

USER MANUAL – EN IN 1921 Twist Stepper inSPORTline Roto



Branda DyGraf – International Fitness Expert

MAXIMUM USER WEIGHT: 250lbs

Model# CT200

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IMPORTANT SAFETY INFORMATION

Please read and follow all instructions carefully and thoroughly before using the CardioTwister.

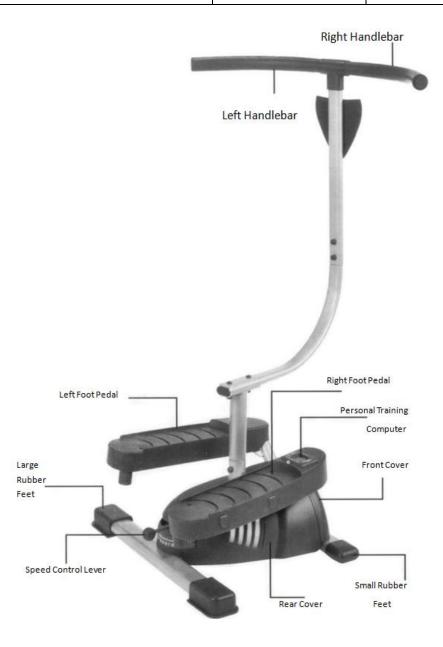
Maximum User Weight 250 lbs.

- Consult your physician before beginning this or any exercise or diet program, especially if you have concerns about your physical and fitness levels and overall suitability for using the CardioTwister. This is especially important if you are over the age of 35, have never exercised before, pregnant or suffer from any illness.
- If you experience any pain or tightness in your chest, irregular heartbeat, and shortness of breath, faintness, or unusual discomfort during exercising, stop your workout at once and consult a physician before continuing.
- Keep out of the reach of children. The CardioTwister is not a toy and not meant to be used by or near children. Please keep all children and pets away from the CardioTwister during use as well as when the product is left unattended. If you have children, it is your responsibility to ensure that they do not place any part of their body such as their fingers under the unit while you are exercising. SEVERE INJURY CAN RESULT IF BODY PARTS OR FINGERS ARE PLACED UNDER FOOT PEDALS OR UNIT DURING USE.
- Use caution when getting on or off the CardioTwister.
- The CardioTwister should be set up and operated on a flat, stable surface.
- Keep fingers, limbs, loose clothing, and hair away from moving parts.
- Use only accessories and attachments recommended by the manufacturer. Use of any other attachments or accessories not recommended by the manufacturer will void the warranty and possibly cause serious personal injury or damage to the unit.
- Always choose the proper workout level which best suits your physical strength and flexibility.
- Follow your doctors recommendations when developing your personal fitness program.
- Know your limits and train within them. Always use common sense when exercising. If you have any questions regarding this product or its exercise program, please see your physician.
- Do not use the CardioTwister if it is damaged in any manner. Inspect unit before each use.

Failure to observe this warning could result in personal injury while exercising.

PARTS AND ACCESSORIES

	(A) CT Main Unit	(I) Personal Training	
	(B) Hardware	Computer	
B K H	(C) Left handlebar	(J)Short T Bracket	
	(D) Right Handlebar	(K)Arc Plastic (2)	
	(E) Large Rubber Feet	(L)Plaque	
	(F) Small Rubber Feet	(M)Literature Pack	
	(G) Handlebar		
G	(H) Upper Handlebar		



HARDWARE

			Item#: 49		
			Qty: 2		
			Descr: 5/16"x58		
				ead Screw	
		TATA D	Item#: 50		
			Qty: 1		
	*****		Descr: 5/		
				ead Screw	
			Item#: 51		
			Qty: 4		
			Descr: 5/		
			Button H	ead Screw	
			Item#: 52		
		ሰ	Qty: 2		
			Descr: 5/16"x42		
				ead Screw	
	Item#: 56			V	
				Item#: 8	
	Qty:1			Qty: 2	
\checkmark \bigcirc	Descr: 1/4"x15 Button Head Screw			Descr: M4x18 Button Head Screw	
\frown	Item#: 58			Item#: 61	
	Qty: 2 Descr: 3/16"x15			Qty: 1 Descr: M4x15	
Button Head Screw				Button Head Screw	
	Item#: 47				
	Qty: 9				
	Descr: 5/16"				
	Descr: 5/16" Nylon nut				

ASSEMBLY

We have designed the CardioTwister to be easy to assemble and use.

Important: Remove all parts from packing and inspect for damage.

Refer to "Parts and Accessories" for location of parts.

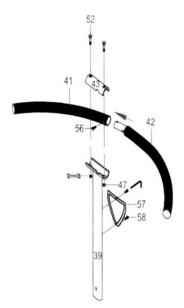
STEP 1: Remove the four shipping plugs from the left and right ends of the Front and Rear Stabilizers. Discard these plugs.	-H
STEP 2: Insert the two Large Rubber Feet (33) into each of the Rear Stabilizer Ends. Align the key on the foot with the slot in the tube. Ensure that the screw holes are aligned then fit and tighten one M4x18mm Screw (8) in the side of each Foot (33).	
STEP 3: Push the two Small Rubber Feet (32) over the left and right ends of the Front Stabilizer bar.	
STEP 4: Insert the battery into the back of the Computer. Press the Computer into the open hole in the Right Foot Pedal.	

HANDLEBAR ASSEMBLY:

Refer to page "Parts and Accessories" for location of parts, and "Hardware" for a helpful hardware guide. You will find all small components for each of Steps 1 through 3 below in separate, clearly marked bags.

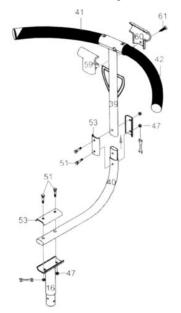
STEP 1:

Lay out the handlebar components as shown. Insert Right handlebar (42) into Left handlebar (41) and secure with 1-1/4"x15mm Screw (56). Attach to Upper handlebar (39) with Bracket (43). Secure with 2-5/16"x42mm Screws (52) and tighten with 2-5/16" Nylon Nuts (47). Attach Plaque (57) to Upper handlebar (39) and secure with 3/16"x15mm Screws (58).



STEP 2:

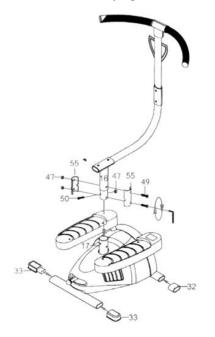
Insert Handlebar (40) into Upper handlebar (39) using U-bracket (53). Secure with 2-5/16"x39mm Screws (51) and 2-5/16"Nylon Nuts (47). Repeat and attach Short-bracket (16) with U-bracket (53). Secure with 2-5/16"x39mm Screws (51) and 2-5/16"Nylon Nuts (47). Attach Arc Plastic 1 (59), Arc Plastic 2 (60) to Left handlebar (41) and Right handlebar (42). Secure with 1-M4x15mm Screws (61).



STEP 3:

Insert Short T-bracket (16) into Long T-bracket (17). Secure with 1-5/16"x50mm Screw (50) and tighten with 1-5/16" Nylon Nuts (47). Attach 2 U-bracket (55). Secure with 2-5/16"x58mm Screws (49) and 2-5/16"Nylon Nuts (47).

Go back and securely tighten all nuts and bolts.



BENEFITS OF EXERCISE

A regular exercise program can help improve the quality of your life, help give you more energy and help combat the effects of aging. Research has shown that 30 minutes of cardiovascular exercise done at the same time, or even in 3 segments of 10 minutes each combined with a weighted workout 3 to 4 times per week can help deliver the following health benefits:

The benefits of regular participation in a well balanced fitness program include:

- Weight Loss, Improved Body Shape and definition
- Increased Muscle Mass, Strength, Endurance Power and Definition
- Enhanced Flexibility, Increased Metabolism, Injury Protection
- Improved Self Esteem, Improved Aerobic Fitness
- Improved Coordination and Agility

HEART RATE

Improved fitness, weight loss and a host of other important health benefits can occur when you exercise at an intensity level which places your heart rate in its target heart zone. Before starting, you must be in good physical condition and if you are over age 35 get an approval from your health care provider before starting an exercise program. During your workout it is important to exercise in your target heart rate training zone. One of the best ways to know if you're exercising in your training zone is to monitor your heart rate during the workout. To do this, locate your age on the chart located on the next page. This chart shows a lower target heart rate in number beats per minute or beats every 10 seconds. If you are beginning an exercise program, start exercising at this lower heart rate level. The chart on page 8 shows an upper target heart rate level for those individuals who are in excellent physical condition and have exercised previously.

