



USER MANUAL – EN

IN 27008-2, 27008-3 Vibration platform inSPORTline Maviro



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SevenSport s.r.o. reserves the right to make any changes and improvements to its product without prior notice. Visit our website www.insportline.eu where you will find the latest version of the manual.

SAFETY INSTRUCTIONS

- Read the manual carefully before first use and keep it for future reference.
- Follow all warnings and instructions including assembly instructions. Use the device only for intended purposes.
- Follow assembly instructions. Inform all users about proper use and safety instructions. Assembly can be done by adult person.
- Keep the device away from kids and pets. Do not leave kids and pets near device unattended- Assembly can be carried out by adult person.
- Consult your physician before use. This is important if you have health issues or are undergoing any healing program affecting heart function, blood pressure or cholesterol.
- Always follow your body signals. If you feel pain or other complications (chest pressure, irregular heartbeat, shortness of breath or nausea), stop exercising immediately. Improper exercise can result in serious health complications or injury.
- Place the device on a flat, clean, and dry surface and keep a safety distance of at least 0.6 m from other objects. You can use a mat to protect the floor.
- Wear appropriate sports clothing, including sports shoes. Do not wear loose clothing.
- Do not use outdoors.
- Before each use, check the product for damage or wear. Regularly check all bolts and nuts. Tighten them if necessary. Never use a damaged or worn product.
- Do not use the product if sharp edges appear.
- Do not use the trainer if it makes unusual noises.
- No adjustable part may prohibit or restrict the user's movement. Only one person can use the product at a time.
- The trainer is not intended for therapeutic purposes.
- Be especially careful not to injure your back while lifting and carrying the device. Use only the recommended procedure and ask another adult for help.
- Do not make unapproved modifications to the product. In case of repair, contact a professional service.
- Category: H for home use
- Weight limit: 120 kg

WARNING: Not following instructions can lead to serious injury.

PACKING LIST

Vibrating platform



Power cable



Expanders



Controller

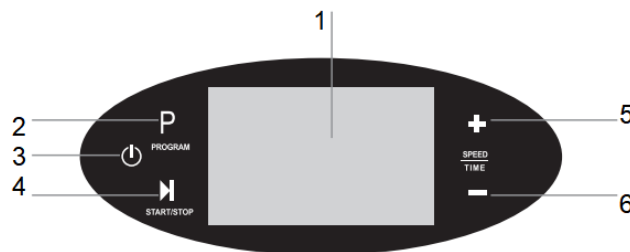


USE

Place the vibrating platform on a flat and firm surface. The platform should be at least 1 meter away from equipment emitting radio waves such as televisions, radios and players.

Plug in the power cord. After connecting, press the power button.

CONTROL PANEL



- | | |
|--|-----------------------|
| 1. Time, program and vibration intensity display | 4. Vibration |
| 2. Program | 5. Time / intensity + |
| 3. Power button | 6. Time / Intensity – |

Make sure the device is plugged in before starting.

The default time setting is 10 min. After 10 minutes, the program is automatically suspended.

Preset programs

There are 5 programs P1 – P5 to choose from.

Once you start the program, the vibration intensity and time cannot be adjusted.

- **Program P1 – Warm-up:** starts at a low intensity, vibrations gradually increase, decreasing again towards the end. Ideal for warming up and heating up muscles.
- **Program P2 – Interval:** alternates between low and high intensity, regular workload changes, suitable for fat burning and fitness training.
- **Program P3 – Strengthening:** gradual increase in intensity, features stronger vibrations, intended for strengthening full-body muscles.

- **Program P4 – Endurance:** intensity increases smoothly, highest workload in the second part of the program, suitable for improving fitness and stamina.
- **Program P5 – Combined:** alternation of medium and higher intensity, dynamic progression, ideal for a comprehensive full-body workout.

Manual program

You can set the time from 1 to 10 min. Once the time is set, it cannot be changed during operation.

You can adjust the vibration intensity.

Playing music

USB drive

Plug in the USB drive, the MP3 files will start playing automatically. You can then control the music with the controller.

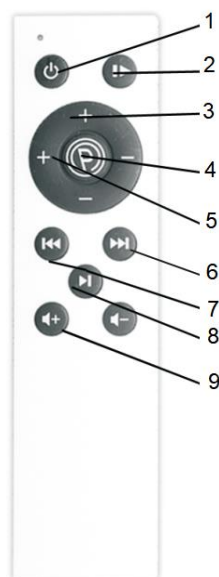
Connecting with Bluetooth

Search for the ZZKJ device on your phone. Pair your phone with the vibrating platform. You can then use your phone or remote to play music and adjust the volume.

SPECIFICATIONS

Tension	220 V, 50/60 Hz
Performance	200 W
Opening hours	10 min
Frequency	0-9 mm
Carrying capacity	120 kg

CONTROLLER



1. Power button
2. Start / stop
3. Intensity - increase / decrease
4. Automatic program
5. Time +/-
6. Another song
7. Previous track
8. Start / pause
9. Volume + / -

ATTACHMENT OF RESISTANCE EXPANDERS



If necessary, you can hook carabiners with resistance rubbers to the eyelets.

EXAMPLES OF EXERCISES



MAINTENANCE

- Keep away from water and fire.
- After use, wipe all parts with a dry cloth.
- Unplug after use.

ENVIRONMENT PROTECTION

After the product lifespan expired or if the possible repairing is uneconomic, dispose it according to the local laws and environmentally friendly in the nearest scrapyard.

By proper disposal you will protect the environment and natural sources. Moreover, you can help protect human health. If you are not sure in correct disposing, ask local authorities to avoid law violation or sanctions.

Don't put the batteries among house waste but hand them in to the recycling place.

TERMS AND CONDITIONS OF WARRANTY, WARRANTY CLAIMS

General Conditions of Warranty and Definition of Terms

All Warranty Conditions stated here under determine Warranty Coverage and Warranty Claim Procedure. Conditions of Warranty and Warranty Claims are governed by Act No. 89/2012 Coll. Civil Code, and Act No. 634/1992 Coll., Consumer Protection, as amended, also in cases that are not specified by these Warranty rules.

The seller is SEVEN SPORT s.r.o. with its registered office in Strakonická street 1151/2c, Prague 150 00, Company Registration Number: 26847264, registered in the Trade Register at Regional Court in Prague, Section C, Insert No. 116888.

According to valid legal regulations it depends whether the Buyer is the End Customer or not.

"The Buyer who is the End Customer" or simply the "End Customer" is the legal entity that does not conclude and execute the Contract in order to run or promote his own trade or business activities.

"The Buyer who is not the End Customer" is a Businessman that buys Goods or uses services for the purpose of using the Goods or services for his own business activities. The Buyer conforms to the General Purchase Agreement and business conditions.

These Conditions of Warranty and Warranty Claims are an integral part of every Purchase Agreement made between the Seller and the Buyer. All Warranty Conditions are valid and binding, unless otherwise specified in the Purchase Agreement, in the Amendment to this Contract or in another written agreement.

Warranty Conditions

Warranty Period

The Seller provides the Buyer a 24 months Warranty for Goods Quality, unless otherwise specified in the Certificate of Warranty, Invoice, Bill of Delivery or other documents related to the Goods. The legal warranty period provided to the Consumer is not affected.

By the Warranty for Goods Quality, the Seller guarantees that the delivered Goods shall be, for a certain period of time, suitable for regular or contracted use, and that the Goods shall maintain its regular or contracted features.

Batteries

6-month battery warranty – we guarantee that battery's nominal capacity does not fall below 70% of its total capacity within 6 months of the product's sale.

The Warranty does not cover defects resulting from (if applicable):

- User's fault, i.e. product damage caused by unqualified repair work, improper assembly, insufficient insertion of seat post into frame, insufficient tightening of pedals and cranks
- Improper maintenance
- Mechanical damages
- Regular use (e.g. wearing out of rubber and plastic parts, moving mechanisms, joints, wear of brake pads/blocks, chain, tires, cassette/multi wheel etc.)
- Unavoidable event, natural disaster

- Adjustments made by unqualified person
- Improper maintenance, improper placement, damages caused by low or high temperature, water, inappropriate pressure, shocks, intentional changes in design or construction etc.

Warranty Claim Procedure

The Buyer is obliged to check the Goods delivered by the Seller immediately after taking the responsibility for the Goods and its damages, i.e. immediately after its delivery. The Buyer must check the Goods so that he discovers all the defects that can be discovered by such check.

When making a Warranty Claim the Buyer is obliged, on request of the Seller, to prove the purchase and validity of the claim by the Invoice or Bill of Delivery that includes the product's serial number, or eventually by the documents without the serial number. If the Buyer does not prove the validity of the Warranty Claim by these documents, the Seller has the right to reject the Warranty Claim.

If the Buyer gives notice of a defect that is not covered by the Warranty (e.g. in the case that the Warranty Conditions were not fulfilled or in the case of reporting the defect by mistake etc.), the Seller is eligible to require a compensation for all the costs arising from the repair. The cost shall be calculated according to the valid price list of services and transport costs.

If the Seller finds out (by testing) that the product is not damaged, the Warranty Claim is not accepted. The Seller reserves the right to claim a compensation for costs arising from the false Warranty Claim.

In case the Buyer makes a claim about the Goods that is legally covered by the Warranty provided by the Seller, the Seller shall fix the reported defects by means of repair or by the exchange of the damaged part or product for a new one. Based on the agreement of the Buyer, the Seller has the right to exchange the defected Goods for a fully compatible Goods of the same or better technical characteristics. The Seller is entitled to choose the form of the Warranty Claim Procedures described in this paragraph.

The Seller shall settle the Warranty Claim within 30 days after the delivery of the defective Goods, unless a longer period has been agreed upon. The day when the repaired or exchanged Goods is handed over to the Buyer is considered to be the day of the Warranty Claim settlement. When the Seller is not able to settle the Warranty Claim within the agreed period due to the specific nature of the Goods defect, he and the Buyer shall make an agreement about an alternative solution. In case such agreement is not made, the Seller is obliged to provide the Buyer with a financial compensation in the form of a refund.

CZ SEVEN SPORT s.r.o.

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About shipping

