



USER MANUAL – EN

**IN ... Electronic Body Fat / Hydration Scale inSPORTline
6169**



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Thank you for choosing our electronic body fat and hydration scale of our series products. To ensure proper operation and to maintain the life and accuracy of the scale, please read this user's guide carefully.

KEY FEATURES

- This product adopts advanced BIA (bioelectrical impedance Analysis) technology to measure body fat, hydration, muscle and bone percentage by sending a safe low-tension electric current through the body and the difference of electrical conductive property of body fat from other tissues is analyzed and processed by the CPU to get the body component percentage, then the results are displayed on the LCD screen to offer you reference.
- Also display BMI parameter, more reference data.
- Use high precision sensor to obtain more exact weight.
- Use high quality tempered glass and elegant support feet for sleek modern style.
- Personal data can be stored in the memory of the unit for up to 10 people. It is very convenient to use.
- Capacity: 2kg-150kg
- Division: 0.1kg
- Auto zero & Auto off
- Low battery and over load indication
- Free switch within three different units: kg/lb/st:lb
- Powered by 1X3V lithium cell and one free lithium battery CR2032 is packed in the box.

BUTTON OPERATION



SET key: power on, menu select and confirm

▲Key: Up

▼Key: Down

OPERATION

Open the battery cover on scale base, and install the batteries.



- Put the scale on hard flat floor. Make sure it level.
- Under the weighing condition, when the display show “0.0” you can press “▲”or “▼”to choose units (kg, st, lb).

TAKING WEIGHT, BODY FAT & HYDRATION PERCENTAGE READINGS

Weight only



1. Tap on scale gently, display will show “8888” then show “0.0” within 5 seconds.
2. Stand on the scale erectly and maintain your balance. Display will indicate your weight.
3. After weighing, the scale will be auto off further using.

Setting and storing personal data in memory

1. Set personal data

- 1.1. Press “set” key .Use “Up” or “Down” key to select your personal key form p0-p9. Once you reach the personal key you wish to use, Press “SET” to confirm.



- 1.2. Press “▲” or “▼” to choose “” Male or “” female, then press “SET” to conform



- 1.3. Press “▲” or “▼” to choose age (10-80), press “SET” to confirm.



- 1.4. Press “▲” or “▼” to choose height (100-225), “press “SET” to confirm.



- 1.5. Press “SET” to measure weight, body percentage. Hydration percentage after setting personal data.

2. Taking weight and body fat & hydration percentage readings.

- 2.1. When you use the scale, use your personal key .Press “SET” and “▲” or “▼” to select personal key .press “SET” key to confirm .scale will indicate “0.0”.



- 2.2. Stand bare foot on scale, maintain contact with electrodes.
- 2.3. Your weight will be display first .Continue to stand erectly percentage will appear on display ,after on display ,after flash “0000”



2.4. Body fat percentage normal ranges:

Body Fat Ranges for Standard Adults

Age	Female			
	Body fat percentage			
	Under fat	Healthy	Over fat	Obese
12-20	<18%	18-28%	28-33%	>33%
21-42	<20%	20-30%	30-35%	>35%
43-65	<21%	21-31%	31-36%	>36%
66-100	<22%	22-32%	32-37%	>37%

Age	Male			
	Body fat percentage			
	Under fat	Healthy	Over fat	Obese
12-20	<15%	15-21%	21-26%	>26%
21-42	<17%	17-23%	23-28%	>28%
43-65	<18%	18-24%	24-29%	>29%
66-100	<19%	19-25%	25-30%	>30%

2.5. Body hydration rate normal/ parameter

The comparison sheet of Hydration measured and hydration standard level

Age	Male	Female	Corresponding denotation	
<=30	60.0-60.5%	66.0-59.9%	Optimal Hydration	Weight scope of hydration: 37.8-66.0%
	60.4-57.1%	59.8-56.4%	Slight Dehydration	
	57.0-53.6%	56.3-53.0%	Moderate Dehydration	
	53.5-50.2%	52.9-48.6%	Dehydration	
	50.1-37.8%	48.5-37.8%	Severe Dehydration	
>30	66.0-59.1%	66.0-55.0%	Optimal Hydration	Hydration increment: 0.1%
	59.0-55.7%	54.9-51.6%	Slight Dehydration	
	55.6-52.3%	51.5-48.1%	Moderate Dehydration	
	52.2-48.8%	48.0-44.7%	Dehydration	
	48.7-37.8%	44.6-37.8%	Severe Dehydration	

Because of differences in geographic areas and locations, the body fat percentage standards and percentage standards can vary .This sheet is for reference only.

Please remember your personal key. You do not need to program personal key the next time you use scale. You can use the personal key you have already stored.

CAUTION

1. Personals with pacemakers should not use this product.
2. Personals with metal implants will be unable to obtain accurate readings.
3. To ensure accuracy, we suggest using scale at the same time every night (19:00-21:00).
4. “Lo” on scale display indicate that the battery is out of power. You should install a new one.

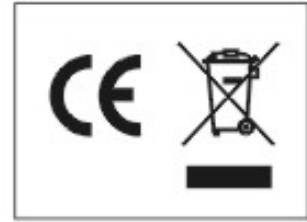


5. The “EEEE” on scale display indicates overload scale “Err2” display indicates fat percentage measurement error.
6. If body fat percentage is less than 5%, indicator displays “Err2” If more than 50% indicator displays “Err2” If impedance measuring makes an error, indicator will display “Err2”.



INTRODUCTION OF USING AND INSTALLING THE BATTERIES

- Use 2PCS CR2032 lithium batteries.
- When change the batteries, please open the battery cover on the back, and put 2PCS CR2032 lithium batteries in the battery case (make the positive poles towards), then close the battery cover tight.



NOTE

1. You should place scale on clear, flat surface before use.
2. Do not place scale on wet, severely hot or extremely cold surfaces.
3. Do not jump or stomp on scale. Do not attempt to disassemble the scale.
4. To avoid falling off scale, do not stand on the scale to avoid glass and electrode wear out.
5. Do not wear shoes when standing on the scale to avoid glass and electrode wear out.
6. Never submerge the unit in water. Use alcohol to clean the electrodes and glass cleaner to keep them shiny, applied to a cloth first; avoid soaps.
7. For home use only. Not for professional use. Body fat percentage and hydration percentage is reference only. You should consult a doctor when you undertake any diet or exercise program.
8. Check battery if scale malfunction. If necessary, install a new battery. For other problems, please contact your local franchiser or contact our company for repair.

TERMS AND CONDITIONS OF WARRANTY, WARRANTY CLAIMS

General Conditions of Warranty and Definition of Terms

All Warranty Conditions stated hereunder determine Warranty Coverage and Warranty Claim Procedure. Conditions of Warranty and Warranty Claims are governed by Act No. 40/1964 Coll. Civil Code, Act No. 513/1991 Coll., Commercial Code, and Act No. 634/1992 Coll., Consumer Protection Act, as amended, also in cases that are not specified by these Warranty rules.

The seller is SEVEN SPORT s.r.o. with its registered office in Borivojova Street 35/878, Prague 13000, Company Registration Number: 26847264, registered in the Trade Register at Regional Court in Prague, Section C, Insert No. 116888.

According to valid legal regulations it depends whether the Buyer is the End Customer or not.

“The Buyer who is the End Customer” or simply the “End Customer” is the legal entity that does not conclude and execute the Contract in order to run or promote his own trade or business activities.

“The Buyer who is not the End Customer” is a Businessman that buys Goods or uses services for the purpose of using the Goods or services for his own business activities. The Buyer conforms to the General Purchase Agreement and business conditions to the extent specified in the Commercial Code.

These Conditions of Warranty and Warranty Claims are an integral part of every Purchase Agreement made between the Seller and the Buyer. All Warranty Conditions are valid and binding, unless otherwise specified in the Purchase Agreement, in the Amendment to this Contract or in another written agreement.

Warranty Conditions

Warranty Period

The Seller provides the Buyer a 24 months Warranty for Goods Quality, unless otherwise specified in the Certificate of Warranty, Invoice, Bill of Delivery or other documents related to the Goods. The legal warranty period provided to the Consumer is not affected.

By the Warranty for Goods Quality, the Seller guarantees that the delivered Goods shall be, for a certain period of time, suitable for regular or contracted use, and that the Goods shall maintain its regular or contracted features.

The Warranty does not cover defects resulting from:

User's fault, i.e. product damage caused by unqualified repair work, improper assembly, insufficient insertion of seat post into frame, insufficient tightening of pedals and cranks

Improper maintenance

Mechanical damages

Regular use (e.g. wearing out of rubber and plastic parts, joints etc.)

Unavoidable event, natural disaster

Adjustments made by unqualified person

Improper maintenance, improper placement, damages caused by low or high temperature, water, inappropriate pressure, shocks, intentional changes in design or construction etc.

Warranty Claim Procedure

The Buyer is obliged to check the Goods delivered by the Seller immediately after taking the responsibility for the Goods and its damages, i.e. immediately after its delivery. The Buyer must check the Goods so that he discovers all the defects that can be discovered by such check.

When making a Warranty Claim the Buyer is obliged, on request of the Seller, to prove the purchase and validity of the claim by the Invoice or Bill of Delivery that includes the product's serial number, or eventually by the documents without the serial number. If the Buyer does not prove the validity of the Warranty Claim by these documents, the Seller has the right to reject the Warranty Claim.

If the Buyer gives notice of a defect that is not covered by the Warranty (e.g. in the case that the Warranty Conditions were not fulfilled or in the case of reporting the defect by mistake etc.), the Seller is eligible to require a compensation for all the costs arising from the repair. The cost shall be calculated according to the valid price list of services and transport costs.

If the Seller finds out (by testing) that the product is not damaged, the Warranty Claim is not accepted. The Seller reserves the right to claim a compensation for costs arising from the false Warranty Claim.

In case the Buyer makes a claim about the Goods that is legally covered by the Warranty provided by the Seller, the Seller shall fix the reported defects by means of repair or by the exchange of the damaged part or product for a new one. Based on the agreement of the Buyer, the Seller has the right to exchange the defected Goods for a fully compatible Goods of the same or better technical characteristics. The Seller is entitled to choose the form of the Warranty Claim Procedures described in this paragraph.

The Seller shall settle the Warranty Claim within 30 days after the delivery of the defective Goods, unless a longer period has been agreed upon. The day when the repaired or exchanged Goods is handed over to the Buyer is considered to be the day of the Warranty Claim settlement. When the Seller is not able to settle the Warranty Claim within the agreed period due to the specific nature of the Goods defect, he and the Buyer shall make an agreement about an alternative solution. In case such agreement is not made, the Seller is obliged to provide the Buyer with a financial compensation in the form of a refund.



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Date of Sale:

Stamp and Signature of Seller: