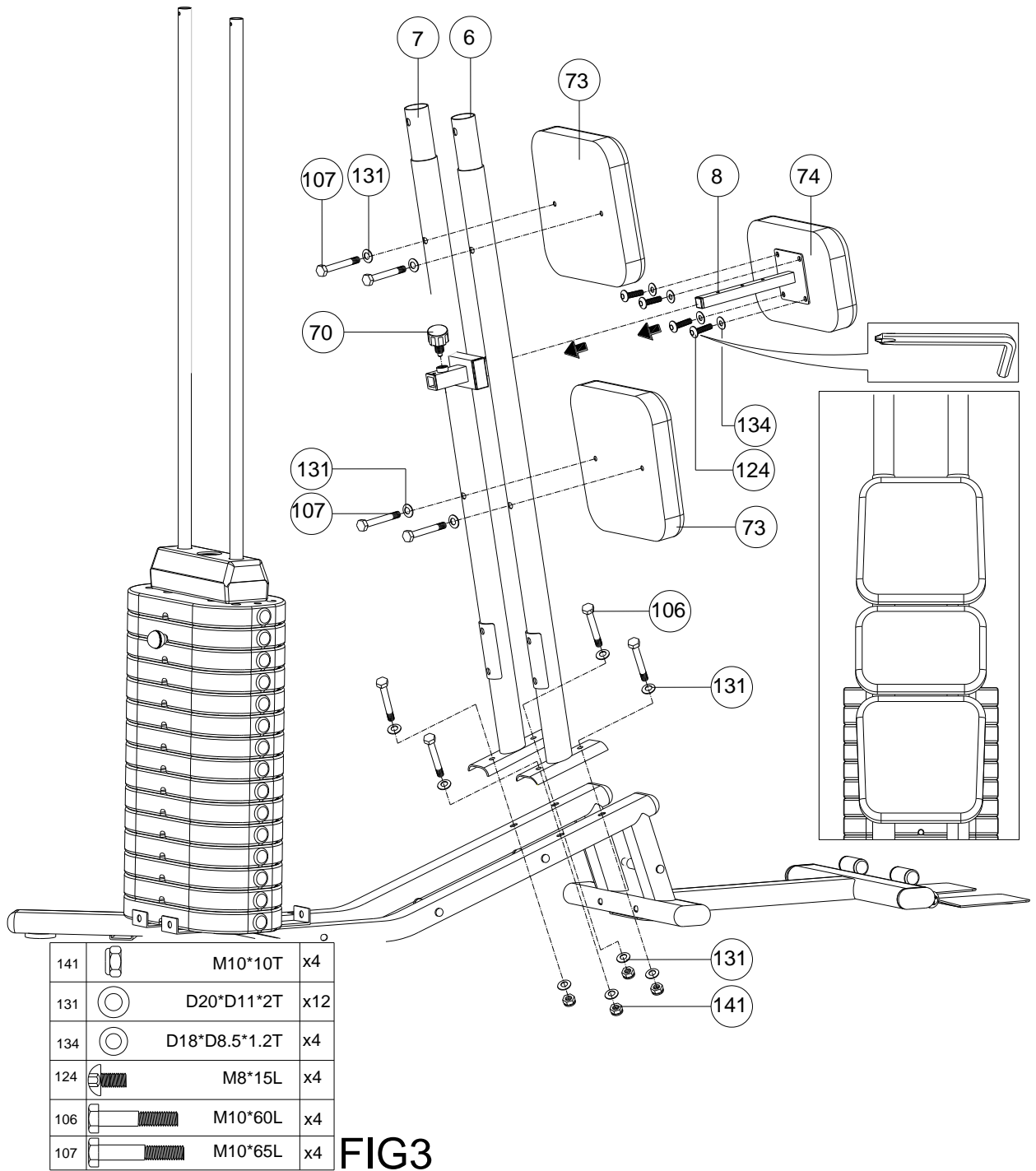


FIG3

STEP 4

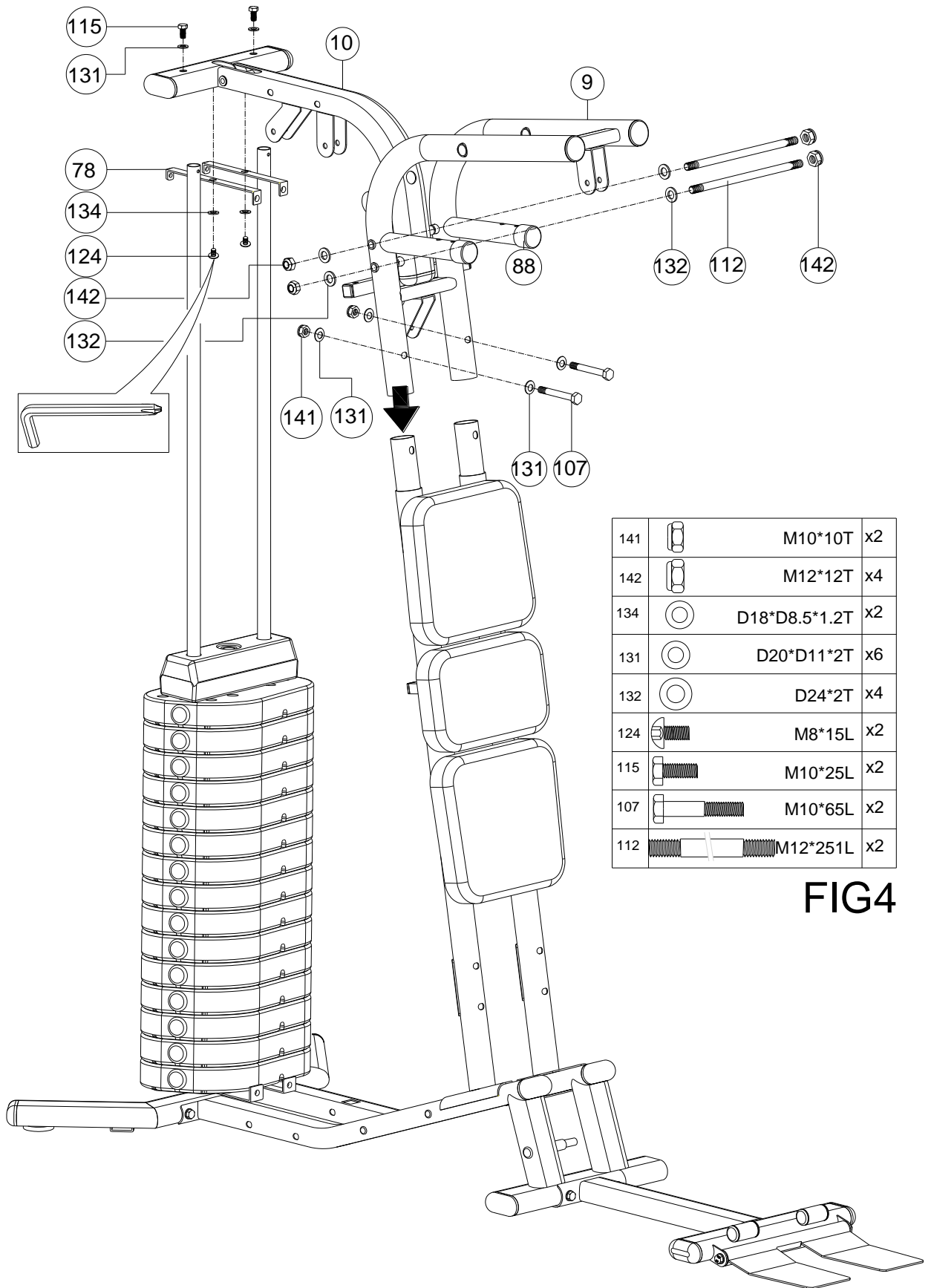









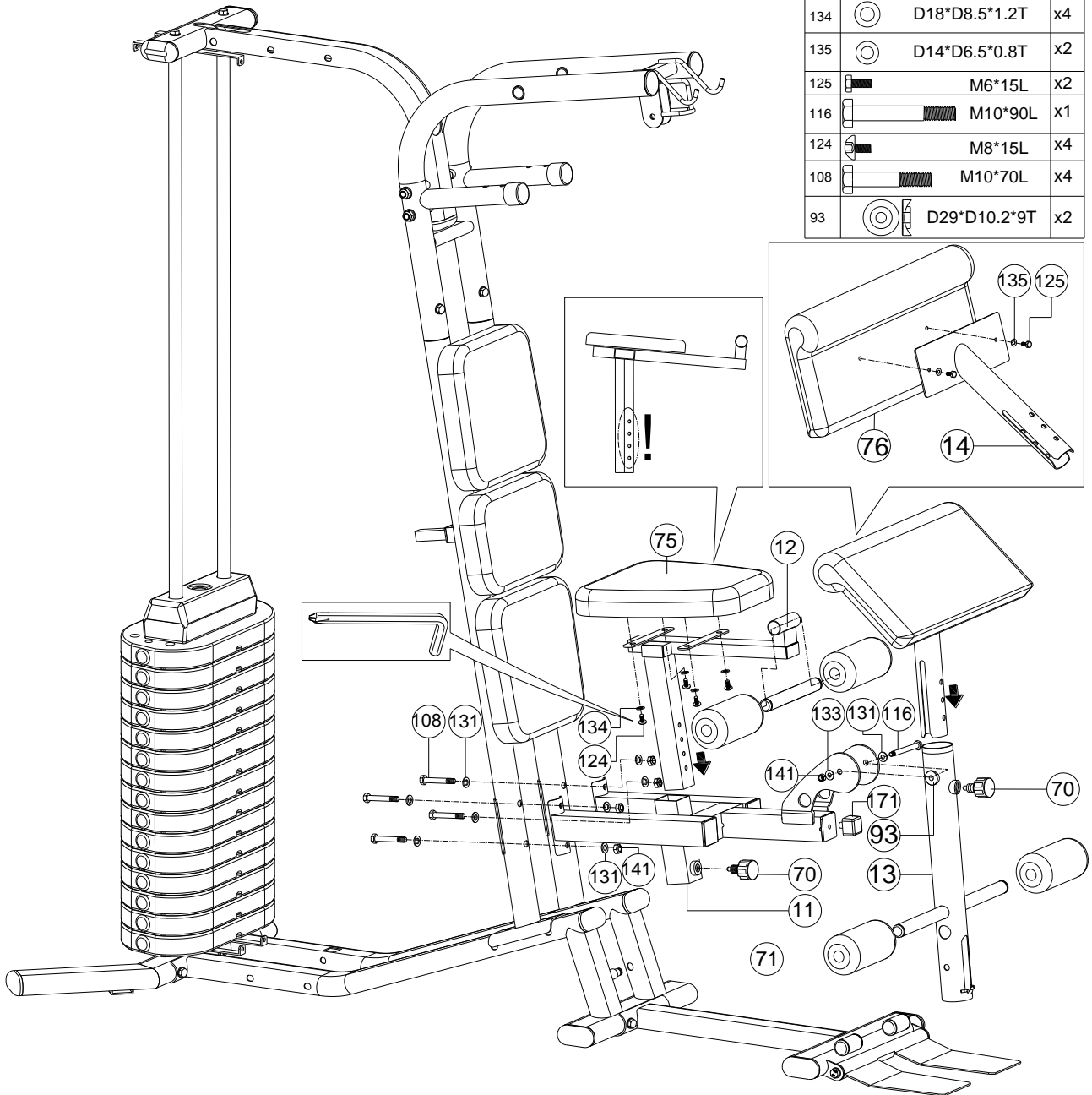


FIG4

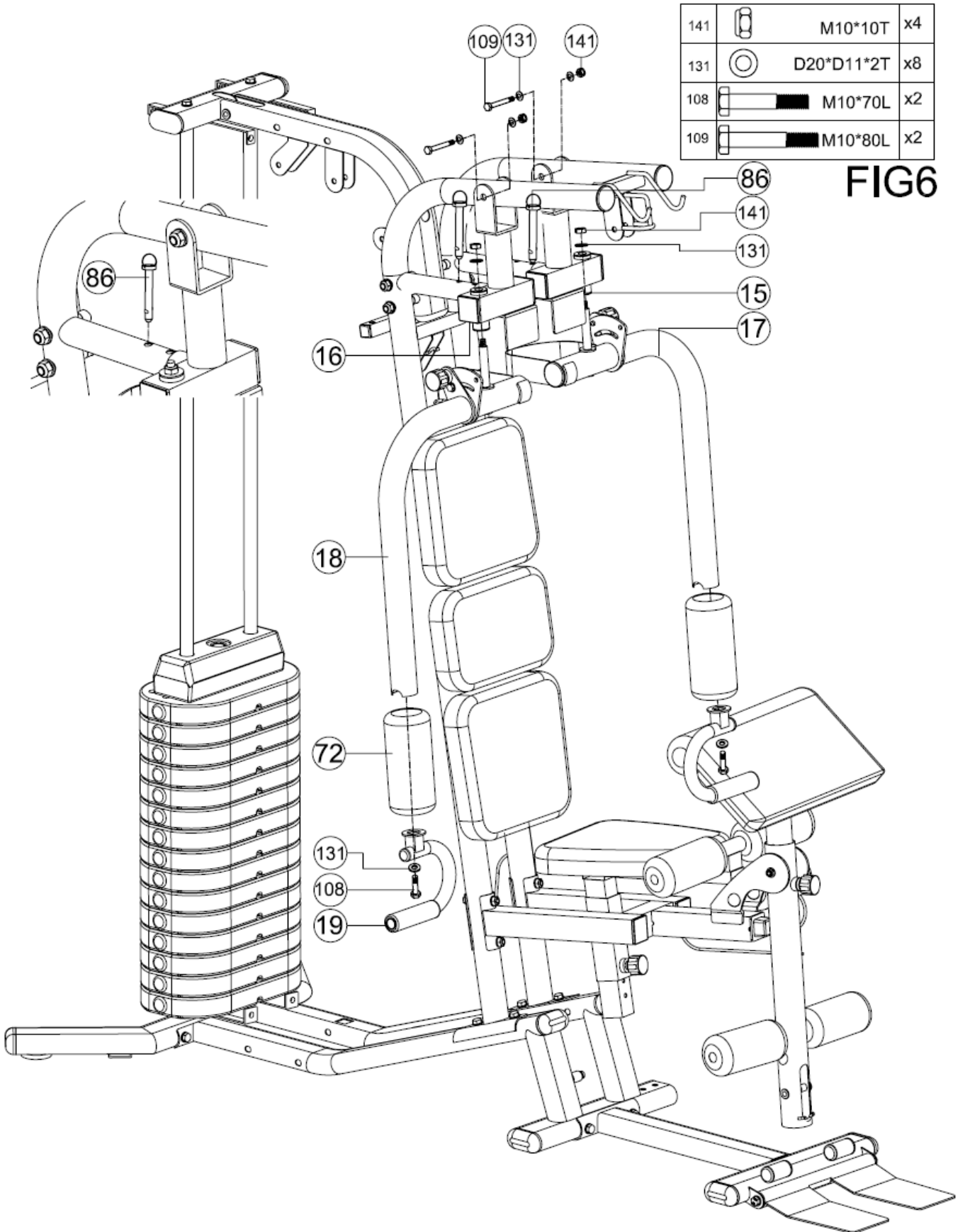
STEP 5

FIG5

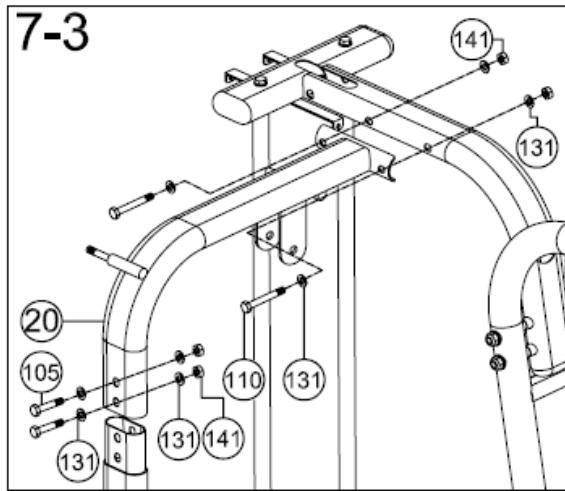
141		M10*10T	x5
131		D20*D11*2T	x10
134		D18*D8.5*1.2T	x4
135		D14*D6.5*0.8T	x2
125		M6*15L	x2
116		M10*90L	x1
124		M8*15L	x4
108		M10*70L	x4
93		D29*D10.2*9T	x2



STEP 6

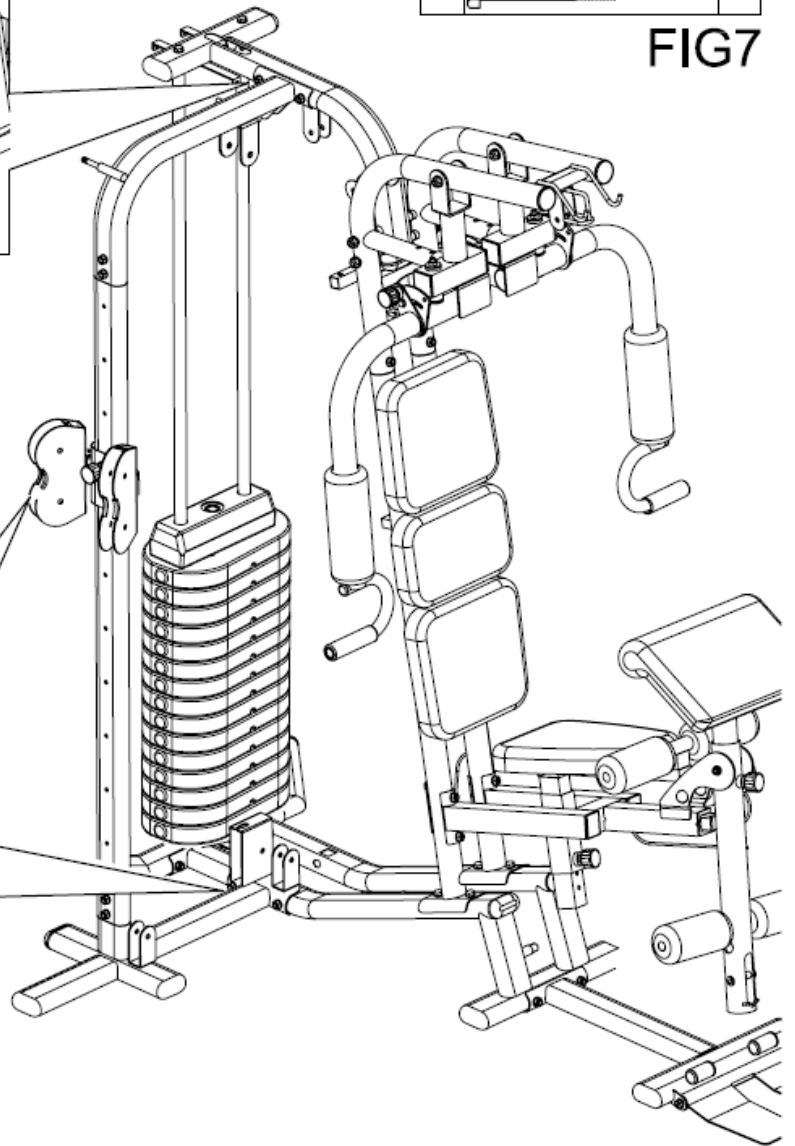
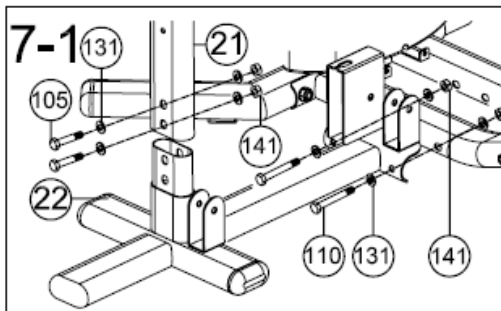
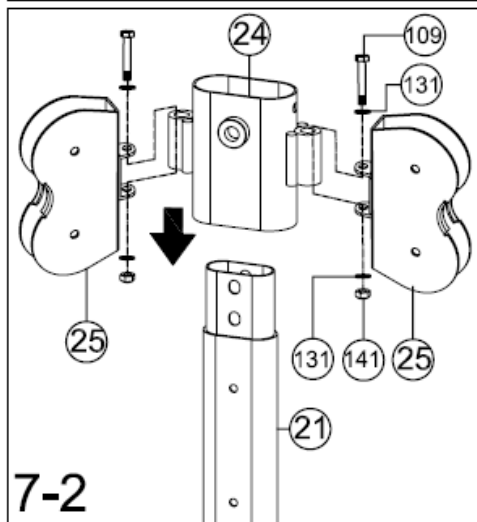


STEP 7

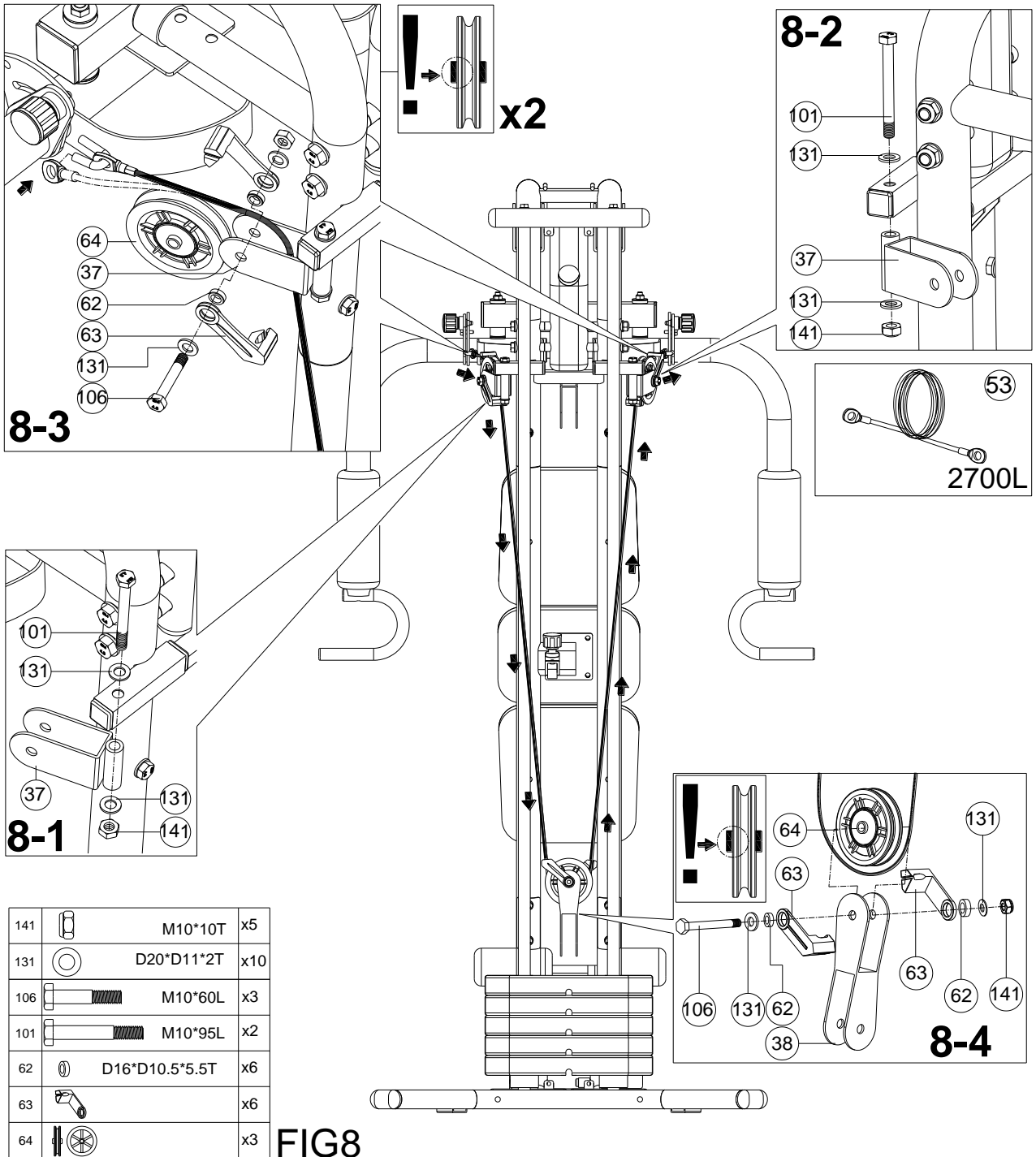


141		M10*1,5*10T	x10
131		D20*D11*2T	x20
105		M10*55L	x4
109		M10*80L	x2
110		M10*100L	x4

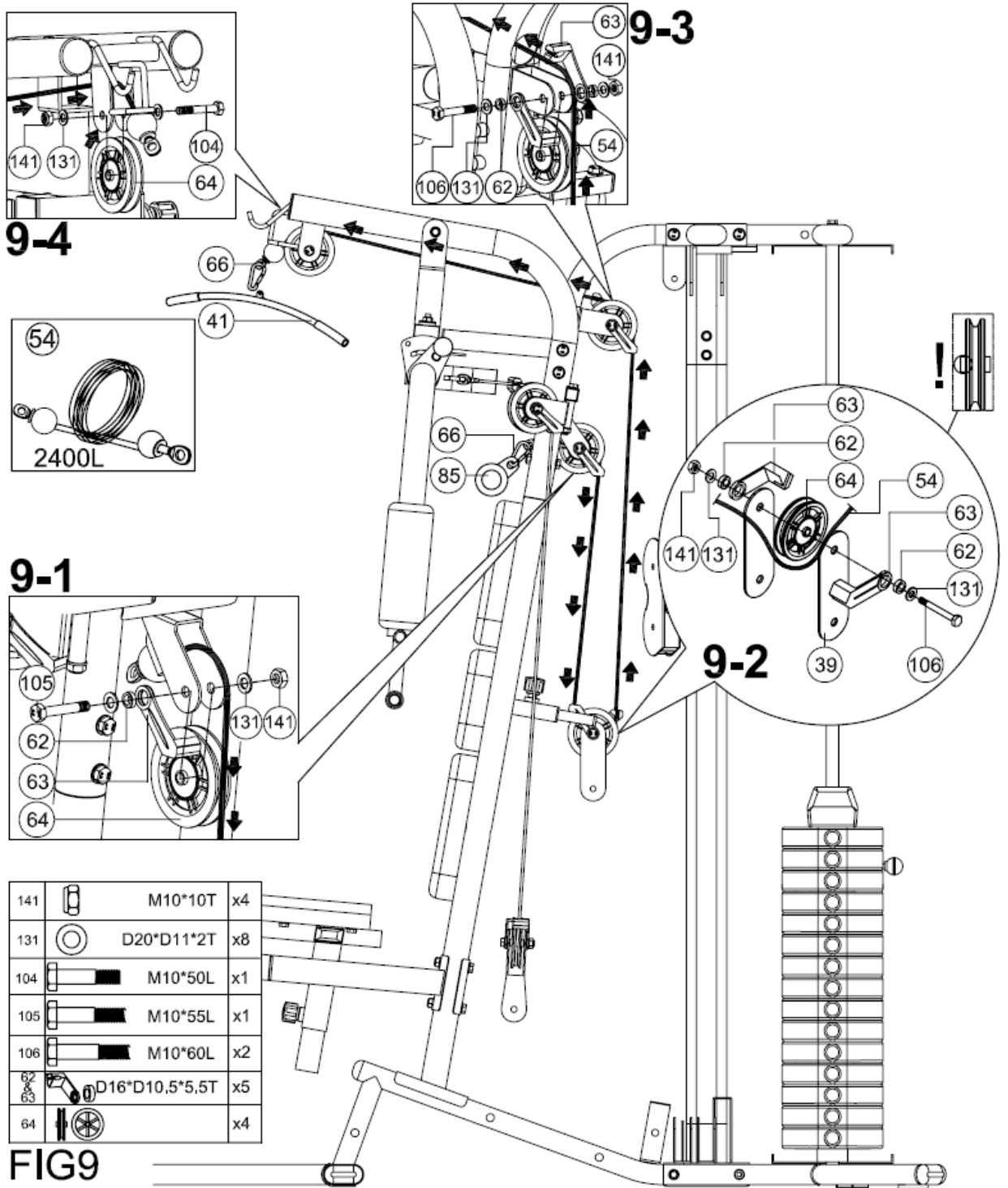
FIG7



STEP 8



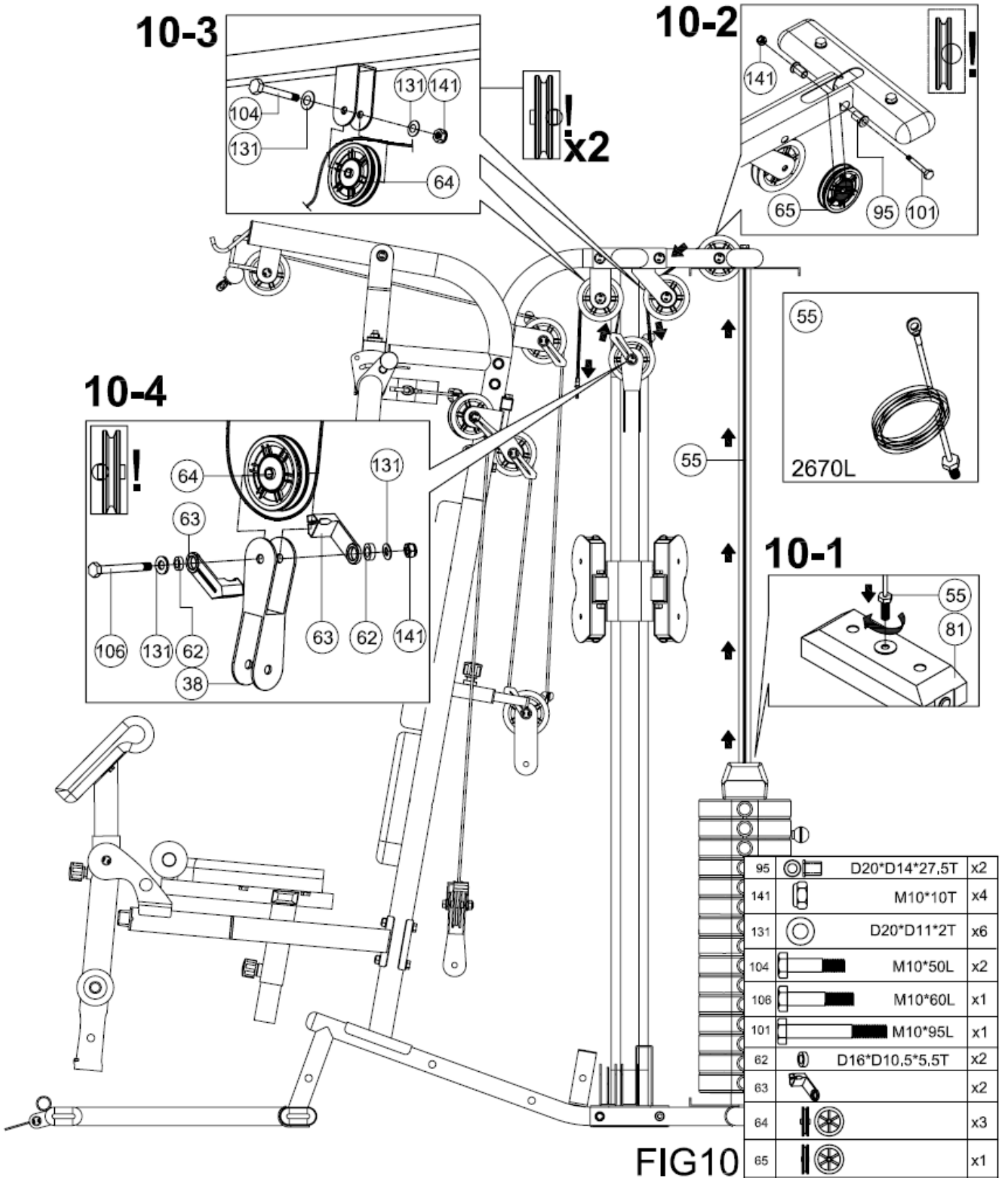
STEP 9



141		M10*10T	x4
131		D20*D11*2T	x8
104		M10*50L	x1
105		M10*55L	x1
106		M10*60L	x2
62		D16*D10.5*5.5T	x5
64			x4

FIG9

STEP 10

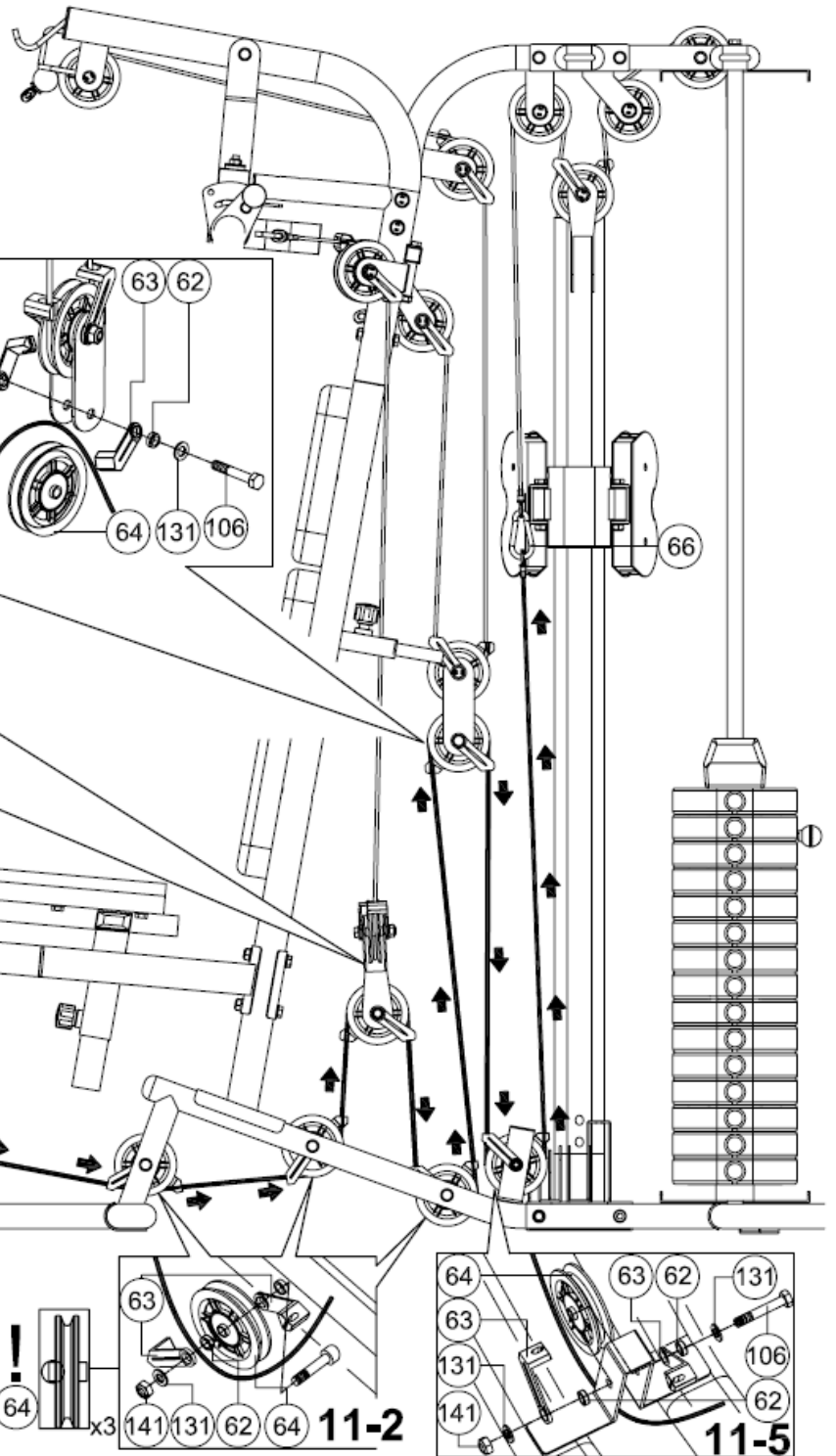
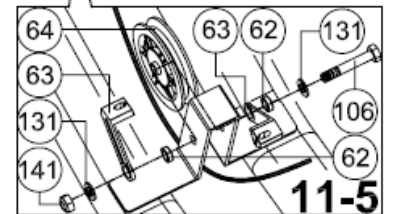
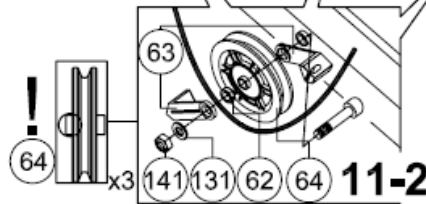
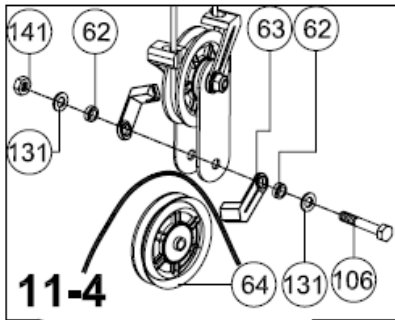
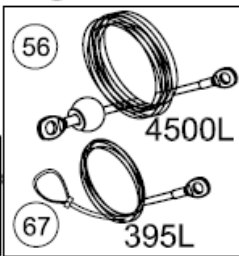
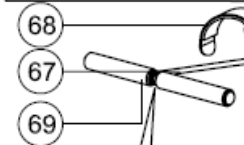
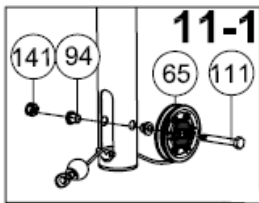
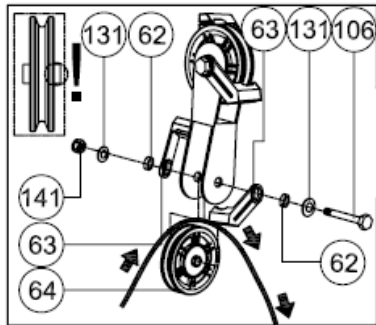


STEP 11

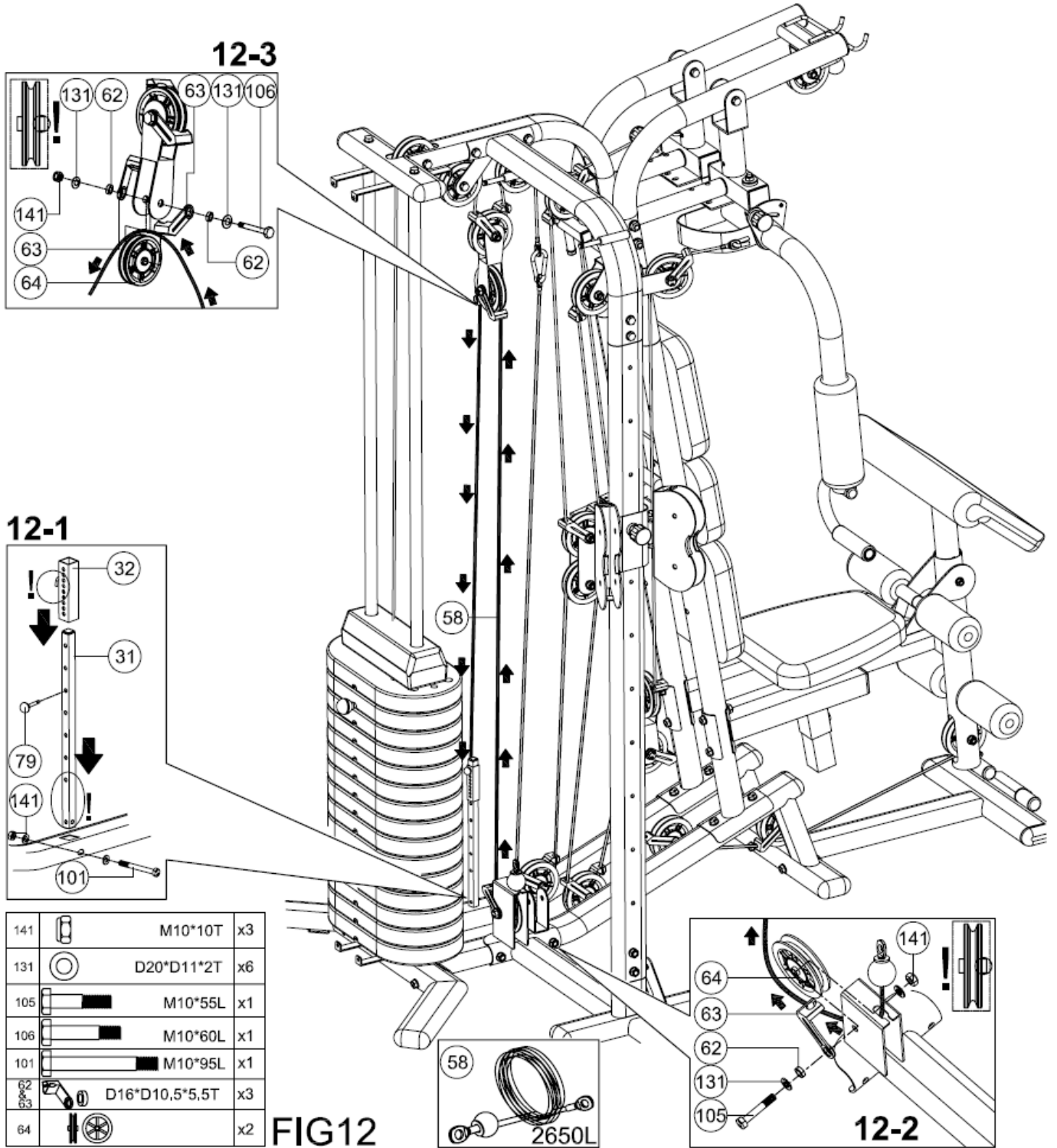
141		M10*10T	x7
131		D20*D11*2T	x9
94		D20*D14*20T	x2
106		M10*60L	x3
111		M10*75L	x1
62		D16*D10,5*5,5T	x12
63			x12
64			x6
65			x1

FIG11

11-3

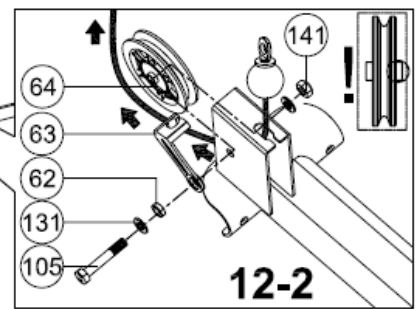
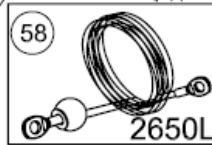


STEP 12

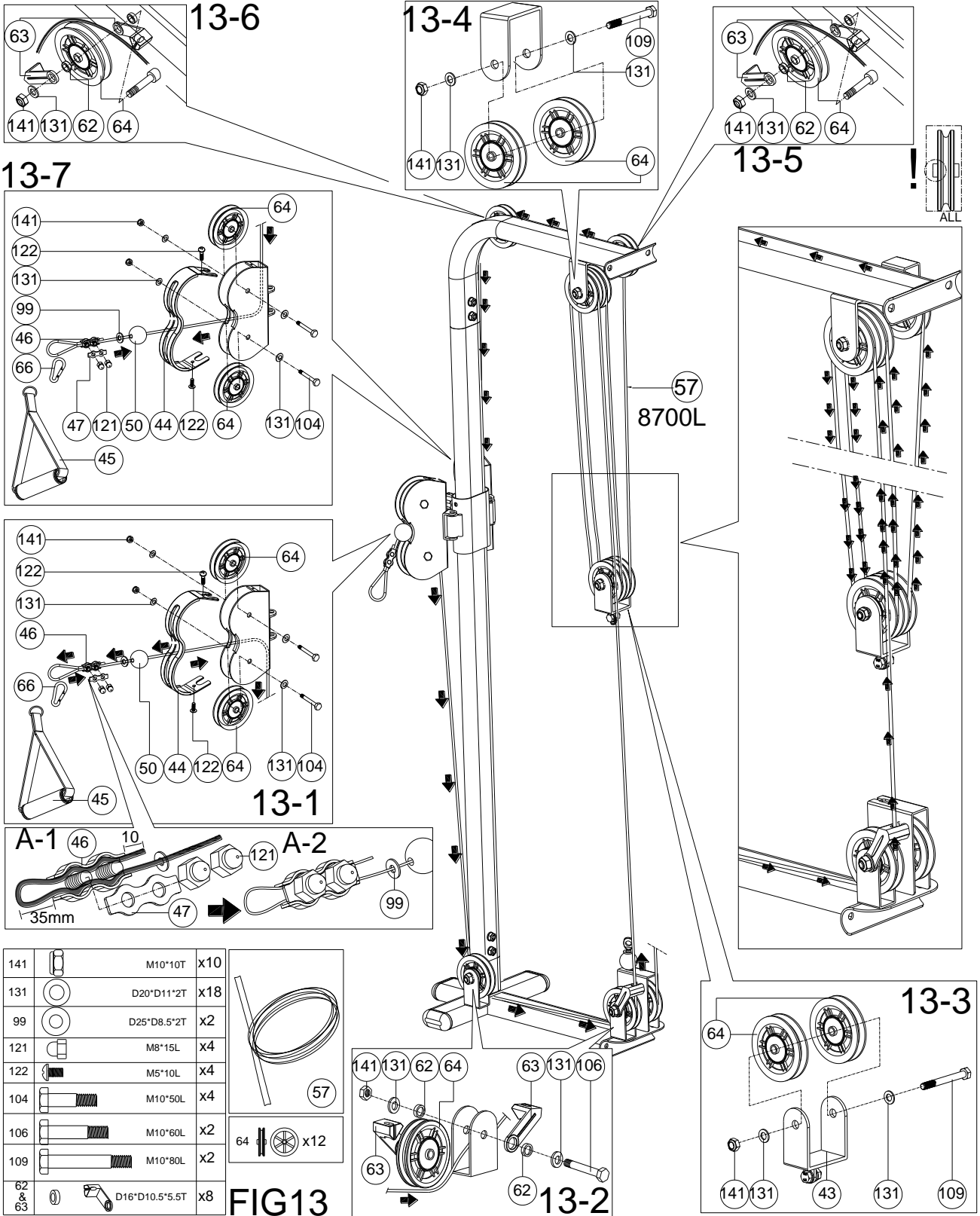


141		M10*10T	x3
131		D20*D11*2T	x6
105		M10*55L	x1
106		M10*60L	x1
101		M10*95L	x1
62 63		D16*D10,5*5,5T	x3
64			x2

FIG12



STEP 13



STEP 14

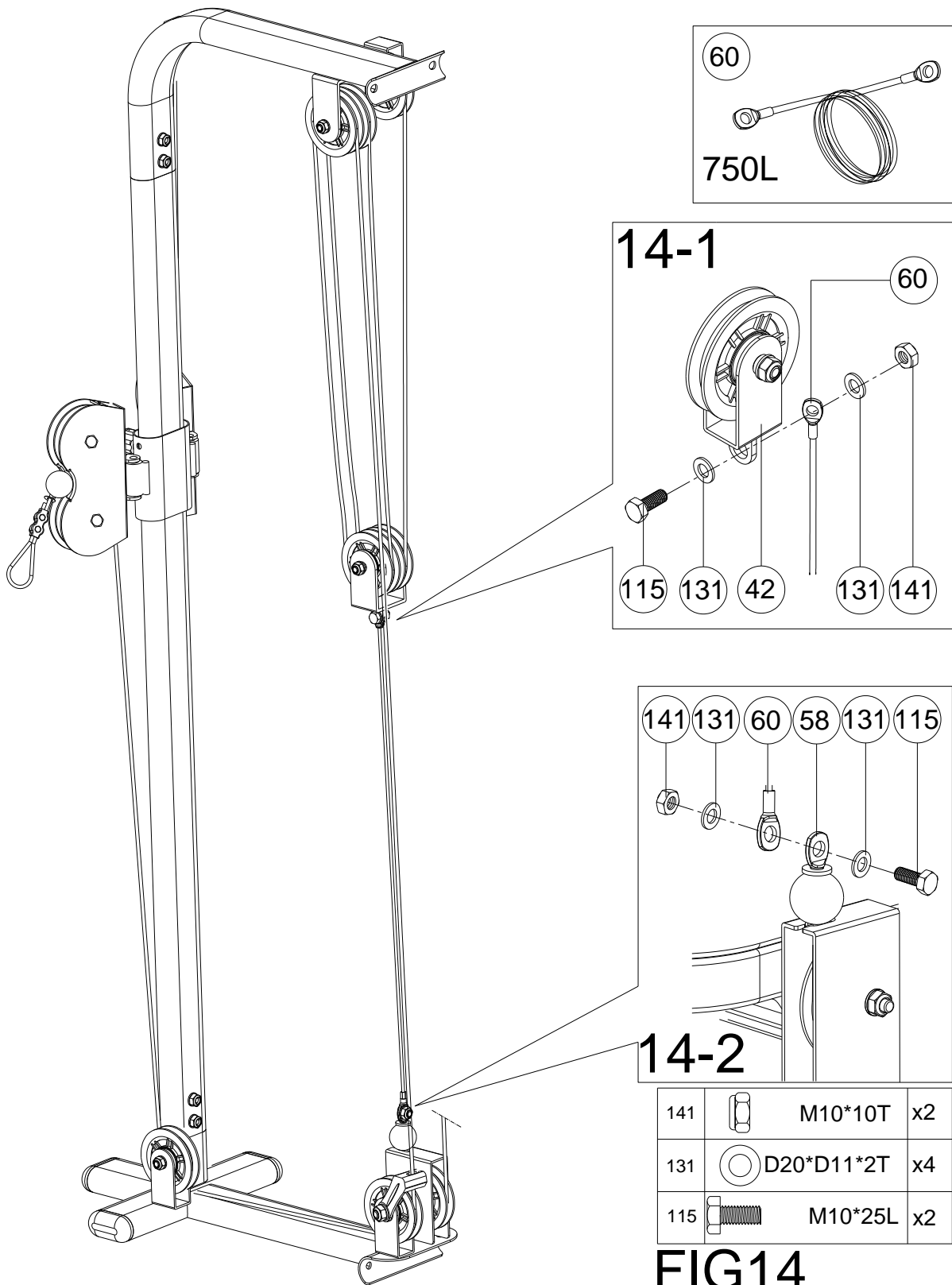





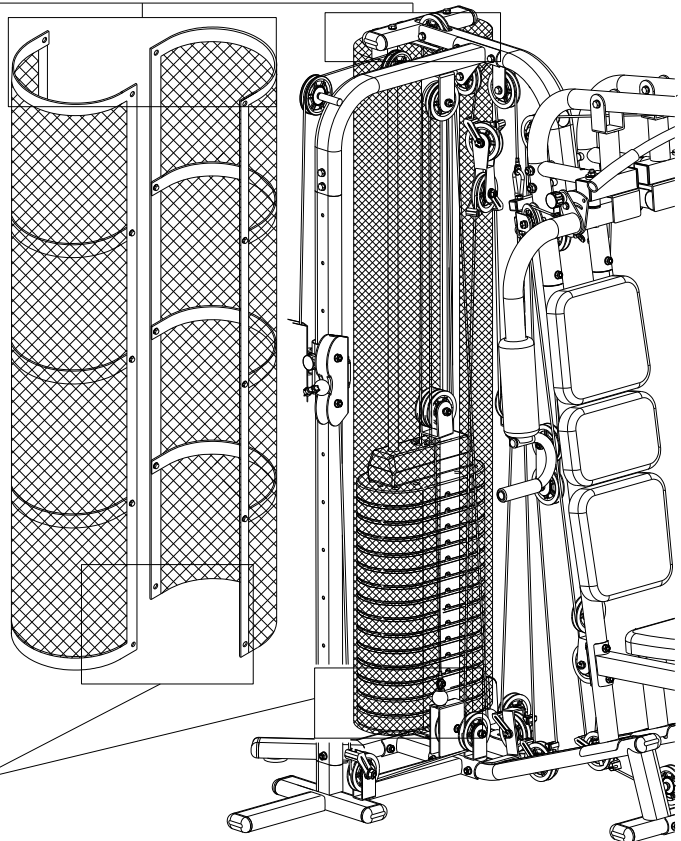
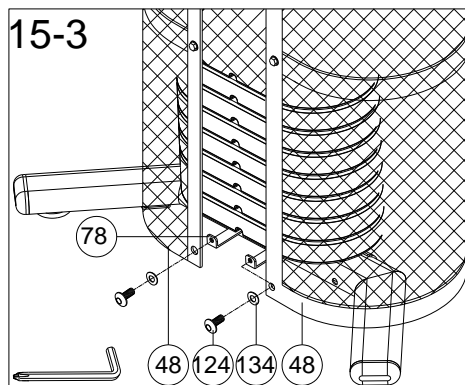
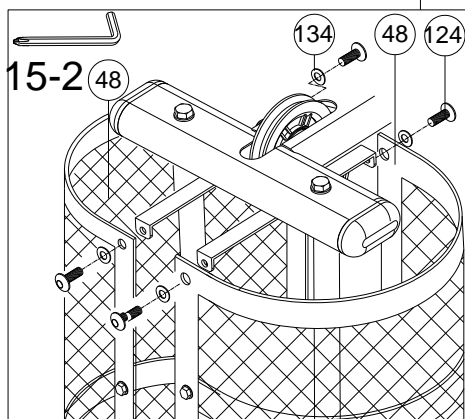
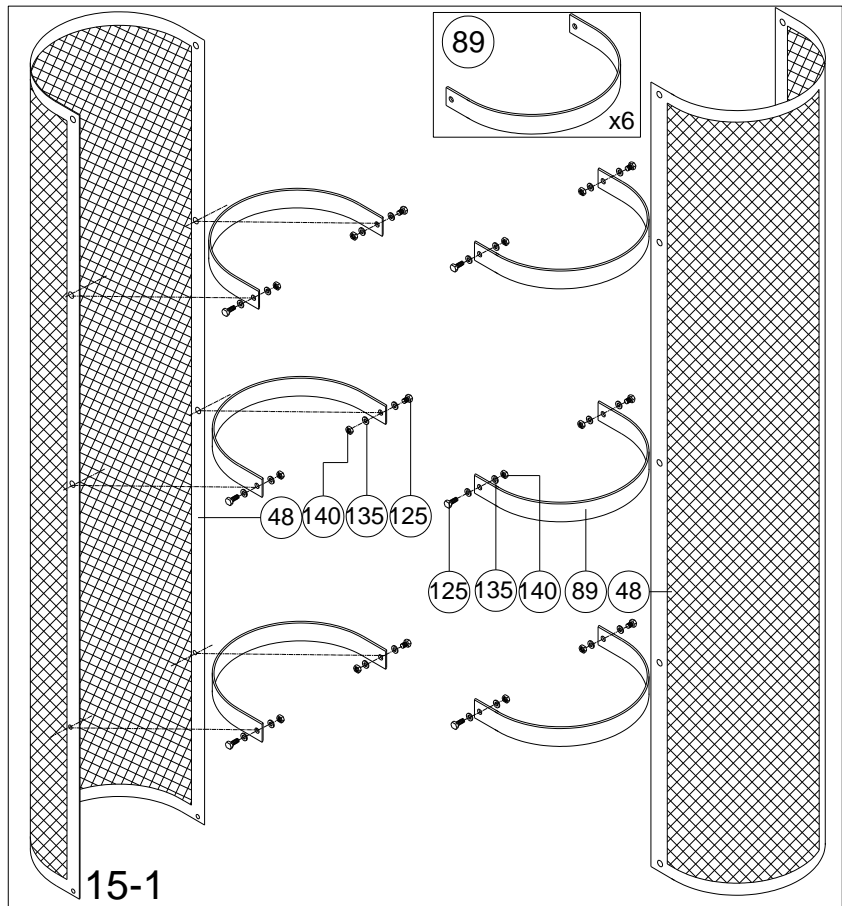


FIG14

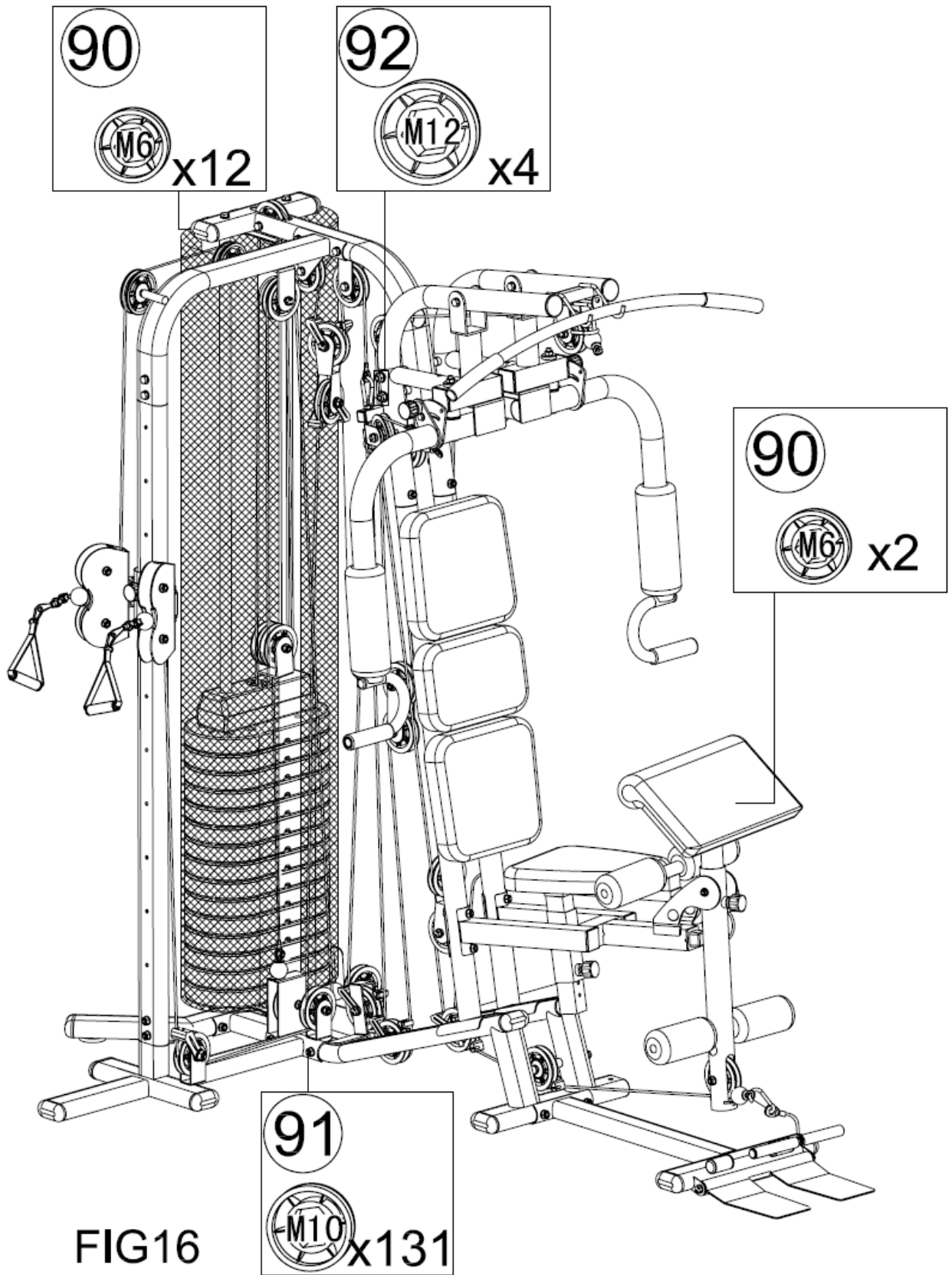
STEP 15

FIG15

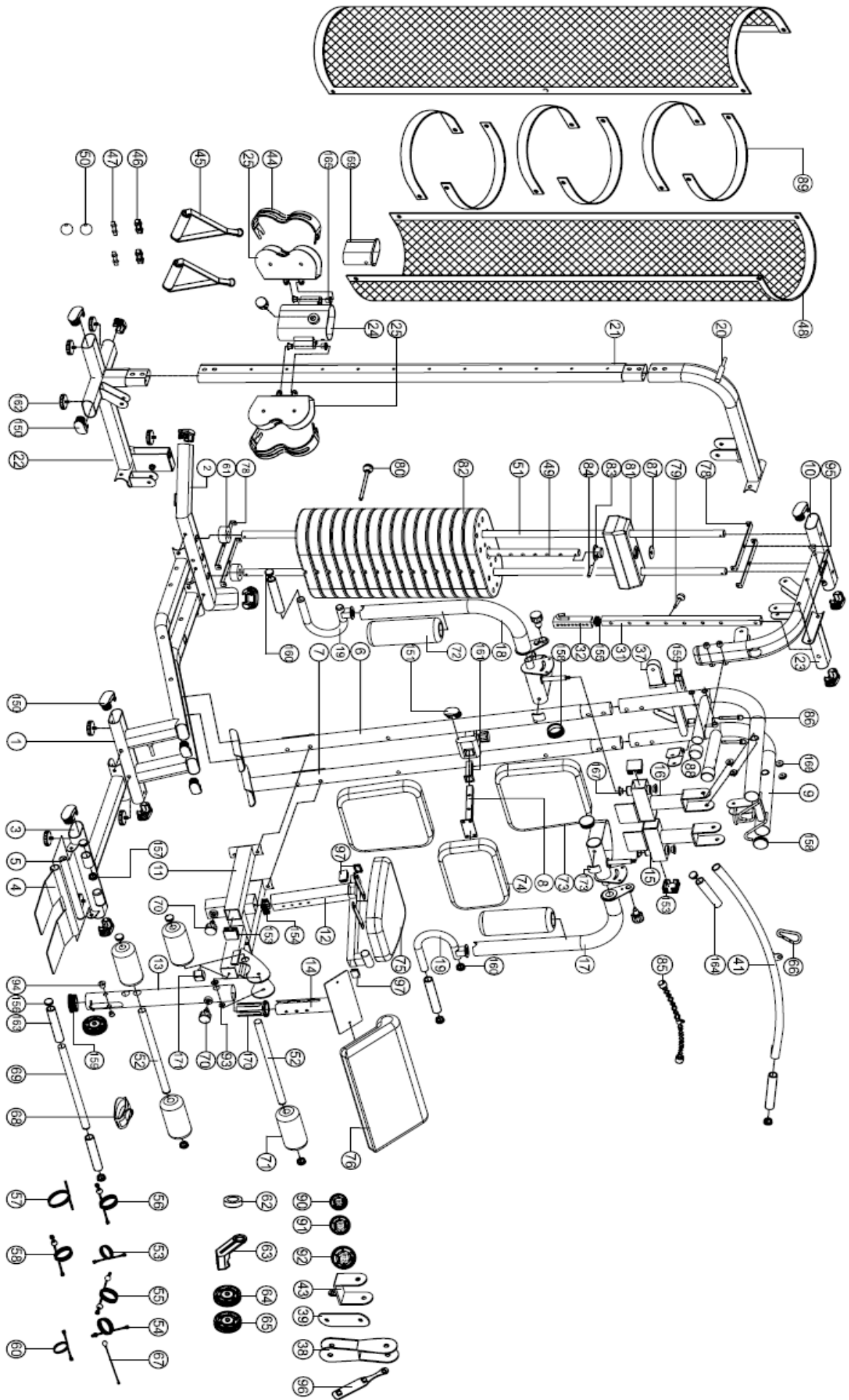
140		M6*6T	x12
135		D14*D6.5*0.8T	x24
125		M6*15L	x12
134		D18*D8.5*1.2T	x8
124		M8*15L	x8



STEP 16



Exploded drawing



Part List

Part no.	Description	Specification	Qty
1	Main frame		1
2	Rear base tube		1
3	Front base tube		1
4	Pedal plate		1
5	Rotating axle		1
6	Right front upright		1
7	Left front upright		1
8	Prop support		1
9	Upper support		1
10	Upper horizontal tube		1
11	Seat post support		1
12	Seat post		1
13	Leg curler		1
14	Cult pult frame		1
15	Right press arm		1
16	Left press arm		1
17	Left butterfly arm		1
18	Right butterfly arm		1
19	Lower part of butterfly arm		2
20	Upper pulley tube		1
21	Adjustable tube for sliding brakcet	40*80*2T*1506L	1
22	Horizontal main base		1
23	Upper horizontal tube		1
24	Sliding bracket		1
25	Pulley bracket		2
31	Sliding tube	25*25*1.5T*565L	1
32	Sliding bracket for cable adjustment		1
37	Pulley bracket		2
38	Double pulley bracket	143.5*30*3T	2
39	Pulley board	151*50*3T	2
41	Lat bar		1
43	Single pulley bracket		1
44	Protecting plate for pulley	244.8*120.8*3T	2
45	Hand grip	240*130	2
46	Rope adjustment		2
47	Fixing plate for the rope(upper)	50*2T	2
48	Weight net	1810*502*3T	2
49	Weight selecting tube		1
50	Nolyon ball	D40	2
51	Guide rod		2
52	Leg roller bar	D25.4*400*2.0t	2
53	Cable(1)	2700L	1
54	Cable(2)	2400L	1
55	Cable(3)	2370L	1

56	Cable(4)	4500L	1
57	Rope	D6.0*8700L	1
58	Cable (5)	2950	1
60	Cable (6)	750L	1
61	Buffer(round)	D60xD26x52T	2
62	Pulley guide bracket	D16.5*72.5*32	36
63	Pulley inner sleeve	D16*D10.5*5.5T	36
64	Raised pulley	D100*D10*28.5	30
65	Flat pulley	D100*D10*24	2
66	Hook	D8*80	6
67	Cable(4)	D5.5*395L	1
68	Ankle strap	295*95	1
69	Curlbar		1
70	Knob	D38xM16*1.5xD8x23	6
71	Foam	D23xD80x165L	4
72	Foam	D47*D90*250L	2
73	Backrest	300*290*50	2
74	Backrest(middle)	300*200*50	1
75	Seat	300x340x50T	1
76	Cult pult cushion	500x250x50	1
78	Plate for fixing the weight protector	30*266*2T	4
79	Pin		1
80	Weight selector pin		1
81	Upper weight plate	280x100x80	1
82	Lower weight plate	370*200*42	15
83	Fixing cover for weight plate	D56*D27*23.2	1
84	Pin	D10.5*56.5	1
85	Pulling rope	860L	1
86	Bolt	D9.5*61L	2
87	Flat washer	D47.5*D13*3t	1
88	Foot cap (round)	D38x32	2
89	Reinforcing plate	R133*30*2T	6
90	Screw cover	D28*17 (M6)	14
91	Screw cover	D28*17 (M10)	131
92	Screw cover	D30*17(M12)	4
93	Bushing	D29*D10.2*D21.5*9T	2
94	Bushing	D20*D14*D10.2*20	2
95	Bushing	D20*D14*D10.2*27.5	2
96	Protective plate	179*37*3T	2
97	Square end cap	25*50	3
99	Flat washer	D25*D8.5*2T	2
101	Hex bolt	M10*1.5*95	4
104	Hex bolt	M10*1.5*50L	7
105	Hex bolt	M10*1.5*55L	6
106	Hex bolt	M10*1.5*60L	16
107	Hex bolt	M10*1.5*65L	6
108	Hex bolt	M10*1.5*70L	6
109	Hex bolt	M10*1.5*80	6
110	Hex bolt	M10*1.5*100L	8

111	Hex bolt	M10*1.5*75	1
112	Bolt	M12*1.75*251L	2
115	Hex bolt	M10*1.5*25	8
116	Hex bolt	M10*1.5*90	1
121	Domed nut	M8*1.25*15L,8.8	4
122	Bolt	M5*0.8*10L	4
124	Allen bolt	M8x1.25x15L,8.8	20
125	Hex bolt	M6*1*15L	14
131	Flat washer	D20*D11*2T	129
132	Flat washer	D24*D13.5*2.5T	4
134	Flat washer	D18*D8.5*1.2T	20
135	Flat washer	D14xD6.5x0.8t	26
140	Nylon nut	M6*1*6T	12
141	Nylon nut	M10*1.5*10T	64
142	Nylon nut	M12*1.75*12T	4
150	end cap(oval)	40*80*33	13
151	end cap(oval)	30*70*40	1
152	end cap(square)	25*50*14	2
153	end cap(square)	50*50*20	6
154	end cap(square)	45*45*16.5	1
155	end cap(square)	25*25*13L	5
156	end cap(round)	D1"*17	14
157	end cap(round)	D31.8*19L	4
158	end cap(round)	D50.8*15	4
159	end cap(round)	D60*14	1
160	end cap(round)	D1"x17.5	4
161	hollow end cap	30*30*130L	1
162	adjustable wheel	D59*M10*40L	8
163	foam	D23x4Tx195L	2
164	foam	D23*4T*127L	2
165	bushing	D20xD14x15.4	4
166	bushing	D29*D21.5*D10.2*7.5	4
167	bushing	D32*D16.2*12T	4
169	insert plug	50*100*125L	1
170	insert plug	D66*D52*100L	1
171	buffer	35*35*25	1
173	buffer	R23*35*35	2