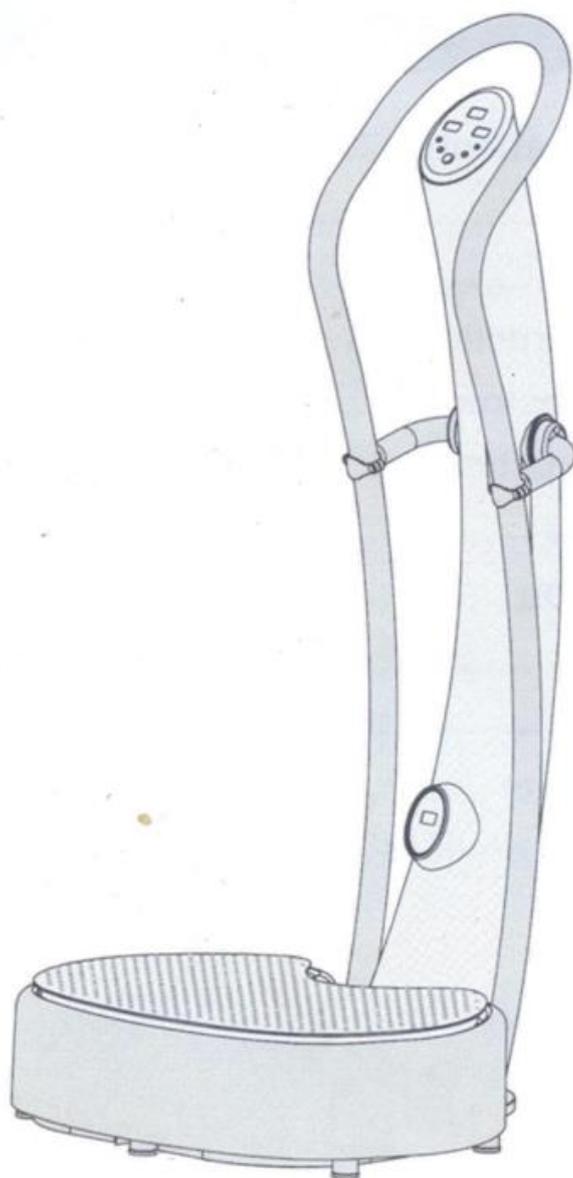




**USER MANUAL – EN**  
**IN 2165 Vibration Machine inSPORTline Lotos**



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Thanks for you purchase our machine of HIGH POWER FITNESS. Please read this manual carefully before using it, especially the notice of safety, in order to use this product in right way. Please kindly keep the manual so that you can read it in necessary.

## **GENERAL SAFETY ATTENTION**

- Keep the foil bag out of the reach of children, because the Plastic bag may cause suffocation to your kids.
- Check whether the product remains in good condition and make sure no damages have occurred onto the machine before you use it for the first time. In case of damages, the machine cannot be used. Please return it to your vendor.
- Massager is only for personal and indoor use, the machine is not intended for commercial use.
- The dealer is not responsible for any damages caused by inappropriate treatment or conscious damages.
- Never pull the plug by the cable.
- Massager is NOT suitable to be used by children.
- Do not jump on the plate or the machine, this may damage the machine.
- In case of visible damage, do not use the machine anymore. Unplug the machine and contact a technician. It may cause electric shock.
- Never try to repair the damages by yourself, but consult your vendor or it's customer service centre.
- After each use, the machine must be switched off and unplugged.
- Switch off the machine and disconnect the power supply before you clean the machine.
- If you use the item on a carpet, please make sure that the ventilation holes will not be covered.
- You need to do some warming-up exercises before you start using the machine.
- Increase speed intensity and duration of exercises gradually.
- Only one person is allowed to use the machine at one time.
- Pregnant woman **MUST NOT** use this machine.
- Stop using the machine immediately if you feel uncomfortable or dizzy. Consult your doctor immediately when you feel: sick, experience pain in joints or other locations, aches abnormal heartbeat rate or any other abnormal symptoms.
- If you have not done any sport for a long time or if you have a heart problem, circulatory disturbances or orthopedic problems, you should first consult your doctor before you use this machine.
- Please keep massager dry and away from water and make sure the electric parts do not get wet.
- Clean massager with a moist cloth and non-chemical detergents.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- Children should be supervised to ensure that they do not play with the appliance.
- If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid a hazard.

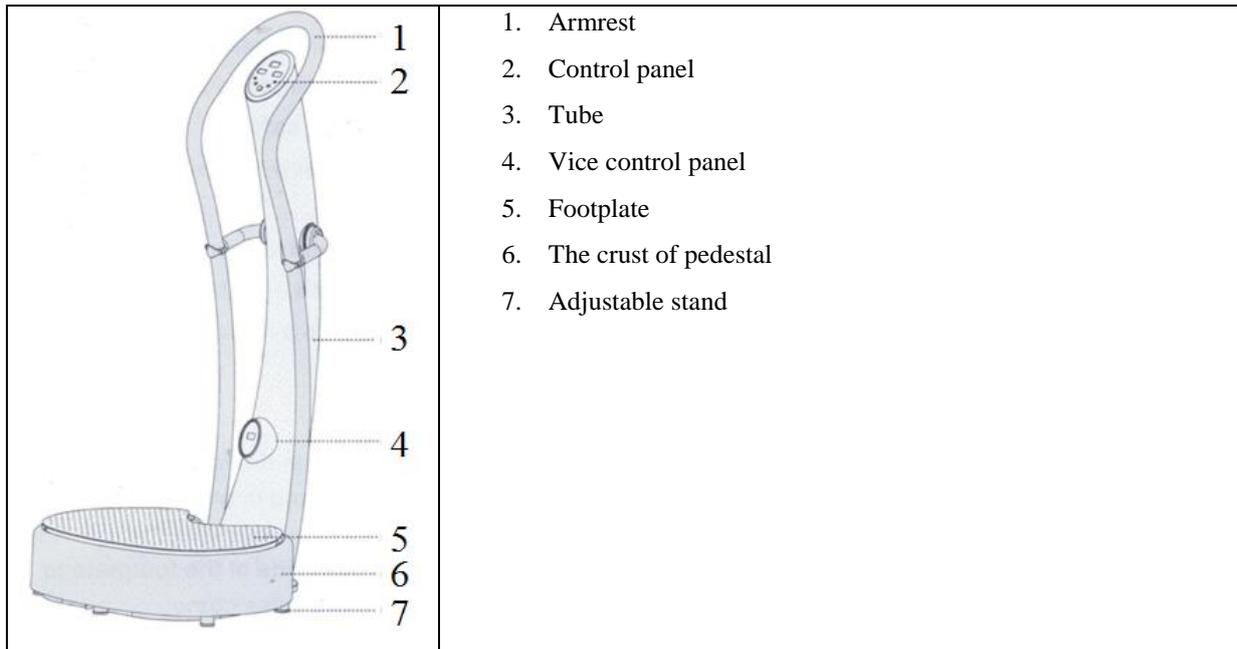
## **WARNING!**

- It's dangerous to disassemble the machine yourself.
- It's dangerous to put your hand into the inter space of footplate.
- Don't put the gravity on one side of the footplate to avoid machine damage and noise come.

## UNFIT USERS

1. If you have trauma, please don't use the machine.
2. Sick is unfit for using this machine.,
3. Child must not use this machine alone.
4. Pregnant and menses women are not fit for using this machine.

## PARTS NAME

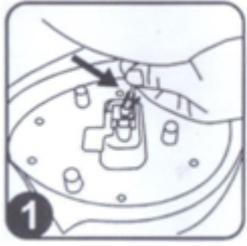
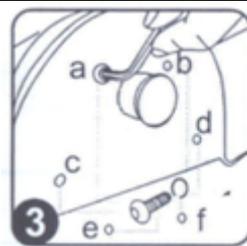
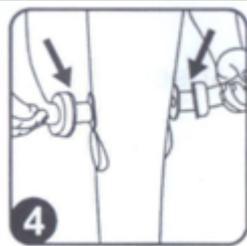
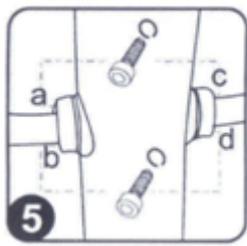


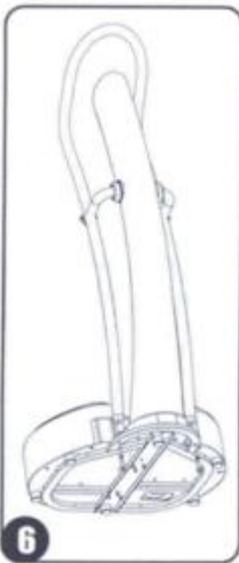
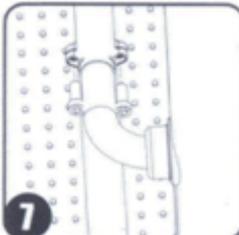
## INSTALLATION / ASSEMBLY

### HARDWARE AND TOOLS

	M5 spanner 1pc		M10 gaskets 2pcs
	M8 spanner 1pc		M8x25 screws 6pcs
	M10x30 screws 2pcs		M6x20 screws 4pcs
	M6x10 screws 4pcs		M6 gaskets 4pcs

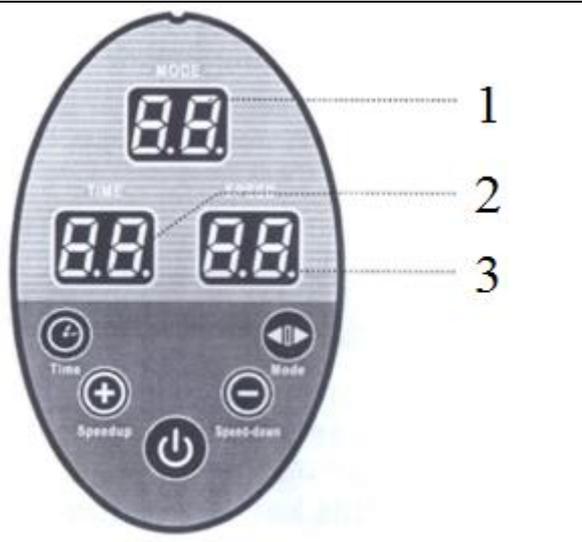
## ASSEMBLY STEPS

 <p>1</p>	<p>1. Connect the signal line with the base.</p>
 <p>2</p>	<p>2. Put the tube into the base.</p>
 <p>3</p>	<p>3. Fix the 6 M8x25 screws and the gaskets on the bottom of the machine.</p>
 <p>4</p>	<p>4. Put the handle on the tube.</p>
 <p>5</p>	<p>5. Then fix it with 4 M6x20 screws and the gaskets.</p>

	<p>6. Then fix it with 2 M10x30 screws and the gaskets.</p>
	<p>7. Then fix it with 4 M6x10 screws.</p>

Your machine is now ready for use.

## CONTROL PANEL

	<ol style="list-style-type: none"> <li>1. It's used to display the Mode</li> <li>2. It's used to display the Time</li> <li>3. It's used to display the Speed</li> </ol>
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## KEYS

 <b>ON/OFF</b>	<p>Turn on electrical source, press this key, the machine begin works, press this key again, turn off the machine.</p>
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 <b>MODE</b>	Four different modes, it switches among 88, P1, P2, P3. 88 is manual mode, this function could adjust speed and time by hand. P1, P2, P3 are automatic modes, when you select these three modes, speed and time will run by automatic program. Then, the timing key and speed knob has no effect.
 <b>TIME</b>	Press this key, it could adjust the time. Each press adds one minute, it will return 1 minute after 10 minute.
 <b>SPEED UP</b>	Press this key to quicken the speed.
 <b>SPEED DOWN</b>	Press this key to slower the speed.

## OPERATION INSTRUCTIONS

1. Connect power supply and press the switch on which is on the behind of the under cover, then the machine at the wait stage. Press  key, the machine begins to work, press this key again, the machine return wait stage.
2. Please refer to the control panel instruction to operate the key press.
3. If you adopt stand pose to use this machine, please stand up the machine before switch on.
4. If you adopt another pose to use this machine, it's better to invite another people helping you to operate the key press, or adopt stand pose first, then change the pose.
5. For you safety and healthy, please don't use the machine overrun 20 minutes every time, to avoid your body couldn't bear excessive exercise.

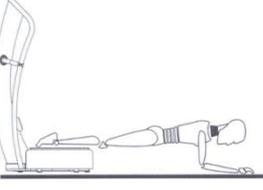
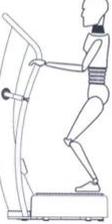
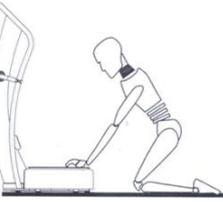
## DISPLAY WINDOW

- **Speed:** It's including 2, 4, 6, ..., 30, 32 (initial value is 2)
- **Time:** From 1 minute to 10 minutes (initial value is 10 minutes)
- **Mode:** 88, P1, P2, P3 (initial value is 88)

## MODES

	<b>MANUAL MODE</b> The speed can adjust between 1, 2, 3, ..., 25, 26, ..., 48, 49, 50 by users under this mode.
	<b>P1 AUTOMATIC MODE</b> The speed changes circularly as 2, 6, 10, ..., 42, 46, 50, 46, 42, ..., 10, 6 with 0.5 second interval between each speed.
	<b>P2 AUTOMATIC MODE</b> The speed changes circularly as 2, 6, 10, ..., 42, 46, 50, 46, 42, ..., 10, 6 with 5 seconds interval between each speed.
	<b>P3 AUTOMATIC MODE</b> The speed changes circularly as 10, 20, 30, 40, 50, 40, 30, 20 with 5 seconds interval between each speed.

## EXERCISES

	<p><b>UPRIGHT MASSAGE</b></p> <p>Standing on the massager plate with holding armrests by hands, stay upright standing position. Mainly exercise overall body.</p>
	<p><b>SINGLE LEG-ARCHED MASSAGE</b></p> <p>Put one leg on the machine archedly and another one on the ground up rightly as figured, holding armrests by two hands. Mainly exercise waist, stomach and thigh.</p>
	<p><b>GROVEL MASSAGE</b></p> <p>Put toes on the massager plate and support body by two hands on the ground as figured, stay grovel position. Mainly exercise shoulder, chest, arm and upper body.</p>
	<p><b>SINGLE-LEGGED MASSAGE</b></p> <p>Put one leg on the machine and another one on the ground as figured, support waist by two hands. Mainly exercise waist, stomach and thigh.</p>
	<p><b>SQUAT MASSAGE</b></p> <p>Standing on the massager plate with holding armrests by hands, stay squat position. Mainly exercise back, buttock and calf.</p>
	<p><b>KNEELING MASSAGE</b></p> <p>Lay on knees, put two hands on the massager plate and stay kneeling position. Mainly exercise leg, shoulder, arm and upper body.</p>

## TECHNICAL DATA

- Input: 220V
- Power: 300W
- Max. bearing weight: 120kg

## EXERCISE PROGRAM

Sort	Cycle	Time	Speed
Normal exercise	1~3 times/day	5~20 minutes/time	Even speed
Fattiness reducing	4~8 times/day	10~20 minutes/time	Slowly

## MAINTENANCE

- Please turn off the electric switch and pull the plug out before daily maintaining.
- Don't use formaldehyde or other organic impregnant to clean the machine.
- Please use soft and dry cloth instead of wet cloth to clean the electric switch and panel circumference.
- It's dangerous to filter liquor into the machine.
- If the supply cord is damaged, it must be replaced by a special cord or assembly available from the manufacturer or its service agent.

## TERMS AND CONDITIONS OF WARRANTY, WARRANTY CLAIMS

### General Conditions of Warranty and Definition of Terms

All Warranty Conditions stated hereunder determine Warranty Coverage and Warranty Claim Procedure. Conditions of Warranty and Warranty Claims are governed by Act No. 40/1964 Coll. Civil Code, Act No. 513/1991 Coll., Commercial Code, and Act No. 634/1992 Coll., Consumer Protection Act, as amended, also in cases that are not specified by these Warranty rules.

The seller is SEVEN SPORT s.r.o. with its registered office in Borivojova Street 35/878, Prague 13000, Company Registration Number: 26847264, registered in the Trade Register at Regional Court in Prague, Section C, Insert No. 116888.

According to valid legal regulations it depends whether the Buyer is the End Customer or not.

“The Buyer who is the End Customer” or simply the “End Customer” is the legal entity that does not conclude and execute the Contract in order to run or promote his own trade or business activities.

“The Buyer who is not the End Customer” is a Businessman that buys Goods or uses services for the purpose of using the Goods or services for his own business activities. The Buyer conforms to the General Purchase Agreement and business conditions to the extent specified in the Commercial Code.

These Conditions of Warranty and Warranty Claims are an integral part of every Purchase Agreement made between the Seller and the Buyer. All Warranty Conditions are valid and binding, unless otherwise specified in the Purchase Agreement, in the Amendment to this Contract or in another written agreement.

### Warranty Conditions

#### Warranty Period

The Seller provides the Buyer a 24 months Warranty for Goods Quality, unless otherwise specified in the Certificate of Warranty, Invoice, Bill of Delivery or other documents related to the Goods. The legal warranty period provided to the Consumer is not affected.

By the Warranty for Goods Quality, the Seller guarantees that the delivered Goods shall be, for a certain period of time, suitable for regular or contracted use, and that the Goods shall maintain its regular or contracted features.

#### The Warranty does not cover defects resulting from:

User's fault, i.e. product damage caused by unqualified repair work, improper assembly, insufficient insertion of seat post into frame, insufficient tightening of pedals and cranks

Improper maintenance

Mechanical damages

Regular use (e.g. wearing out of rubber and plastic parts, joints etc.)

Unavoidable event, natural disaster

Adjustments made by unqualified person

Improper maintenance, improper placement, damages caused by low or high temperature, water, inappropriate pressure, shocks, intentional changes in design or construction etc.

### **Warranty Claim Procedure**

The Buyer is obliged to check the Goods delivered by the Seller immediately after taking the responsibility for the Goods and its damages, i.e. immediately after its delivery. The Buyer must check the Goods so that he discovers all the defects that can be discovered by such check.

When making a Warranty Claim the Buyer is obliged, on request of the Seller, to prove the purchase and validity of the claim by the Invoice or Bill of Delivery that includes the product's serial number, or eventually by the documents without the serial number. If the Buyer does not prove the validity of the Warranty Claim by these documents, the Seller has the right to reject the Warranty Claim.

If the Buyer gives notice of a defect that is not covered by the Warranty (e.g. in the case that the Warranty Conditions were not fulfilled or in the case of reporting the defect by mistake etc.), the Seller is eligible to require a compensation for all the costs arising from the repair. The cost shall be calculated according to the valid price list of services and transport costs.

If the Seller finds out (by testing) that the product is not damaged, the Warranty Claim is not accepted. The Seller reserves the right to claim a compensation for costs arising from the false Warranty Claim.

In case the Buyer makes a claim about the Goods that is legally covered by the Warranty provided by the Seller, the Seller shall fix the reported defects by means of repair or by the exchange of the damaged part or product for a new one. Based on the agreement of the Buyer, the Seller has the right to exchange the defected Goods for a fully compatible Goods of the same or better technical characteristics. The Seller is entitled to choose the form of the Warranty Claim Procedures described in this paragraph.

The Seller shall settle the Warranty Claim within 30 days after the delivery of the defective Goods, unless a longer period has been agreed upon. The day when the repaired or exchanged Goods is handed over to the Buyer is considered to be the day of the Warranty Claim settlement. When the Seller is not able to settle the Warranty Claim within the agreed period due to the specific nature of the Goods defect, he and the Buyer shall make an agreement about an alternative solution. In case such agreement is not made, the Seller is obliged to provide the Buyer with a financial compensation in the form of a refund.



### **SEVEN SPORT, s.r.o.**

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Date of Sale:

Stamp and Signature of Seller: