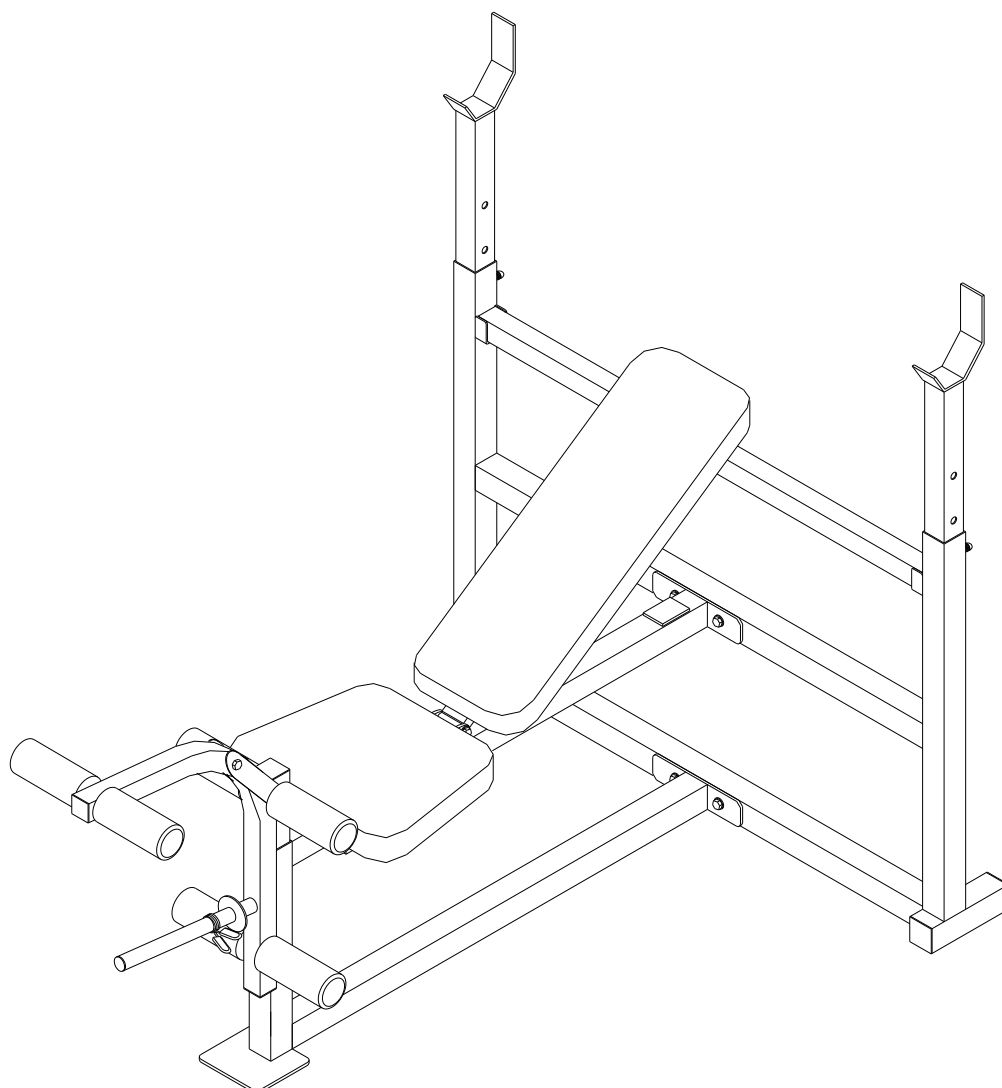


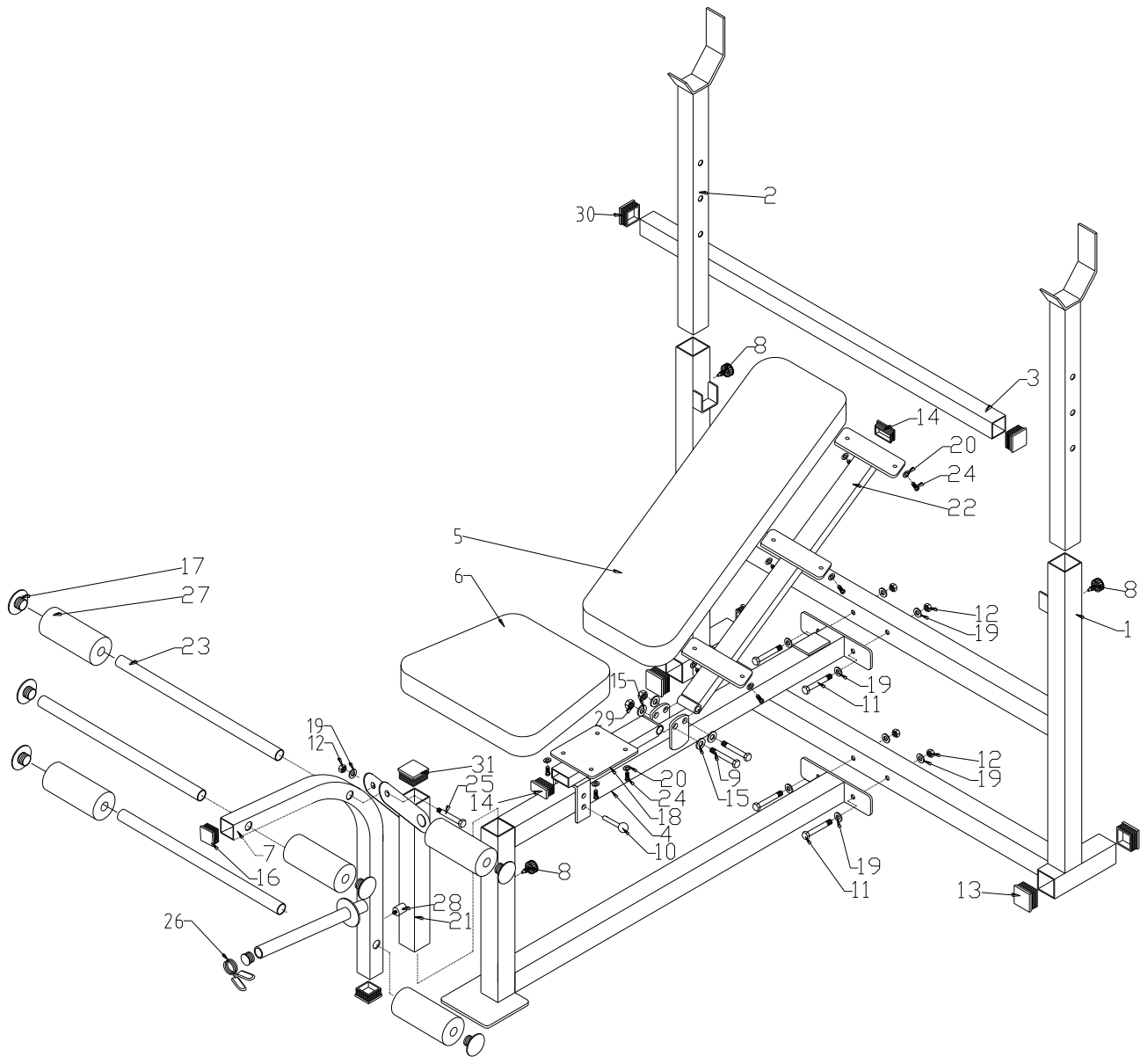


User Manual – ENG

IN 468 inSPORTline Bench

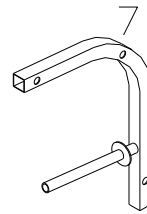
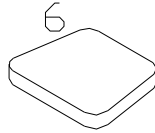
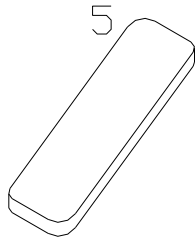
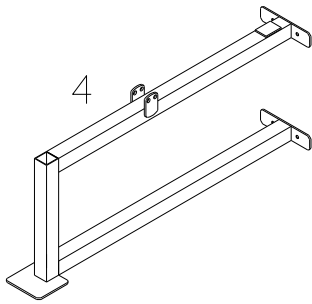
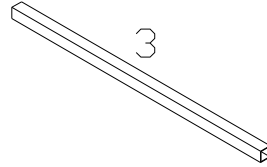
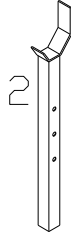
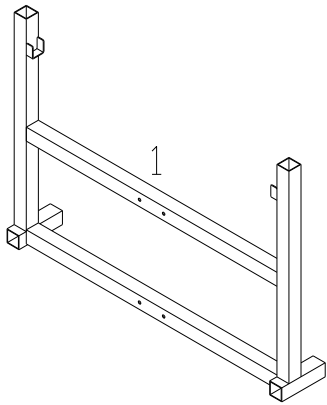


