



USER MANUAL – EN
IN 5061 Pedometr inSPORTline Foot



CONTENTS

INTRODUCTION	3
USE	3
RECOMMENDED	3
ATTACHMENT.....	3
MODES.....	3
12/24 -time format (12/24HR)	4
TIME.....	4
IMPERIAL OR METRIC SYSTEM	4
STRIDE LENGTH	4
WEIGHT	4
TARGET GOAL	4
START	4
BATTERY EXCHANGE	5
MAINTENANCE	5
ENVIRONMENT PROTECTION	6
TERMS AND CONDITIONS OF WARRANTY, WARRANTY CLAIMS.....	6

INTRODUCTION

Thanks for purchasing this product. Measurement with this pedometer is very accurate. The large pedometer display allows you to display the time, the number of steps and other relevant data such as calories, distance, exercise timer. Computer memory allows data to be displayed about exercises in the previous seven days. Using USB, you can easily upload exercise information to your computer to monitor the development of physical fitness.

For proper use of the product, read this manual and save it if necessary.

USE

RECOMMENDED

- The pedometer should be perpendicular to the ground when used.
- Use shoes with a firm outsole.
- Try to maintain the same pace during exercise and walking.
- The pace of walking should not be too slow or irregular.
- Data recording may affect vertical vibration or pedestrian movement up and down (e.g. when driving by car).

ATTACHMENT

We recommend attaching the pedometer firmly to your pocket or hanging it on your neck. For the best measurement accuracy, read the following instructions for using a pedometer:

Attachment to clothes

- Attach the pedometer to the front pocket of your trousers.
- Do not attach the pedometer to the back pocket or shorts.
- To achieve the best measurement accuracy, attach the pedometer as firmly as possible to the clothes. By attaching the pedometer to the loose parts of clothing the undesirable shakes can cause inaccurate measurement.

Neck hanging

- Attach the string to the pedometer and hang it on your neck.
- Not suitable for running.

MODES

There are six available modes:

- Total Data mode
- Time mode
- Step mode
- ODO Step mode
- Distance mode
- Calories mode
- Exercise Timer mode
- For changing use MODE button

Standby mode

LCD display will turn off after 3 minutes of button or measurement inactivity. To turn on the display press any button.

Setting up before exercise

Before your first use, you need to set up your personal information.

You can setup your personal information in Step mode:

- Hold **SET** button for 2 seconds and setup your information in this order:
 - **12/24-time format (12/24HR display) – Time –Stride length –Target goal**

12/24 -time format (12/24HR)

Choose 12- or 24-hour format. With **MODE** button choose the format. Confirm with **SET** button.

TIME

With **RESET** button increase the value and with **MODE** button decrease the value. Confirm the hours with button and setup the minutes the same way.

IMPERIAL OR METRIC SYSTEM

Choose with **MODE** or **RESET**, confirm with **SET** button.

STRIDE LENGTH

To measure your stride length. Do 10 steps, count from thumbs and then divide by 10, example:

6,2 m (total distance) / 10 (number of steps) = 0,62 m (62cm).

You need to measure stride length for walking and running, for precise calculation it is recommended to do at least 50 steps.

With **RESET** button increase the value and with **MODE** button decrease the value. Press the mode button to confirm.

WEIGHT

With **RESET** button increase the value and with **MODE** button decrease the value. Press the mode button to confirm.

TARGET GOAL

In order to maintain good health and reduce the risk of chronic illness, we recommend 10,000 steps per day. To lose weight is recommended to do 12,000 – 15,000 steps. If you want to improve your fitness, we recommend doing at least 3,000 steps a day.

With **RESET** button increase the value and with **MODE** button decrease the value. Press the mode button to confirm.

The display shows % of target goal. The Walkthrough indicator flashes if you exceed the set value.

START

In order to avoid poor measurement, steps will be displayed on the display after the 10th step. This means that the display will begin to display a value from the 10th step after the start of the walk. Then, the number of steps will be displayed.

Use the **MODE** button to switch between modes:

- **Time mode** (display actual time)
- **Step mode** (number of steps during day. Hold RESET for 2 seconds to reset the number to default value)
- **ODO Step mode** (total steps done)

To turn on ODO go to MODE and enter ODOSTEP in upper part. Press SET and hold for 2 seconds, the function will turn on and you will see flashing ODO.

To turn off hold SET button for 2 seconds –ODO will stop flashing.

When setting up ODO you can reset all values by holding RESET button for 2 seconds. The value will not be reseted if you hold the RESET button in these modes: step mode, distance and burned calories.

DISPLAY:

- **Distance mode**
- **Calories mode**
- **Exercise Time**
- **Total data mode** (all data are saved, if you hold RESET button for 2 seconds to reset to default values, you will see STEPS, DISTANCE TRAVELED, CALORIES and EXERCISE TIME cycle the data by pressing SET button)

BATTERY EXCHANGE

- Using a screwdriver, unscrew the battery cover at the back.
- Remove the used battery and insert CR2032 – 3V battery. Place the side of the battery with the positive pole (+) upwards.
- Place back the cover.

MAINTENANCE

- Do not attempt to disassemble or repair the pedometer.
- Do not expose the electronic module to high temperatures, long-term direct sunlight and protect it from impact.
- The product can be cleaned with a damp cloth, if necessary, soap can be used to remove dirt. Do not use aggressive chemicals such as gasoline, cleaning solvents, acetone, alcohol, insect repellents may damage the pedometer.
- Store the stopwatch in a dry place.
- Keep the pedometer away from children.
- If the child swallows the battery, the battery cap, or the screw, seek immediate medical help.
- When operating a pedometer, it must be protected against vibrations, magnetic fields, electric waves.
- Do not bend or fold upside down with the pedometer.
- When running, the pedometer should not be hanging on the neck.
- Be careful not to drop the pedometer or stick to it.
- Do not insert the pedometer into the back pocket of your pants or shorts.
- Do not clean the pedometer with water and do not touch with wet hands.

ENVIRONMENT PROTECTION

After the product lifespan expired or if the possible repairing is uneconomic, dispose it according to the local laws and environmentally friendly in the nearest scrapyard.

By proper disposal you will protect the environment and natural sources. Moreover, you can help protect human health. If you are not sure in correct disposing, ask local authorities to avoid law violation or sanctions.

Don't put the batteries among house waste but hand them in to the recycling place.

TERMS AND CONDITIONS OF WARRANTY, WARRANTY CLAIMS

General Conditions of Warranty and Definition of Terms

All Warranty Conditions stated hereunder determine Warranty Coverage and Warranty Claim Procedure. Conditions of Warranty and Warranty Claims are governed by Act No. 89/2012 Coll. Civil Code, and Act No. 634/1992 Coll., Consumer Protection, as amended, also in cases that are not specified by these Warranty rules.

The seller is SEVEN SPORT s.r.o. with its registered office in Borivojova Street 35/878, Prague 13000, Company Registration Number: 26847264, registered in the Trade Register at Regional Court in Prague, Section C, Insert No. 116888.

According to valid legal regulations it depends whether the Buyer is the End Customer or not.

"The Buyer who is the End Customer" or simply the "End Customer" is the legal entity that does not conclude and execute the Contract in order to run or promote his own trade or business activities.

"The Buyer who is not the End Customer" is a Businessman that buys Goods or uses services for the purpose of using the Goods or services for his own business activities. The Buyer conforms to the General Purchase Agreement and business conditions.

These Conditions of Warranty and Warranty Claims are an integral part of every Purchase Agreement made between the Seller and the Buyer. All Warranty Conditions are valid and binding, unless otherwise specified in the Purchase Agreement, in the Amendment to this Contract or in another written agreement.

Warranty Conditions

Warranty Period

The Seller provides the Buyer a 24 months Warranty for Goods Quality, unless otherwise specified in the Certificate of Warranty, Invoice, Bill of Delivery or other documents related to the Goods. The legal warranty period provided to the Consumer is not affected.

By the Warranty for Goods Quality, the Seller guarantees that the delivered Goods shall be, for a certain period of time, suitable for regular or contracted use, and that the Goods shall maintain its regular or contracted features.

The Warranty does not cover defects resulting from (if applicable):

- User's fault, i.e. product damage caused by unqualified repair work, improper assembly, insufficient insertion of seat post into frame, insufficient tightening of pedals and cranks
- Improper maintenance
- Mechanical damages
- Regular use (e.g. wearing out of rubber and plastic parts, moving mechanisms, joints etc.)
- Unavoidable event, natural disaster
- Adjustments made by unqualified person
- Improper maintenance, improper placement, damages caused by low or high temperature, water, inappropriate pressure, shocks, intentional changes in design or construction etc.

Warranty Claim Procedure

The Buyer is obliged to check the Goods delivered by the Seller immediately after taking the responsibility for the Goods and its damages, i.e. immediately after its delivery. The Buyer must check the Goods so that he discovers all the defects that can be discovered by such check.

When making a Warranty Claim the Buyer is obliged, on request of the Seller, to prove the purchase and validity of the claim by the Invoice or Bill of Delivery that includes the product's serial number, or eventually by the documents without the serial number. If the Buyer does not prove the validity of the Warranty Claim by these documents, the Seller has the right to reject the Warranty Claim.

If the Buyer gives notice of a defect that is not covered by the Warranty (e.g. in the case that the Warranty Conditions were not fulfilled or in the case of reporting the defect by mistake etc.), the Seller is eligible to require a compensation for all the costs arising from the repair. The cost shall be calculated according to the valid price list of services and transport costs.

If the Seller finds out (by testing) that the product is not damaged, the Warranty Claim is not accepted. The Seller reserves the right to claim a compensation for costs arising from the false Warranty Claim.

In case the Buyer makes a claim about the Goods that is legally covered by the Warranty provided by the Seller, the Seller shall fix the reported defects by means of repair or by the exchange of the damaged part or product for a new one. Based on the agreement of the Buyer, the Seller has the right to exchange the defected Goods for a fully compatible Goods of the same or better technical characteristics. The Seller is entitled to choose the form of the Warranty Claim Procedures described in this paragraph.

The Seller shall settle the Warranty Claim within 30 days after the delivery of the defective Goods, unless a longer period has been agreed upon. The day when the repaired or exchanged Goods is handed over to the Buyer is considered to be the day of the Warranty Claim settlement. When the Seller is not able to settle the Warranty Claim within the agreed period due to the specific nature of the Goods defect, he and the Buyer shall make an agreement about an alternative solution. In case such agreement is not made, the Seller is obliged to provide the Buyer with a financial compensation in the form of a refund.



SEVEN SPORT s.r.o.

Registered Office:

Headquarters:

Warranty & Service Centre:

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VAT ID:

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Date of Sale:

Stamp and Signature of Seller: