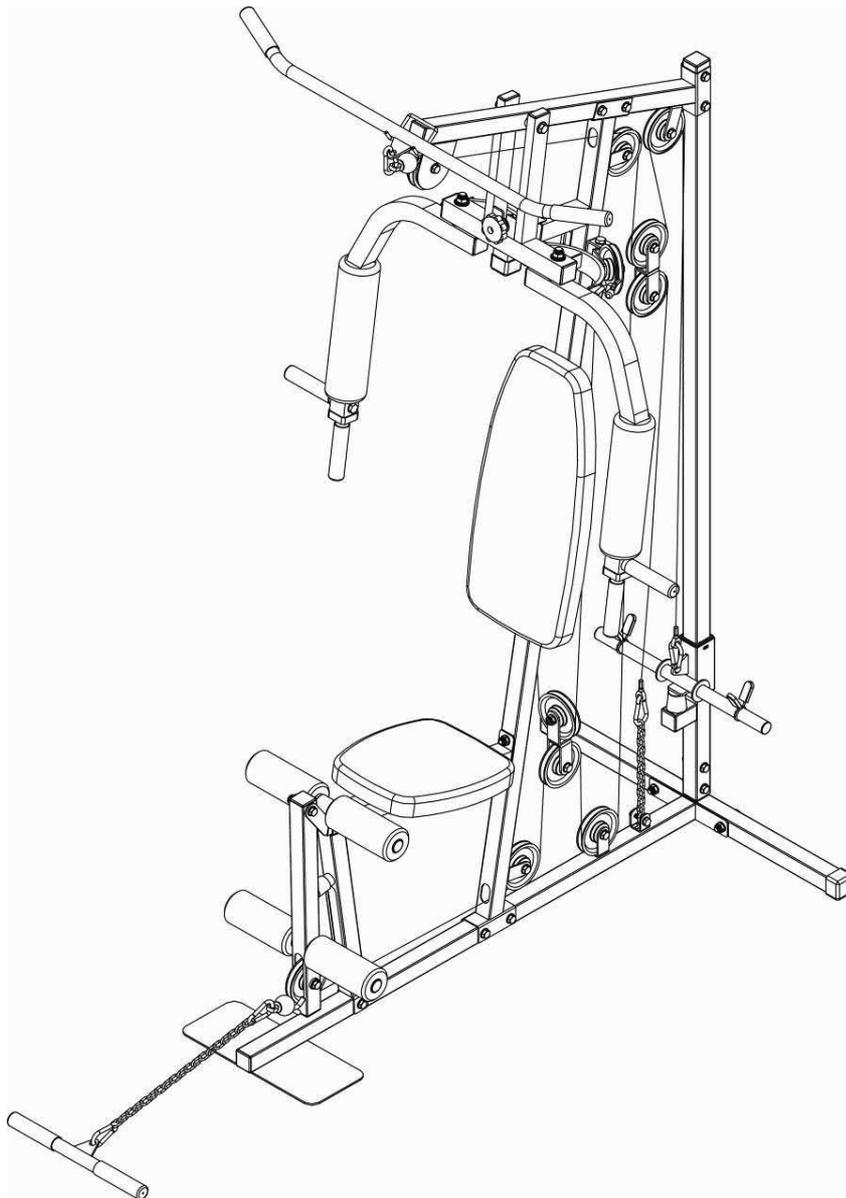
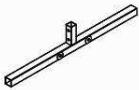
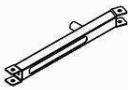
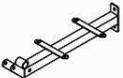
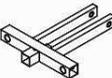
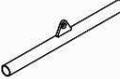
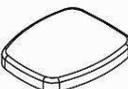
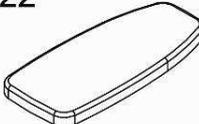
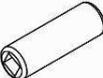




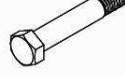
**USER MANUAL - EN**  
**IN 7185 Home gym inSPORTline Profigym N10**



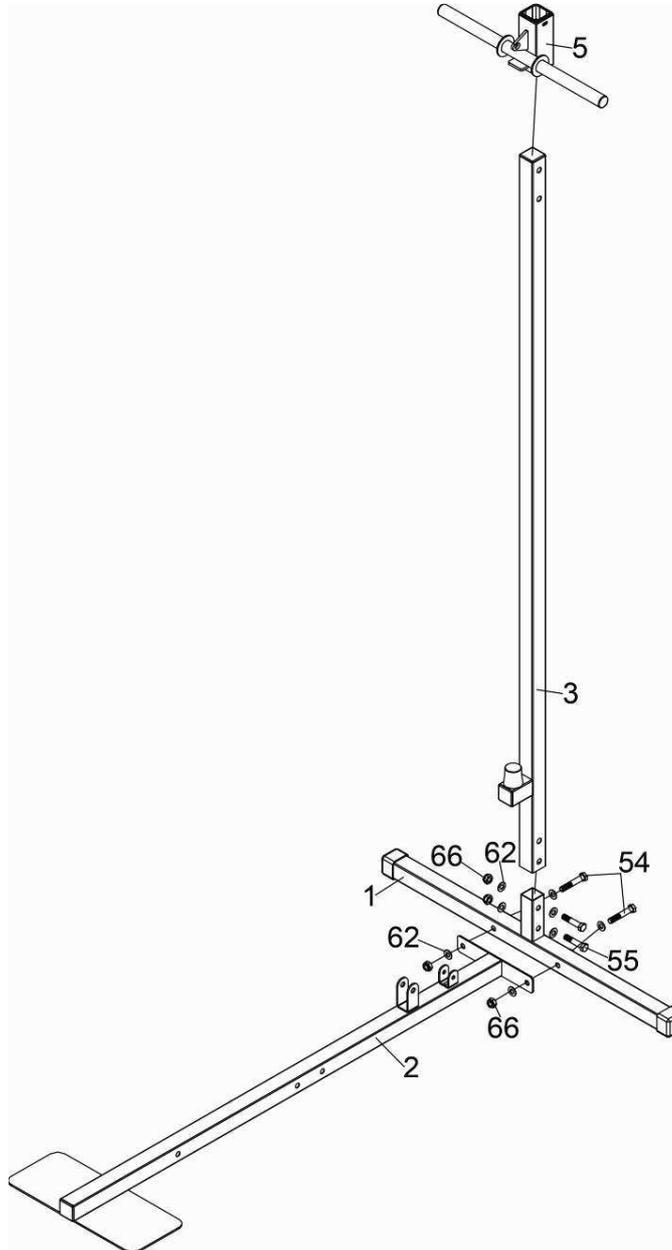
# PARTS LIST DRAWINGS

1  Rear Base Frame 1pc	2  Front Base Frame 1pc	3  Weight Guide Frame 1pc	4  Front Support Frame 1pc	5  Weight Plate Holder 1pc
6  Leg Extension Frame 1pc	7  Seat Base Frame 1pc	8  Support Frame 1pc	9  Upper Cross Beam 1pc	10  Press Bar 1pc
11  Left Butterfly Arm 1pc	12  Right Butterfly Arm 1pc	13  Pulley U 1pc	14  Single Pulley Block 2pcs	15  Reverse U 1pc
16  Lat Bar 1pc	17  Foam Tube 2pcs	18  Handle Tube 2pcs	19  Low Bar 1pc	20  Tobacco-pipe 1pc
21  Seat Cushion 1pc	22  Back Cushion 1pc	23  Leg Foam Roller 4pcs	24  Arm Foam Roller 2pcs	25  Pothook 5pcs
26  Pulley 12pcs	27  Upper Cable(short) 1pc	28  Butterfly Cable 1pc	29  Lower Cable(long) 1pc	30  Plum Blossom Nut 1pc
31  Oil Bushing (small) 2pcs	32  Oil Bushing (big) 4pcs	33  Bumper(long) 1pc	34  Bumper(short) 1pc	35  Spring Clip 2pcs
36  Ankle Strap 1pc	37  Short Chain 1pc	38  Long Chain 1pc	39  Plastic Bushing 2pcs	40  Middle-empty Plug (□50X□38) 2pcs

# PARTS LIST DRAWINGS

<p>41</p>  <p>28mm Round End Plug 2pcs</p>	<p>42</p>  <p>25mm Round End Plug 4pcs</p>	<p>43</p>  <p>Middle-empty Plug (□38Xφ26) 2pcs</p>	<p>44</p>  <p>38mm Square End Plug (small) 1pc</p>	<p>45</p>  <p>25mm Round Cap 1pc</p>
<p>46</p>  <p>Handle Grip 8pcs</p>	<p>47</p>  <p>38mm Square End Plug (big) 7pcs</p>	<p>48</p>  <p>40mm Square End Plug 2pcs</p>	<p>49</p>  <p>38mm Square Cap 3pcs</p>	<p>50</p>  <p>20X40mm Square End Plug 2pcs</p>
<p>51</p>  <p>Plastic Cover 2pcs</p>	<p>52</p>  <p>Hex Bolt M12X120mm 1pc</p>	<p>53</p>  <p>Hex Bolt M10X65mm 2pcs</p>	<p>54</p>  <p>Hex Bolt M10X60mm 14pcs</p>	<p>55</p>  <p>Hex Bolt M10X50mm 2pcs</p>
<p>56</p>  <p>Hex Bolt M10X45mm 11pcs</p>	<p>57</p>  <p>Hex Bolt M10X20mm 2pcs</p>	<p>58</p>  <p>Hex Bolt M8X50mm 2pcs</p>	<p>59</p>  <p>Hex Bolt M8X40mm 2pcs</p>	<p>60</p>  <p>Hex Bolt M8X15mm 4pcs</p>
<p>61</p>  <p>M12 Washer 4pcs</p>	<p>62</p>  <p>M10 Washer 60pcs</p>	<p>63</p>  <p>M8 Washer 10pcs</p>	<p>64</p>  <p>Washer ( φ 30Xφ 10 ) 1pc</p>	<p>65</p>  <p>M12 Nylon Nut 3pcs</p>
<p>66</p>  <p>M10 Nylon Nut 29pcs</p>	<p>67</p>  <p>M8 Nylon Nut 2pcs</p>			

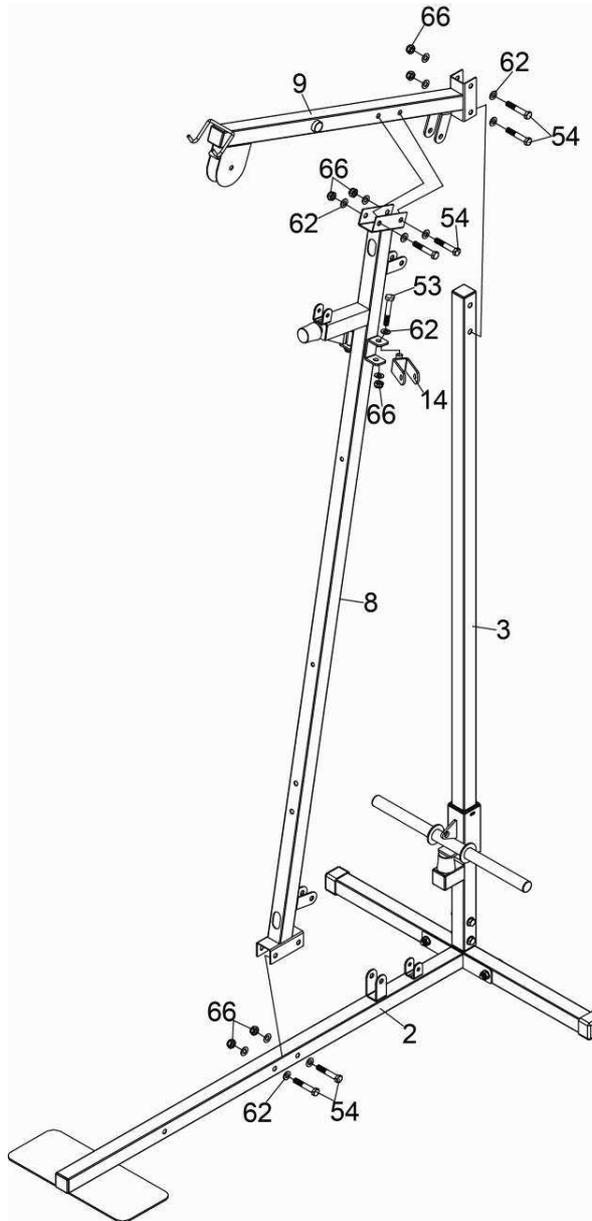
# ASSEMBLY INSTRUCTIONS



## STEP 1:

1. Attach the Front Base Frame (2) to the Rear Base Frame (1), using two M10X60mm Hex Bolts (54), four M10 Washers (62) and two M10 Nylon Nuts (66).
2. Attach the Weight Guide Frame (3) to the Rear Base Frame (1), using two M10X50mm Hex Bolts (55), four M10 Washers (62) and two M10 Nylon Nuts (66).
3. Slide the Weight Plate Holder (5) down the Weight Guide Frame (3).

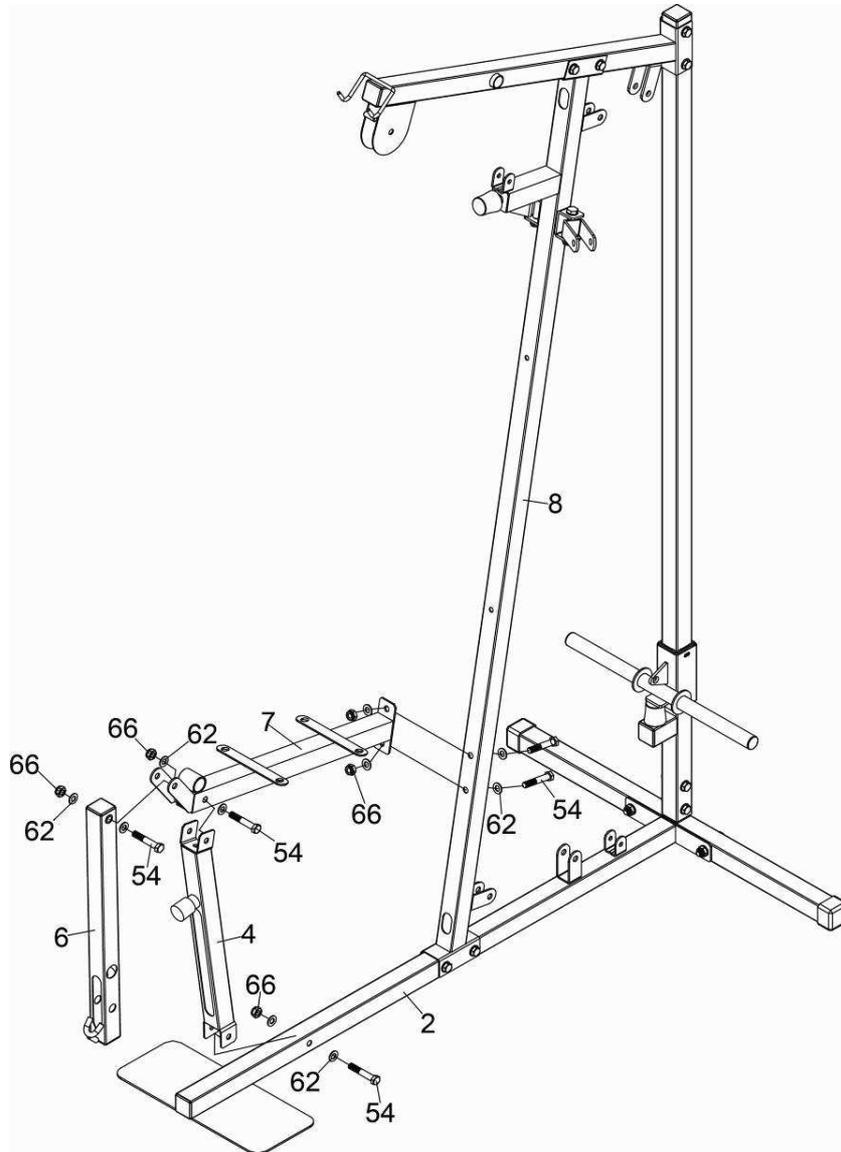
## ASSEMBLY INSTRUCTIONS



### STEP 2:

1. Attach the Support Frame (8) to the Front Base Frame (2), using two M10X60mm Hex Bolts (54), four M10 Washers (62) and two M10 Nylon Nuts (66).
2. Attach the Upper Cross Beam (9) to the Support Frame (8) and the Weight Guide Frame (3), using four M10X60mm Hex Bolts (54), eight M10 Washers (62) and four M10 Nylon Nuts (66).
3. Attach the two Single Pulley Blocks (14) to the Support Frame (8), using two M10X65mm Hex Bolts (53), four M10 Washers (62) and two M10 Nylon Nuts (66).

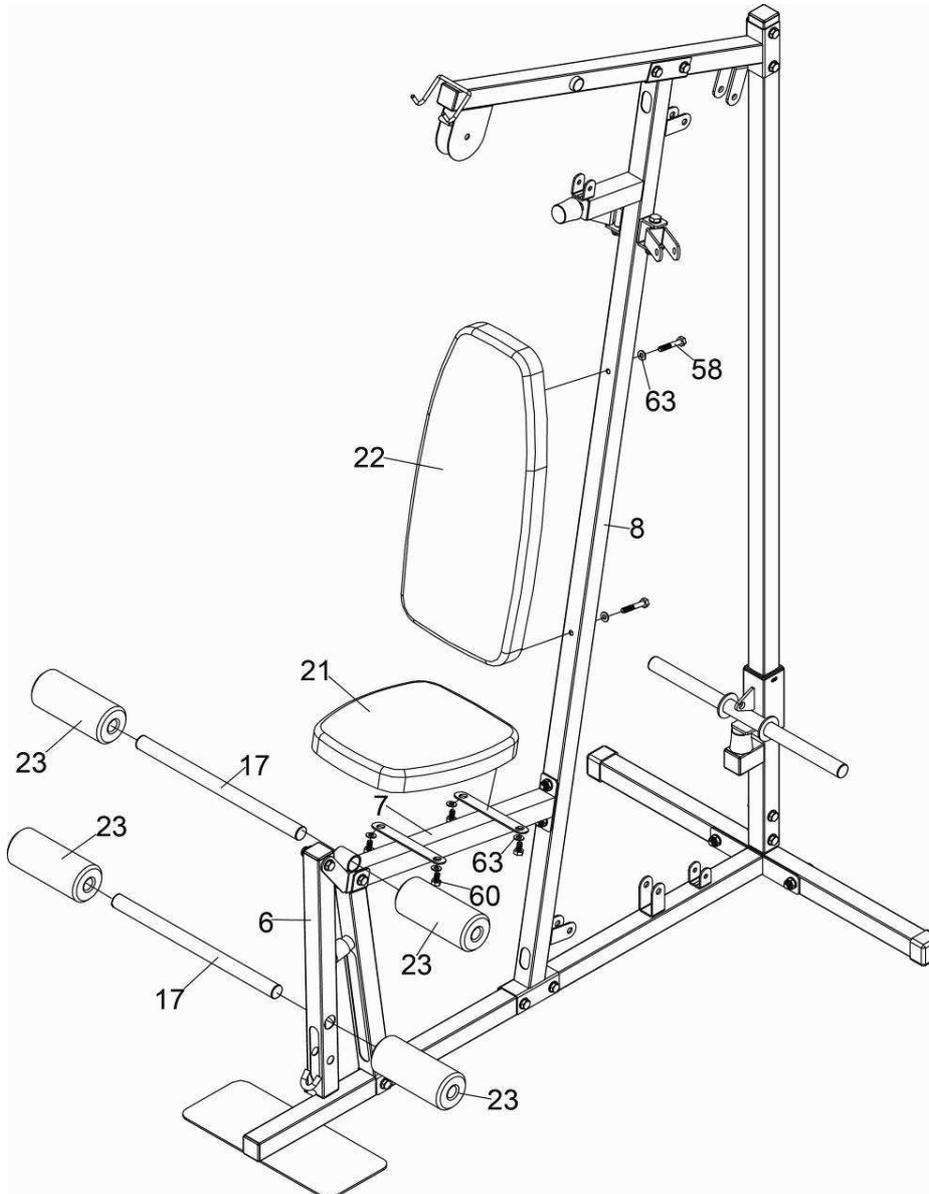
## ASSEMBLY INSTRUCTIONS



### STEP 3:

1. Attach the Front Support Frame (4) to the Front Base Frame (2), using one M10X60mm Hex Bolt (54), two M10 Washers (62) and one M10 Nylon Nut (66).
2. Attach the Seat Base Frame (7) to the Support Frame (8) and the Front Support Frame (4), using three M10X60mm Hex Bolts (54), six M10 Washers (62) and three M10 Nylon Nuts (66).
3. Attach the Leg Extension Frame (6) to the Seat Base Frame (7), using one M10X60mm Hex Bolt (54), two M10 Washers (62) and one M10 Nylon Nut (66).

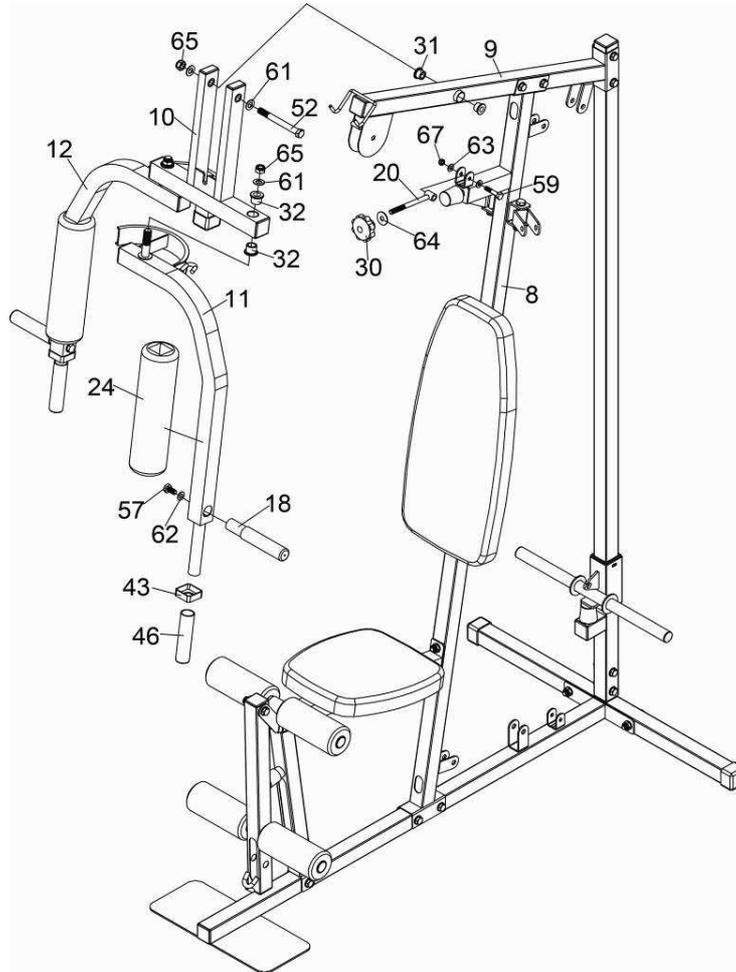
## ASSEMBLY INSTRUCTIONS



### STEP 4:

1. Attach the Back Cushion (22) to the Support Frame (8), using two M8X50mm Hex Bolts (58) and two M8 Washers (63).
2. Attach the Seat Cushion (21) to the Seat Base Frame (7), using four M8X15mm Hex Bolts (60) and four M8 Washers (63).
3. Insert the Foam Tube (17) into the Leg Extension Frame (6) and the Seat Base Frame (7), then slide the Leg Foam Roller (23) onto the Foam Tube (17).

## ASSEMBLY INSTRUCTIONS

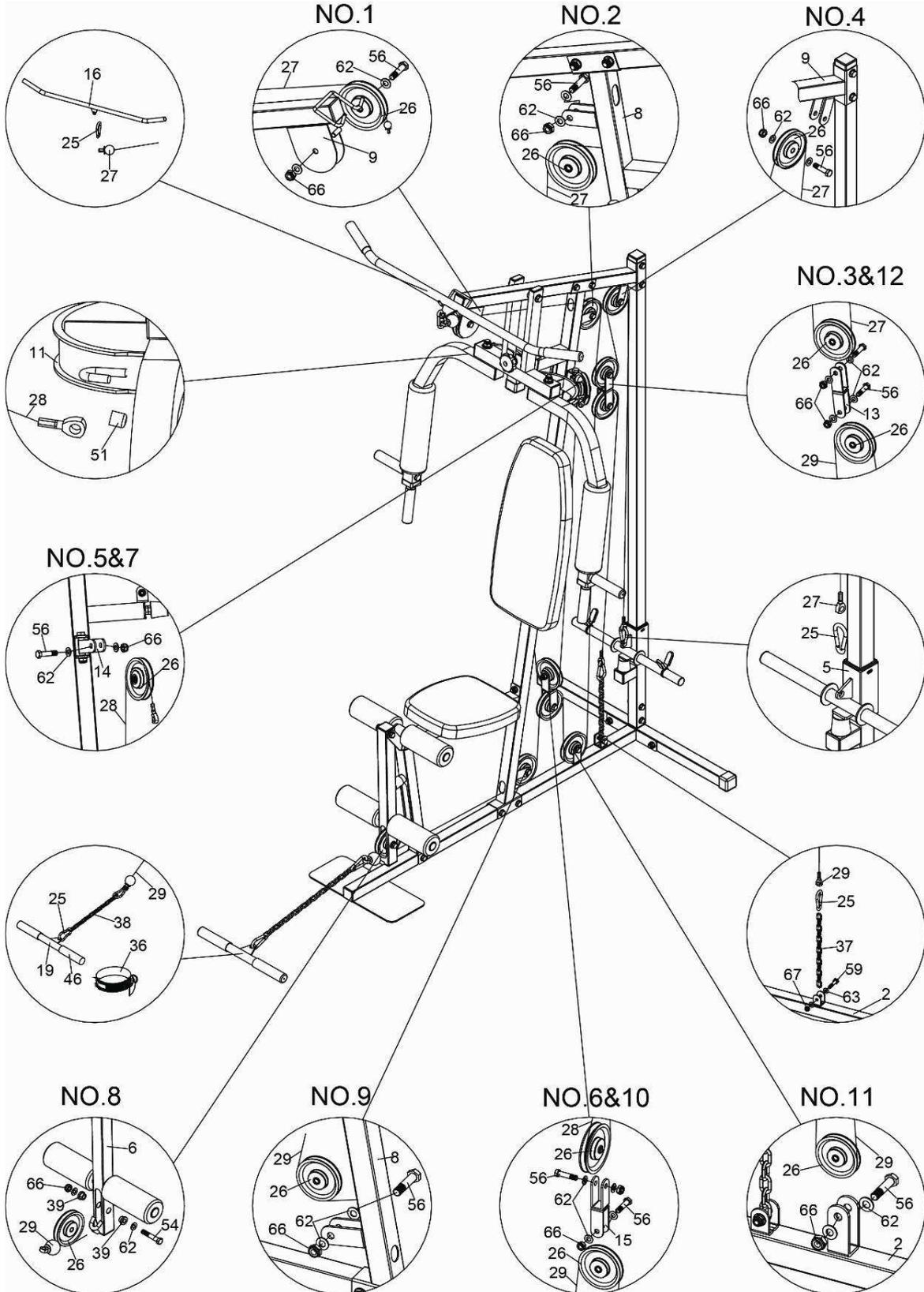


### STEP 5:

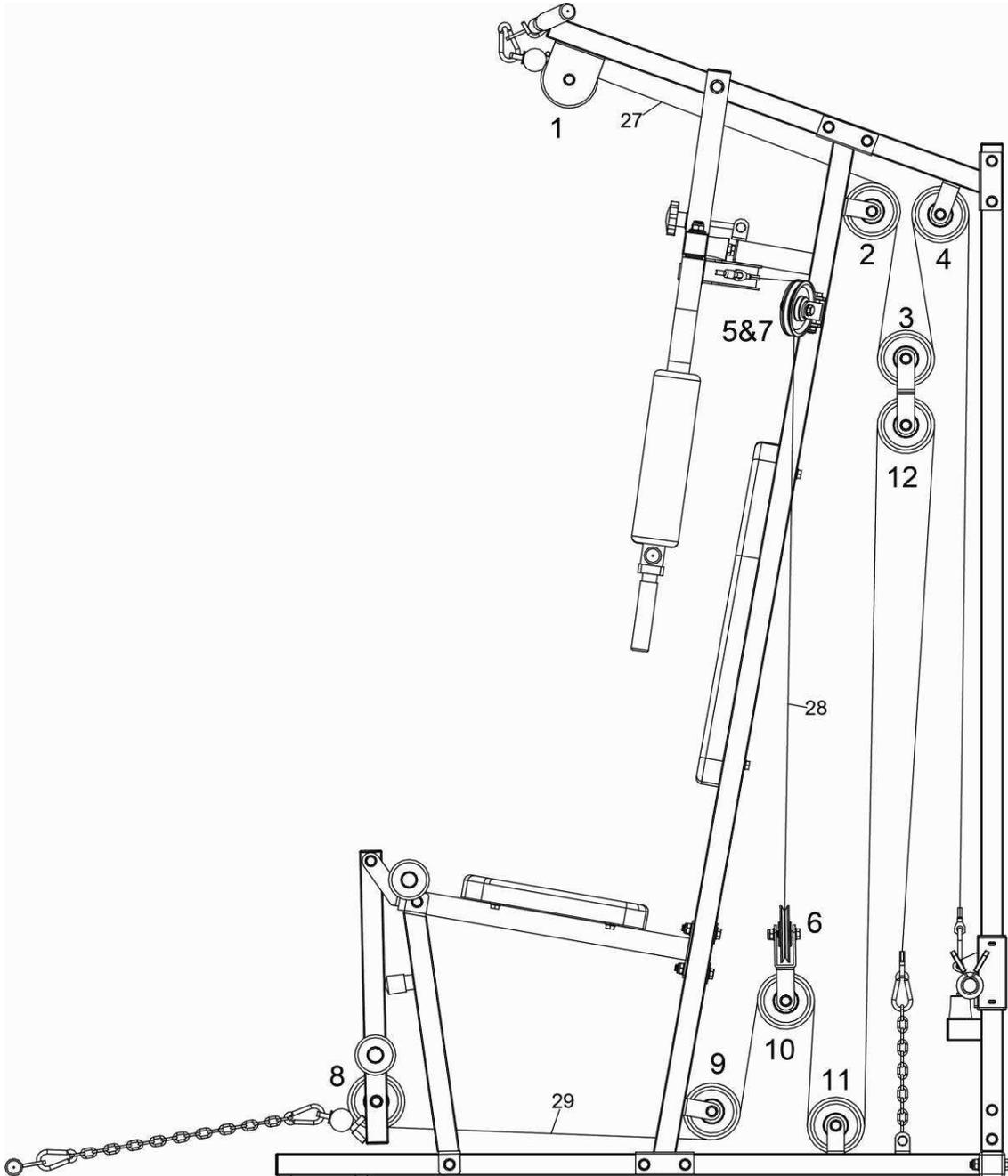
NOTE: Oil Bushing (small) (31) have been Pre-assembled into the Upper Cross Beam (9).

1. Attach the Press Bar (10) to the Upper Cross Beam (9), using one M12X120mm Hex Bolt (52), two M12 Washers (61) and one M12 Nylon Nut (65).
2. Remove two M12 Nylon Nut (65) and M12 Washer (61) from the Left Butterfly Arm (11) and the Right Butterfly Arm (12).
3. Tap the Oil Bushing (Big) (32) to the Press Bar (10).
4. Attach the Right Butterfly Arm (12) and the Left Butterfly Arm (11) to the Press Bar (10), using two M12 Washers (61) and two M12 Nylon Nuts (65).
5. Slide the Arm Foam Roller(24) onto the Right Butterfly Arm(12) and the Left Butterfly Arm (11).
6. Remove two M10X20mm Hex Bolts(57) and M10 Washers(62) from the Handle Tubes(18).
7. Attach the Handle Tubes (18) to the Right Butterfly Arm (12) and the Left Butterfly Arm (11), using two M10X20mm Hex Bolts (57) and two M10 Washers (62).
8. Slide two Middle-empty Plugs (□38Xϕ 26) (43) and two Handle Grips (46) to the Right Butterfly Arm (12) and the Left Butterfly Arm (11).
9. Attach the Tobacco-pipe (20) to the Support Frame (8), using one M8X40mm Hex Bolt (59), two M8 Washers (63) and one M8 Nylon Nut (67).
10. Slide the Washer (ϕ30Xϕ10)(64) and the Plum Blossom Nut(30) onto the Tobacco-pipe (20).

# ASSEMBLY INSTRUCTIONS



# ASSEMBLY INSTRUCTIONS



## ASSEMBLY INSTRUCTIONS

### STEP6:

1. Start with the Upper Cable (short) (27).
  - a.) With Upper Cable (27) in groove of Pulley (26) through Upper Cross Beam (9).
  - b.) Install Pulley NO.1 (26) to Upper Cross Beam (9), using one M10X45mm Hex Bolt (56), two M10 Washers (62) and one M10 Nylon Nut (66).
  - c.) Install Pulley No.2 (26) to Support Frame (8), using one M10X45mm Hex Bolt (56), two M10 Washers (62) and one M10 Nylon Nut (66).
  - d.) Install Pulley NO.4 (26) to Upper Cross Beam (9), using one M10X45mm Hex Bolt (56), two M10 Washers (62) and one M10 Nylon Nut (66).
  - e.) Attach the end of Upper Cable (27) to Weight Plate Holder (5), using one Pothook (25).
  - f.) Attach Lat Bar (16) to the other end of Upper Cable (27), using one Pothook (25).
  - g.) Install Pulley NO.3 (26) to Pulley U (13), using one M10X45mm Hex Bolt (56), two M10 Washers (62) and one M10 Nylon Nut (66).
  
2. Assembly the Butterfly Cable (28)
  - a.) Attach both ends of Cable (28) to Left Butterfly Arm (11) and Right Butterfly Arm (12), using two Plastic Covers (51).
  - b.) Install Pulley NO.5&7 (28) to Single Pulley Block (14), using two M10X45mm Hex Bolt (56), four M10 Washers (62) and two M10 Nylon Nuts (66).
  - c.) Install Pulley NO.6 (28) to Reverse U (15), using one M10X45mm Hex Bolt (56), two M10 Washers (62) and one M10 Nylon Nut (66).
  
3. Assembly the Lower Cable (long) (29).
  - a.) With the Lower Cable (long) (29) in groove of Pulley (26) through Leg Extension Frame (6).
  - b.) Install Pulley NO.8 (26) and two Plastic Bushing (39) to Leg Extension Frame (6), using one M10X60mm Hex Bolt (54), two M10 Washers (62) and one M10 Nylon Nut (66).
  - c.) Install Pulley NO.9 (26) to Support Frame (8), using one M10X45mm Hex Bolt (56), two M10 Washers (62) and one M10 Nylon Nut (66).
  - d.) Install Pulley NO.10 (26) to Reverse U (15), using one M10X45mm Hex Bolt (56), two M10 Washers (62) and one M10 Nylon Nut (66).
  - e.) Install Pulley NO.11 (26) to Front Base Frame (2), using one M10X45mm Hex Bolt (56), two M10 Washers (62) and one M10 Nylon Nut (66).
  - f.) Install Pulley NO.12 (26) to Pulley U (13), using one M10X45mm Hex Bolt (56), two M10 Washers (62) and one M10 Nylon Nut (66).
  - g.) Attach the end of Cable (29) to the Front Base Frame (2), using one M8X40mm Hex Bolt (59), two M8 Washers (63), one M8 Nylon Nut (67), the Short Chain (37) and one Pothook (25).
  - h.) Attach Low Bar (19) or Ankle Strap (36) to the other end of Lower Cable (long) (29), using two Pothooks (25) and one Long Chain (38).

# EXPLODED PARTS DIAGRAM