EXPLOSIVE PICTURE



PART LIST

NO.	DESCRIPTION	Q'TY	NO.	DESCRIPTION	Q'TY
1	Weight column frame	1	17	Round cap D25.4xD65x31	6
2	Weight column	1	18	Seat support	1
3	Weight column arm	1	19	Flat washer D20xD11x2T	9
4	Seat frame	1	20	Flat washer D14xD6.5x0.8T	10
5	Backrest	1	21	Leg extension yoke	1
6	Seat	1	22	Backrest support	1
7	Leg extension	1	23	Leg pad tube	3
8	Pull pin	3	24	Bolt M6x25L	10
9	Bolt M12x80L	2	25	Bolt M8x75L	1
10	Pin D9.5x80L	1	26	Spring clamp D25.4x90	1
11	Bolt M10x70L	4	27	Foam	6
12	Nut M10	5	28	Round cap D25.4x17.5	1
13	Foot cap 50x50x18.5	4	29	Nut M12	2
14	Square cap 25x50x14	2	30	Square cap 38x38	2
15	Flat washer D24xD13.5x2.5T	4	31	Square cap 44x44	1
16	Square cap 45x45x17	2			



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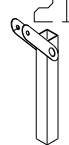
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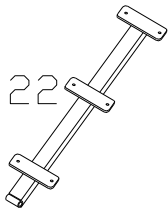
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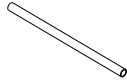
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STEP 1

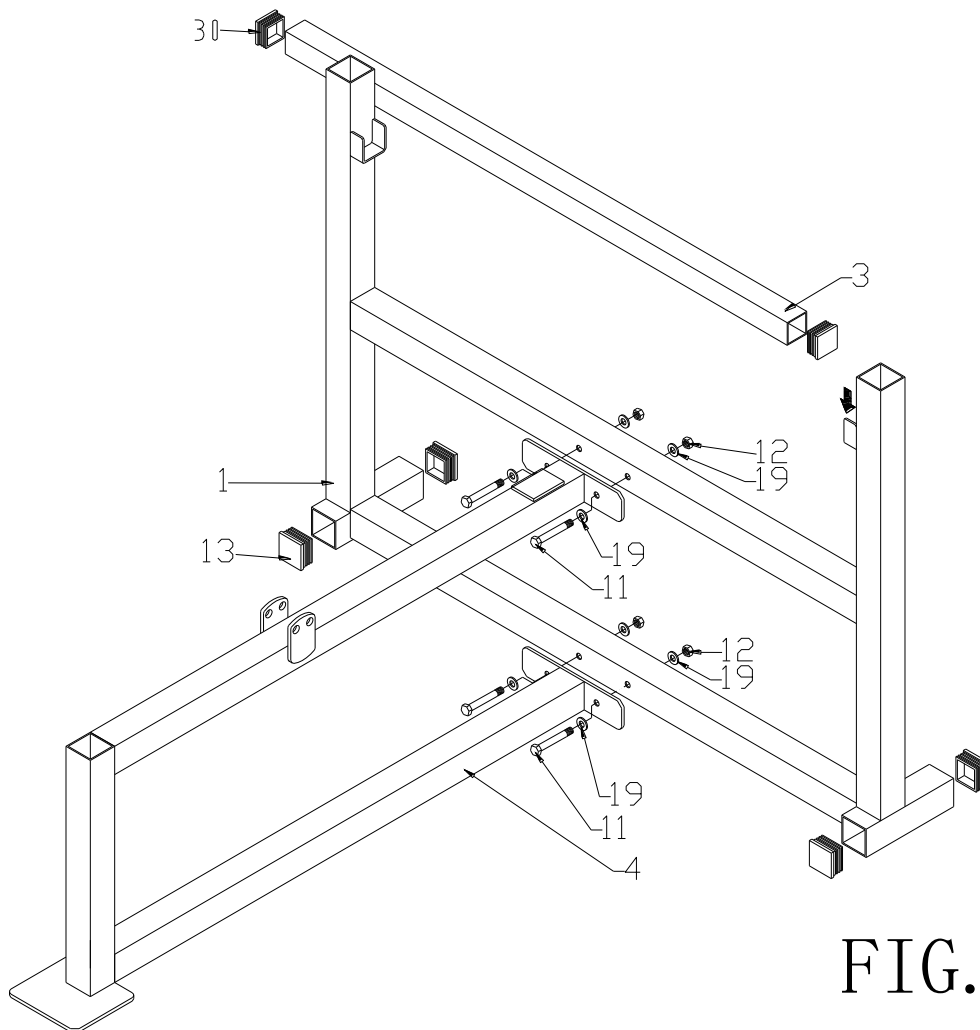


FIG. 1

- 1) Put the foot cap (13) into the weight column frame (1).
- 2) Fix the seat frame (4) to the weight column frame by the bolt (11), the flat washer (19) and the nut (12).
- 3) Assemble the weight column arm (3) to the weight column frame (1) and put the square cap(30) into the weight column arm (3).

STEP 2

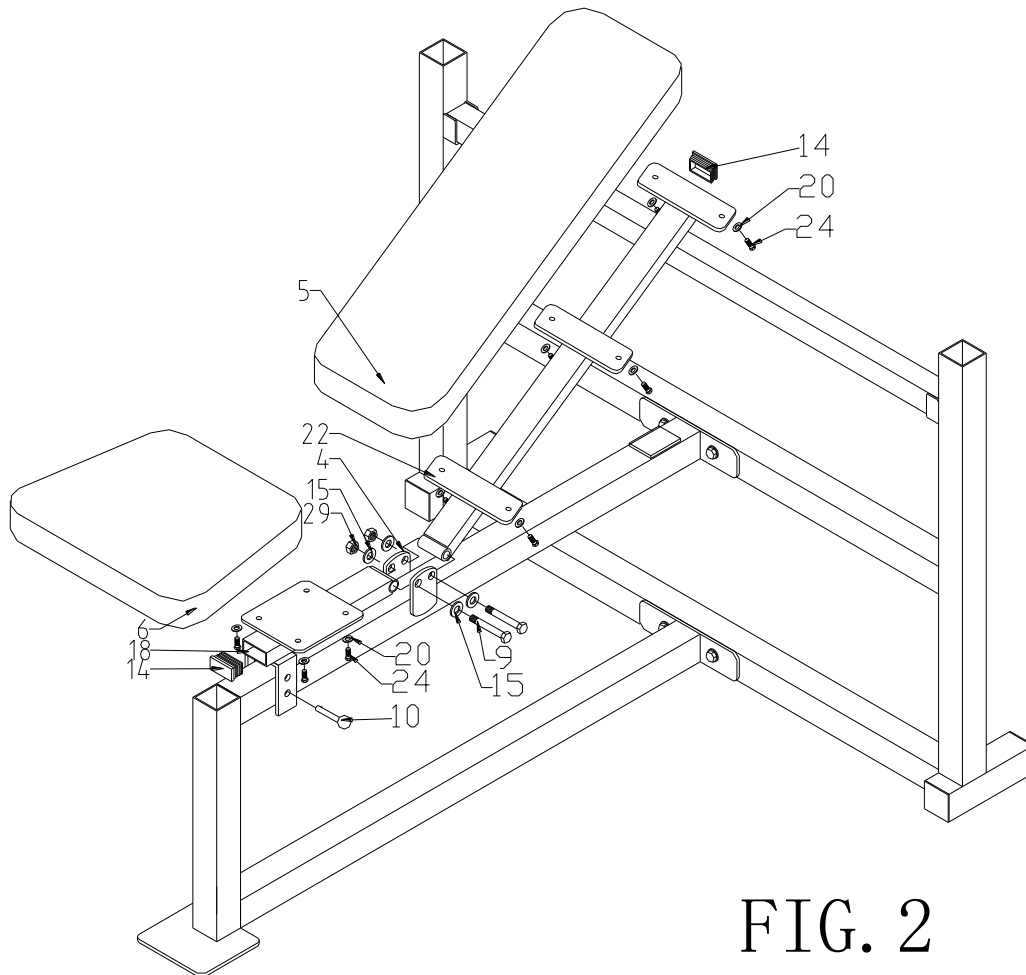


FIG. 2

- 1) Assemble the backrest (5) to the backrest support (22) with the flat washer (20) and the bolt (24), put the square cap (14) into the backrest support (22).
- 2) Assemble the backrest support (22) and the seat frame (4) by bolt (9), the flat washer (15) and the nut (29).
- 3) Put the square cap (14) into the seat support (18), fix the seat (6) to the seat support (18) by the flat washer (20) and the bolt (24), then fix the seat support (18) to the seat frame (4) with the pin (10).

STEP 3

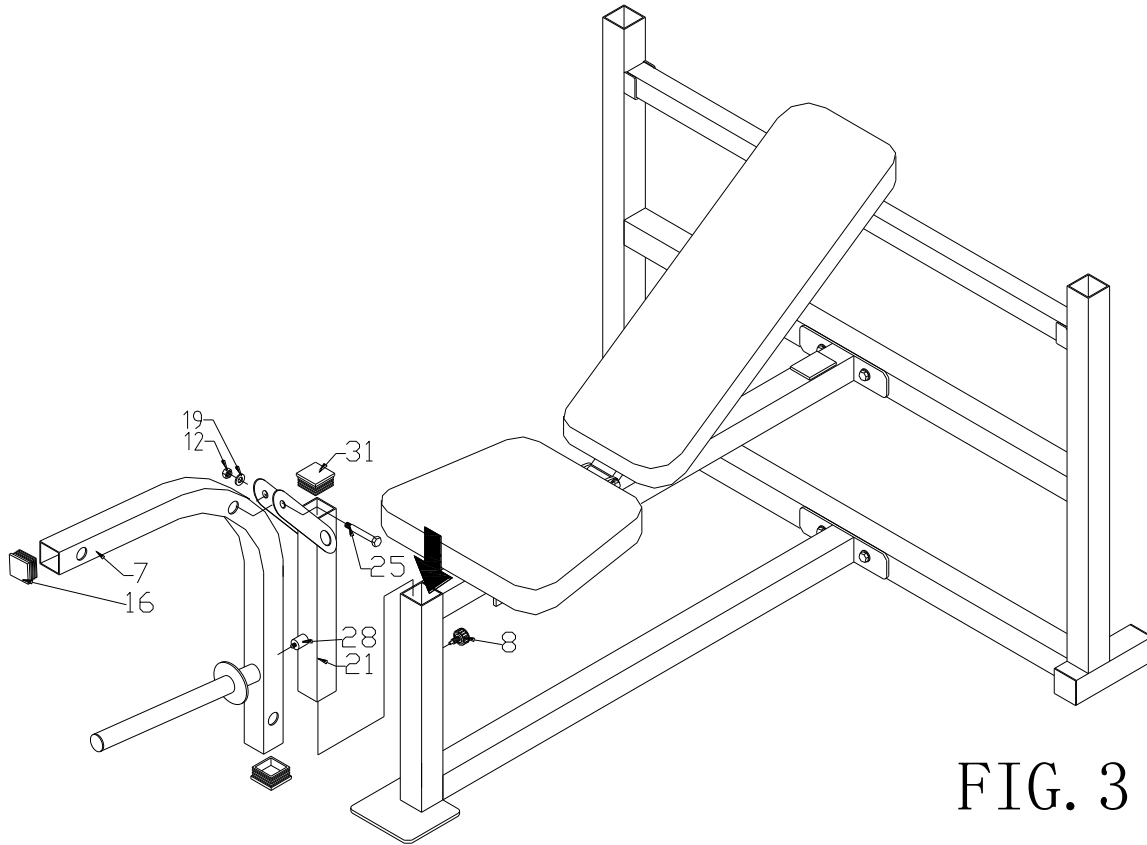


FIG. 3

- 1) Put the leg extension yoke(21)into the seat frame (4).
- 2) Assemble the leg extension (7) to the leg extension yoke (21) by the bolt (25), the flat washer (19) ,the nut (12)and the cap (28).
- 3) Put the square cap (16) into the leg extension (7) ,the square cap (31) into the leg extension yoke (21), fix the pull pin (8).

STEP4

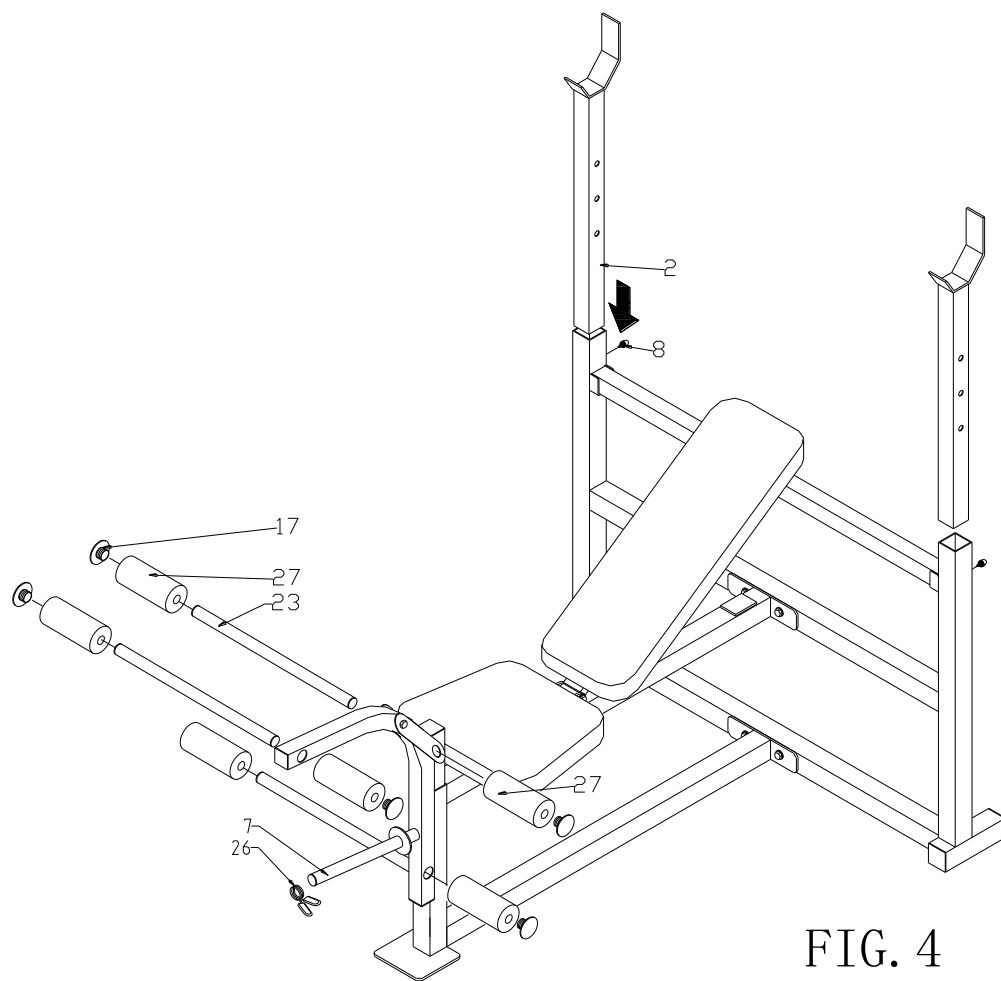


FIG. 4

- 1) Assemble the foam (27), the leg pad tube (23) and the leg extension (7).
- 2) Fix the spring clamp (26) to the leg extension (7).
- 3) Put the weight column (2) into the weight column frame (1), and then fix the pull pin (8).