Target heart rates based on your age are to be used as a general guide only. If your fitness level is lower than average for your age, then you may want to work slightly below your target heart rate. If you feel tired, reduce your heart rate and exercise at a lower rate. Overall, the target heart chart is a guide, not a set of rules, so remember to listen to your body at all times.

PULSE COUNT

The pulse count (on your wrist or carotid artery in the neck, taken with two index fingers) is done for ten seconds, taken a few seconds after you stop exercising. This is for two reasons: first, 10 seconds is long enough for accuracy. Second, the pulse count is to approximate your BPM rate at the time you are exercising. Since heart rate slows as you recover, a longer count won't be as accurate.

BEGINNER TARGET HEART RATE CHART

The following chart is a guide to those of you who are starting on your fitness program.

Age	25	30	35	40	45	50	55	60	65
1) Second Count	23	22	22	21	20	19	19	18	18
Beats Per Minute (BPM)	138	132	132	126	120	114	114	108	108

INTERMEDIATE/ADVANCED TARGET HEART RATE CHART

The following chart is a guide to those of you who are in good physical shape and familiar with the CardioTwister.

Age	25	30	35	40	45	50	55	60	65
1) Second Count	23	22	22	21	20	19	19	18	18
Beats Per Minute (BPM)	156	156	150	144	138	132	132	126	120

GETTING STARTED

ADJUSTING SPEED/RESISTANCE CONTROL

The speed/resistance control level controls the speed and amount of resistance.



The Speed Control Lever is located at the rear of unit (please refer to the "Parts and Accessories" section of this manual). Grasp the ball knob at the end of the lever. Rotate clockwise to unlock the control, then slide the lever to either the fast or slow position. Rotate clockwise to lock (refer to picture).

Set the speed according to your ability. The fast position is for beginners since it allows for fast stepping with little resistance. The slow position provides greater resistance to help tone and strengthen your lower body musculature. Note: Always return the Speed Control Lever to the fast position after your workout.

GETTING ON THE CARDIOTWISTER

Step 1:

Place the CardioTwister on a flat, stable surface. It is recommended that you place your CardioTwister on a thin carpet or rubber exercise mat. This will help to prevent movement during exercise.

Step 2:



Stand on the floor at the rear of your CardioTwister. Place your right foot on the tread section of the Right Foot Pedal. Make sure that the pedal is all the way to the base of the unit before placing your hands on the handlebar.

Step 3:

Grasp the handlebar with both hands shoulder width apart.



Step 4:

Put your left foot fully on the tread section of the Left Foot Pedal and start exercising at a slow tempo with smooth easy steps. As you step, you'll feel the handlebar turn from side to side in a smooth twisting action, placing you in the ideal workout position.



Step 5:

When you have completed your exercise routine step back off carefully, one foot at a time.

PERSONAL COMPUTER TRAINING



IMPORTANT: Any input will turn on the computer.

FUNCTIONS

TOTAL STEPS: Accumulated steps

STEPS/MIN: Step rate per minute

TIME: Accumulated workout time

CALORIES: Kilocalories expended

SCAN: Automatic display of Steps/Min., Time and Calories for 4 seconds each

Total Steps: Displayed in the top half of the LCD.

Mode Button: Display the other 4 functions in the lower half of the LCD.

- Steps/Minutes
- Time
- Calories
- Scan

Calories: The calorie count displayed is based on an individual weighing 150lbs. If you weigh more, you may expend more calories, and if you weigh less, you may expend fewer calories. This count will provide a good approximation.

Press the Mode Button to select function. The small arrow will indicate which function is selected in accordance with the arrow's position on the LCD, compared to the print below the LTD. To select function to be permanently displayed, press the mode button to that function.

Reset: Hold the mode button down for 2 seconds to reset all functions.

Auto Shut Off: The training computer will automatically shut itself off if it has not received an input signal during the last 4 minutes. Signals are sent via the stepping motion or by touching the mode button.

STRETCHING

WARM-UP

Always warm-up by doing walking or marching exercises prior to starting your CardioTwister workout. Then after your workout, make sure you do gentle stretching moves to help you gain greater flexibility and reduce any soreness in your muscles the following day.

Stretches should be performed slowly and smoothly, with no bouncing or jerking. Move into the stretch until slight tension, not pain, is felt in the muscle and hold for 20-30 seconds. Breathing should be slow,rhythmical and under control, making sure never to hold your breath.

STRETCHES FOR WARM-UP AND COOL DOWN

QUADRICEPS STRECH

Lean your hand against a wall or chair. Stand on your left foot and grasp your right foot behind your body with your right hand. Pull your right foot upward while maintaining an erect and upright posture. Hold for 20 to 30 seconds and release. Repeat on opposite leg.



BACK STRETCH

Place your feet shoulder-width apart. Bend upper-body forward from the hips and place hands on thighs for support. Round your lower back into an "arch" position and hold for 20 to 30 seconds. Then, straighten your back and repeat.



HAMSTRING STRETCH

Stand with feet close to one another with toes pointing in the same direction. Extend left foot forward and place heel on floor. Bend upper body forward and place hands on thighs for support. Hold for 20 to 30 seconds and repeat with opposite leg.



CALF AND ACHILLES STRETCH

While keeping your toes pointed forward and feet flat on the floor, step forward with the left foot. Lean forward by bending through the hip at the same time that you bend your left knee. Don't allow the knee in front to extend over your toe. Keep your back leg straight and foot flat on floor and hold for 20 to 30 seconds and release. Repeat on opposite leg.



CALF AND HIP STRETCH

While keeping toes pointed forward and feet flat on floor, step forward with your left foot. Lean forward by bending through the hip at the same time that you bend your left knee. Don't allow the knee in front to extend over your toe. Keep your back leg straight and foot flat on floor. Then turn your upper-body and face forward with right hand on hip to stretch hips further. Hold for 20 to 30 seconds and release. Repeat on opposite leg.



SHOULDER STRETCH

Stand with both feet together. Reach your right arm across your body. Grasp this arm with your left hand and pull it even further across your body as far as comfortable. Hold for 20 to 30 seconds and release. Repeat with opposite arm.



BUTTOCKS, HIPS AND OBLIQUE STRETCH

Sit on the floor. Bend one leg over opposite leg. While keeping your body in an upright position, press your hands against your outer thigh to bring your leg closer to your body. Hold stretch for 20 to 30 seconds and release. Repeat with opposite leg.



TRICEP STRETCH

Extend both arms above your head. Bend right arm at the elbow and lower right hand towards back of neck. Grasp the right elbow with left hand and pull right arm back as far as you comfortably can. Hold for 20 to 30 seconds, then repeat on the opposite side.



INNER THIGH STRETCH

Stand with legs as far apart as comfortable. While facing forward, lunge to one side by bending one knee. Don't let the knee extend over the toe. Place hands on bent thigh for support. Hold the stretch for 20 to 30 seconds, then lunge to opposite side and repeat.



OBLIQUE STRETCH

Stand with feet facing forward. Extend one hand over head and lean over as far as you comfortably can. Hold for 20 to 30 seconds and repeat on the opposite side.



TRAINING EXERCISES

WARNING

Consult your physician before beginning this or any exercise or diet program, especially if you have concerns about your physical and fitness levels and overall suitability for using the CardioTwister. This is especially important if you are over the age of 35, have never exercised before, pregnant or suffer from any illness.

If you experience any pain or tightness in your chest, irregular heartbeat, and shortness of breath, faintness, or unusual discomfort during exercising, stop your workout at once and consult a physician before continuing.

WORKOUT FREQUENCY

We recommend that you start exercising on the CardioTwister at least every other day. Beginners may want to start with a 5-minute program and advance to 15 minutes then 30 minutes done at the same time or broken into three 10 minute sessions. If your fitness level is sufficiently high, you may choose to work out every day, but remember to always listen to your body.

SPEED CONTROL/RESISTANCE

The best way to determine your proper resistance setting depends on your fitness goals. If you're using the CardioTwister for the first time or desire a cardiovascular, fat-burning and strength endurance workout then we recommend that you place the Speed Control Lever in the FAST position. This allows you to step at a fast, easy and steady pace with light pedal resistance.

The stronger your muscles become the more resistance you may need to strengthen your legs and improve your cardiovascular system. To do this, simply slide the lever towards the SLOW position. Do not slide the lever more than one half an inch at a time per workout until you reach your desired resistance.

If you chose to receive a more intense muscle strengthening workout for your lower body place the resistance lever more towards the SLOW position. IMPORTANT: Make sure your muscles are strong enough to handle the intense pressing against the pedals prior to moving the Resistance Lever towards the advanced SLOW position.

PROPER STEPPING TECHNIQUE

After mounting the CardioTwister (please refer to the "Getting Started" section of this manual). It is important that you make a mental note to where the base of the unit is compared to the depth of your personal stride. While striding, do not let the pedal stop hit the base section. Simply shift your weight from one leg to the other prior to each pedal touching the base.

FREE SWINGING STEP

Easy Cardiovascular Workout

Step on the CardioTwister as outlined in the "Getting Started" section of this manual. Hold the handlebar so that your hands are shoulder width apart. As you step down with your right foot, you'll notice that the handlebars twist to the left, putting your body into the ideal position to work out all of your major muscles. Then, when you step down with your left foot the handle-bars twist to the right. Be sure to press down on the pedals with your heels each time you step and twist.



DEEP THIGH SQUATS

Helps define, strengthen and tone buttocks, hips and thighs

When standing on the CardioTwister, hold the handlebar from underneath, shoulder width apart. Bend at the hips and knees so that you are in a semi-squat position. Start to step and twist in this position, keeping your knees bent. Press down on the pedal with your heels, and the handlebar will twist your body to the side.



SHOUDER PRESS

Defines your shoulders while it trains your legs

While stepping, place one hand on the handlebar and the other at your side. Every time you step, extend your other hand over your head toward the ceiling, without locking-out your elbows. As you press the opposite foot against the pedal, slowly lower your arm back to its starting position. Repeat on the other side.



TRICEP KICKBACK

Strengthens and defines the back of the arms while toning your buttocks, hips and thighs

While stepping, place one hand on the handlebar and the other at your side. Every time you step, with your other arm, bend only at the elbow and extend the lower part of your arm backwards until almost completely extended, without locking your elbow. This will help to work your triceps. Repeat on the other side.



CLOSE GRIP TWIST

Strengthens center of chest while toning your buttocks, hips and thighs

While stepping, place both hands near the center of the handlebar. As you step, the handlebar will twist your body to the side. Holding the handlebar near the center will help exaggerate the workout to the center of your chest. Be sure to press down on the pedals with your heels each time you step and twist.



CROSS OVER OBLIQUE TWIST

Trim Your Midsection and Burn Calories

When standing on the CardiioTwister, put your right hand in the centre of the left side of the handlebar. Hold here and place your left hand on your waist. Begin stepping and twisting to work your obliques like never before. For your next set, switch your arm position to work the opposite side. And for added burn, when you're twisting to the left crunch bring your elbow toward your hips and repeat on the other side. A great core exercise.



CHEST TWIST

Strengthen Your Chest While Burning Fat

While stepping, place your hands on the handlebar, shoulder width apart. Open your hands and push your palms against the handlebar. As you step and push against the handlebar, the handlebar will twist your body to the side. Pushing against the handlebar will help exaggerate the workout to your chest. Be sure to press down on the pedals with your heels each time you step and twist.



BACK TWIST Target your Back and Lats with your Cardio Workout

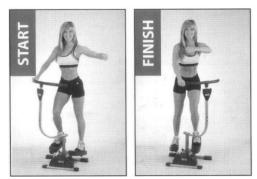
While stepping, place your hands on the handlebar, shoulder width apart. With your hands facing down and on the outside of the handlebar, pull the handlebar towards you. Pulling the handlebar will exaggerate the workout to your back. As you step and pull against the handlebar, the handlebar will twist your body to the side. Be sure to press down on the pedals with your heels each time you step and twist.



CHEST FLYES

Works Chest and Core

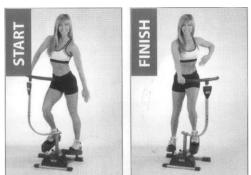
While stepping, place one hand on the handlebar with your other arm bent and out to your side at shoulder height. Every time you step, bring your extended arm towards your body at chest height. As you step on the opposite foot, bring your arm back to the starting position. Repeat on the other side.



OBLIQUE CRUNCHES

Works your Obliques and Core

While stepping, place one hand on the handlebar and the other arm down at your side. Every time you step, lift your other arm up in front of your body until your hand reaches shoulder height and then lower it back to its starting position. Repeat on the other side.

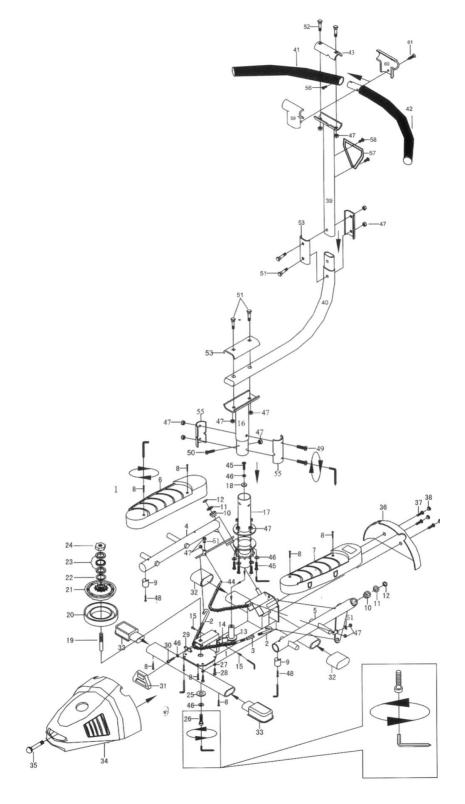


COOL DOWN

After exercise or strenuous physical activity, it is important to decrease your body temperature gradually until your normal body temperature is reached. It is just as important to include stretching moves during the cool down process to reduce soreness in your muscles the following day. Please refer to Stretching Moves outlined on

page 12 of this manual. Always drink plenty of water, and try some deep breathing and relaxation techniques to end your work out in a positive frame of mind and a sense of fulfillment.

EXPLODED VIEW



PARTS LIST

No.	Name	Qty
1	Main Frame	1
2	Link Bar with Chain	2
3	Turnbuckle	1
4	Left Foot Assembly	1
5	Right Foot Assembly	1
6	Left Foot Pedal	1
7	Right Foot Pedal	1
8	M4x18mm Screw	8
9	Stopper	2
10	Foot Tube Bushing	4
11	Washer 32mm	2
12	Circle Clip	2
13	Plastic Washer	1
14	Arc Plastic	1
15	3/16"x15mm Screw	2
16	Short T-Bracket	1
17	Long T-Bracket	1
18	Washer	1
19	Bottom Shaft	1
20	Outside Cone	1
21	Inside Cone	1
22	30mm Wave Washer	1
23	Thrust Bearing	1
24	Large Nut	1
25	2mm Washer	1
26	20mm Pan Head Bolt	1
27	1.5mm Washer	4
28	15mm Socket Head Bolt	4
29	Shaft Stop Plate	1
30	20mm Socket Head Bolt	1
31	Chain Guard	1
32	Small Rubber Foot	2
33	Large Rubber Foot	2
34	Rear Cover	1
35	Speed Control Lever	1

36	Front Cover	1
37	3/16"x10mm Bolt	3
38	Front Cover Plugs	3
39	Upper handlebar	1
40	Handlebar	1
41	Left handlebar	1
42	Right handlebar	1
43	Bracket	1
44	Link Bar with Chain	1
45	5/16"x20mm Screw	5
46	2.5mm Washer	7
47	5/16"Nylon Nut	17
48	M5x16mm Screw	2
49	5/16"x58mm Screw	2
50	5/16"x50mm Screw	1
51	5/16"x39mm Screw	4
52	5/16"x42mm Screw	2
53	U bracket	3
55	U bracket	2
56	1/4"x15mm Screw	1
57	Plaque	1
58	3/16"x15mm Screw	2
59	Arc Plastic 1	1
60	Arc Plastic 2	1
61	M4x15mm Screw	1

TROUBLESHOOTING

PROBLEM	SOLUTION
If the Foot Pedals appear to be stuck in place or difficult to move	This temporary lockup problem is usually a result of the unit being used continuously for an extended period of time. The stepping resistance produces heat which causes the internal disk to become sluggish. To unlock place the resistance lever in the Fast Position. While holding onto a doorframe or chair to secure your balance, use one foot to tap hard on higher pedal to unlock the internal resistance disc.
Pedal Resistance seems too high	Move the resistance lever to the Fast position. Alternatively, your unit may require additional grease. Please contact Customer Service for further instruction on lubricating the resistance disc.
The CardioTwister squeals or makes noise.	Make sure all screws are securely fastened. Also, a small amount of lubricant such as WD-40 can be added to reduce friction and noise. Areas to lubricate are the bushings as well as the sprocket areas.
The Handlebar does not rotate or move	Turn the unit over and check to see if the chain has fallen off of the sprocket. If it has, you will need to move the pedal to its highest position. This will create slack in the chain and allow you to reposition the chain back onto the sprocket. You will also need to make sure that the handlebar is centered when repositioning the chain onto the sprocket to ensure correct handlebar movement.
	If the Chain Guard (31) part becomes loose or falls off due to the force of the lever being pushed too far to each side simply press the piece back into position around the chain. To do this you will have to turn the unit over to access the bottom.
Handlebar movement range	The movement range of the handlebar can be adjusted by rotating the turnbuckle on the underside of the unit. To tighten or loosen, turn the unit over and rotate the turnbuckle clockwise (from left to right) to move the handlebar to the left and counter clockwise (from right to left) to move the handlebar to the right.
	Link Bar Turnbuckle & Link Bar (Enlarged View)

INFORMATION ABOUT PRODUCER

We are very proud of the design and quality of our CardioTwisterTM.

This product has been manufactured to the highest standards.

Should you have any problem our friendly customer service staff is here to help you if you have a question.

We are available at:

973.287.5100 9:00am-7:00pm EST Monday-Friday 9:00am-5:00pm EST Saturday or See our website at:www.cardiotwister.com

We kindly ask that you have the model number of your unit prior to calling us.

This can be found on the front cover of this Owner's Manual. We hope you enjoy your workout on your CardioTwister.

Distributed By

Tristar Products, Inc. Wallingford, CT 06494

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CardioTwister[™] are trademarks of Windermere Exercise Company

THE CARDIOTWISTER™ IS PROTECTED BY THE FOLLOWING PATENTS:

U.S.PATENTS #5,665,033,#D456,052S,#6,626,806 B2 R.O.C.PATENTS#78471,#190520, CHINA PATENTS #ZL01301225.8,#ZL01203607.2,GERMANY PATENTS #40101566.1, #20106272.0,JAPAN PATENTS #1148662.#3081055 and PATENTS PENDING WORLDWIDE.



TERMS AND CONDITIONS OF WARRANTY, WARRANTY CLAIMS

General Conditions of Warranty and Definition of Terms

All Warranty Conditions stated hereunder determine Warranty Coverage and Warranty Claim Procedure. Conditions of Warranty and Warranty Claims are governed by Act No. 40/1964 Coll. Civil Code, Act No. 513/1991 Coll., Commercial Code, and Act No. 634/1992 Coll., Consumer Protection Act, as amended, also in cases that are not specified by these Warranty rules.

The seller is SEVEN SPORT s.r.o. with its registered office in Borivojova Street 35/878, Prague 13000, Company Registration Number: 26847264, registered in the Trade Register at Regional Court in Prague, Section C, Insert No. 116888.

According to valid legal regulations it depends whether the Buyer is the End Customer or not.

"The Buyer who is the End Costumer" or simply the "End Costumer" is the legal entity that does not conclude and execute the Contract in order to run or promote his own trade or business activities.

"The Buyer who is not the End Customer" is a Businessman that buys Goods or uses services for the purpose of using the Goods or services for his own business activities. The Buyer conforms to the General Purchase Agreement and business conditions to the extent specified in the Commercial Code.

These Conditions of Warranty and Warranty Claims are an integral part of every Purchase Agreement made between the Seller and the Buyer. All Warranty Conditions are valid and binding, unless otherwise specified in the Purchase Agreement, in the Amendment to this Contract or in another written agreement.

Warranty Conditions

Warranty Period

The Seller provides the Buyer a 24 months Warranty for Goods Quality, unless otherwise specified in the Certificate of Warranty, Invoice, Bill of Delivery or other documents related to the Goods. The legal warranty period provided to the Consumer is not affected.

By the Warranty for Goods Quality, the Seller guarantees that the delivered Goods shall be, for a certain period of time, suitable for regular or contracted use, and that the Goods shall maintain its regular or contracted features.

The Warranty does not cover defects resulting from:

User's fault, i.e. product damage caused by unqualified repair work, improper assembly, insufficient insertion of seat post into frame, insufficient tightening of pedals and cranks

Improper maintenance

Mechanical damages

Regular use (e.g. wearing out of rubber and plastic parts, joints etc.)

Unavoidable event, natural disaster

Adjustments made by unqualified person

Improper maintenance, improper placement, damages caused by low or high temperature, water, inappropriate pressure, shocks, intentional changes in design or construction etc.

Warranty Claim Procedure

The Buyer is obliged to check the Goods delivered by the Seller immediately after taking the responsibility for the Goods and its damages, i.e. immediately after its delivery. The Buyer must check the Goods so that he discovers all the defects that can be discovered by such check.

When making a Warranty Claim the Buyer is obliged, on request of the Seller, to prove the purchase and validity of the claim by the Invoice or Bill of Delivery that includes the product's serial number, or eventually by the documents without the serial number. If the Buyer does not prove the validity of the Warranty Claim by these documents, the Seller has the right to reject the Warranty Claim.

If the Buyer gives notice of a defect that is not covered by the Warranty (e.g. in the case that the Warranty Conditions were not fulfilled or in the case of reporting the defect by mistake etc.), the Seller is eligible to

require a compensation for all the costs arising from the repair. The cost shall be calculated according to the valid price list of services and transport costs.

If the Seller finds out (by testing) that the product is not damaged, the Warranty Claim is not accepted. The Seller reserves the right to claim a compensation for costs arising from the false Warranty Claim.

In case the Buyer makes a claim about the Goods that is legally covered by the Warranty provided by the Seller, the Seller shall fix the reported defects by means of repair or by the exchange of the damaged part or product for a new one. Based on the agreement of the Buyer, the Seller has the right to exchange the defected Goods for a fully compatible Goods of the same or better technical characteristics. The Seller is entitled to choose the form of the Warranty Claim Procedures described in this paragraph.

The Seller shall settle the Warranty Claim within 30 days after the delivery of the defective Goods, unless a longer period has been agreed upon. The day when the repaired or exchanged Goods is handed over to the Buyer is considered to be the day of the Warranty Claim settlement. When the Seller is not able to settle the Warranty Claim within the agreed period due to the specific nature of the Goods defect, he and the Buyer shall make an agreement about an alternative solution. In case such agreement is not made, the Seller is obliged to provide the Buyer with a financial compensation in the form of a refund.



SEVEN SPORT, s.r.o.

Borivojova 35/878 130 0	0 Praha 3, Czech Rebublic	CRN: 268 47 26	64, VAT ID: CZ26847264
Orders:	+420 556 300 970,		objednavky@insportline.cz
Warranty Claims:	+420 556 770 190, Mobile: +420	604 853 019,	reklamace@insportline.cz
Service:	+420 556 770 190, Mobile: +420	604 853 019,	servis@insportline.cz
Fax:	+420 556 770 192, (Service +420	556 770 191)	
Web:	www.insportline.cz, www.worker	.cz, www.worker	-moto.cz



INSPORTLINE, s.r.o.

Bratislavska 36, 911 05 T	Frencin, Slovakia	CRN: 36311723	, VAT ID: SK2020177082
Orders:	+421(0)326 526 701, +421(0)917	649 192,	objednavky@insportline.sk
Warranty Claims:	+421(0)326 526 701, +421(0)918	408 519,	reklamacie@insportline.sk
Fax:	+421(0)326 526 705		
Web:	www.insportline.sk, www.worker	.sk, www.worker-	moto.sk

Date of Sale:

Stamp and Signature of Seller: